

1000
FAVORITE PRESCRIPTIONS
CONTRIBUTED BY 1000 PHYSICIANS

Compiled by
C. LAWSON JOHNSON, M.D.



Class RS125

Book . J6

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Favorite Prescriptions

CONTRIBUTED
BY
1000
PHYSICIANS

Compiled and Published by
C. LAWSON JOHNSON, M. D.
Ripley, Tennessee

RS 125
.J6

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C. F. R. May 18, 23.
"READ, NOT TO CONTRADICT AND CONFUTE,
NOR TO BELIEVE AND TAKE FOR GRANTED,
BUT TO WEIGH AND TO CONSIDER."

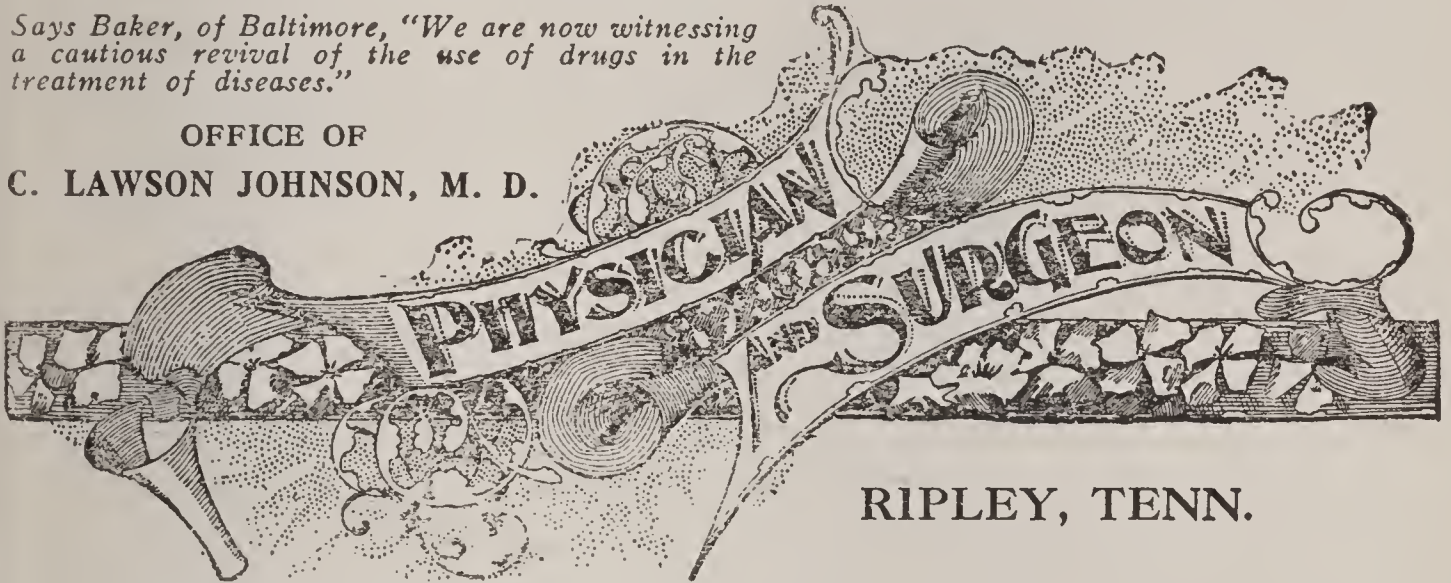
—*Lord Bacon*

INTRODUCTION

THE LETTER THAT PRODUCED THIS BOOK

Says Baker, of Baltimore, "We are now witnessing a cautious revival of the use of drugs in the treatment of diseases."

OFFICE OF
C. LAWSON JOHNSON, M. D.



RIPLEY, TENN.

Dear Doctor:—

I want to request of you and every purchaser of my Collection of Notes that you send me one, the best prescription, formula or procedure you know of for publication. *Read on.*

Every physician knows at least one and generally several good points not generally known. Please send this to me and I will incorporate each and every one into a book with credit to each contributor. I intend to make this one of the best, if not the very best book ever published.

I am sending this request to each and every one of the 10,000 purchasers of my Notes, and I hope *you* will contribute. I expect to get anywhere from 1,000 to 3,000 or more excellent items and the title

of the book will be something like this: "3,000 Favorite Prescriptions from 3,000 Physicians. Contributed. Alphabetically Arranged for Quick Reference."

Now, Doctor, please send me your very best item, more than one if you will, but be sure and state the one very best that you have found from your experiences.

Dr. J. Q. Moxley, Lewiston, Idaho, writes in friendly criticism of my No. 2 Collection, "Many new things and well worth the price, but your treatment for burns is so execrable that I cannot refrain from telling you that Glycerine and Bis. sub. nit. aa. of suitable consistency will not only stop the pain instantly, but will absolutely cure the burn without the possibility of a scar, and I think I know whereof I speak, having practiced medicine for over half a century." He also states, "I never saw a physician who could cure a soft corn, but I do know that Thigenol will cut the câper."

Now, Doctor, these are the kind of notes I desire and you have one or more dependable ones. Will you kindly submit same and help me make this book a "Humdinger"? Please do.

I will expect to have the book printed on good paper, flexibly bound and thumb indexed. The price will be \$5.00 or less, depending on the number of pages, binding, etc. Therefore if you desire a copy, which I trust you will, then please remit \$5.00

in advance (for I will be frank and admit that I am not financially able to have same printed, not knowing in advance how many will be wanted).

You can see that with your help I will be able to get out a really valuable compilation.

You ordered my Collection of Notes on a money back guarantee and as you did not request a refund I feel sure you were pleased, and I know if you tried out several of the suggestions you are. These Notes were gotten up very cheaply for which I apologize by stating that I did not know how they would take and it was only a beginning to a *regular sure-enough book* and that is what I am now writing you about.

If you do not like my previous works and cannot help in this and wish to criticize, then get it out of your system. Come on with what you think and subscribe for this new book and I will print your criticism, if not too lengthy, with your name attached. I had rather you criticize than say nothing.

Doctor Adamson, of Richmond, Utah, suggests that we leave every other page blank for adding new notes from time to time and says he will gladly pay \$10.00 for such. I believe it a good suggestion. What do you suggest? Please give your best ideas and I will be guided accordingly and we will have a book *worth while to be sure*.

Now, friends (I liked to have said "Boys"), I am an optimist and I believe you are going to assist

until I know better; and I take the liberty of thanking you in advance and beg to remain,

Very truly yours,

..... M. D.

C. L. JOHNSON, M. D.

N. B.—The mailing of the above letter and the re-mailing of same, offering to leave off the name and address of contributors where desired, and the writing and re-writing of hundreds of personal letters, produced the following prescriptions, treatments, etc., that were accepted.

Numbers had to be refused owing to the multiplicity of words used and there seemingly being no way to cut them down and yet retain their identity and usefulness; numbers were discarded owing to having already been accepted from other sources, while a few, owing to the fact that they were not considered worth while and a few owing to the lack of sufficient explanations and some owing to the fact that it was unlawful to publish them.

These compose the book—

“1000 FAVORITE PRESCRIPTIONS”

It was the census of opinions that to leave every other page or leaf blank would be a needless waste of space as a large part of it would never be used and that several pages left in the back would answer the purpose of adding new notes as well.

I have tried to use only the state address of contributors so requesting, and if I have failed it was an oversight and not intended. Where there was no objection to using name I have done so, using it after the most useful or original prescription and only the state after the others where more than one was accepted from one contributor.—C. L. J., M. D.

PREFACE

THE many complimentary notices of former publications (My First and Second Collection of Notes), together with the fact that during the past few years I have received a great number of requests for prescriptions and other advice and at the same time hundreds of physicians sent me, or offered to send me, their favorite prescriptions, prompted the collection and publication of this book.

I feel that I am fully justified in the strong and seemingly presumptuous statement, that if this book is studied, the prescriptions and treatments used as directed, it will doubtless prove the greatest help to physician and patient that has ever been given in any medical book ever published.

Theory is essential to the successful practice of medicine, but until coupled with experience can not be considered all that could be desired. Unfortunately about the time a physician has learned how to treat and cure the many diseases the human body is heir to, he is, by old age or death, called from the field of action and another without experience must take his place on the firing line and doubtless often lives sacrificed that he too may obtain experience.

To the conscientious and ambitious yet inexperienced physician, this book should prove, hourly, an invaluable helpmeet and companion, supplying him with knowledge and means for curing and relieving his patients, which could be gained only after years of practice and the cost of many dollars. Even the old "Family Doctor," as well as the "Specialist," will find valuable suggestions which they doubtless will appreciate.

The compiler after mailing and re-mailing the letters, has also written hundreds of personal letters requesting and pleading for the best things known. Hundreds of letters requesting more information and explanations have been written and quite a bit of expense has been incurred in so doing, which will not be regretted so long as he has the hope that his efforts will be appreciated and the book accomplish the purpose for which it was compiled and published.

With these explanations, all I have to say is that I did my "darndest," and if it fails please let the mantle of guilt fall upon the recipients of my many requests who failed to heed them. "I have received and delivered the goods."

THE COMPILER.

FOREWORD

A SMALL diamond or other precious gem is worth more than a carload of junk, although among the junk there may be some valuable articles. This, though a rather crude comparison, is applicable to books.

Unfortunately it has become the habit, and a bad one, with some medical as well as other book writers, to use as many superfluous words as possible in conveying an idea; this is done for the purpose of giving volume and weight to the book in order that the prospective purchaser may feel that he is getting more for his money. Not unfrequently a page or more will be used when a few words would probably answer as well and in some instances give the reader a clearer conception of what the writer was trying to impart. Realizing this to be a fact, and that time to most men is valuable, I have endeavored to use as few words as possible and yet give the reader a clear idea of what was intended.

I have not confined myself to any school or "Pathy," having at all times in mind only those treatments or combinations that may be best for the patient. In "this day and time" no physician should let prejudice stand between him and the welfare of his patient.

I see no reason why a remedy that will serve one class of physicians should not be employed by other physicians, especially if same offers better and quicker results than that recommended by their own particular school of medicine. There seems now to be a general awakening of the profession to the fact that whatever is established in line of therapeutical value should be employed for the benefit of the patient regardless of its origin. The day of prejudice and ostracism is fast drawing to an end, as it should, and what the patient wants and demands is "Quality not Quantity," "Facts not Fallacies," "Results not Theories."

NOTE:—There is no understanding that any contributor will give more information upon request accompanied with a self addressed and stamped envelope, but they will doubtless gladly do so where their name and address follows the item and the compiler will do so in as far as possible when requested and the above requirements complied with, but will not otherwise, and he prefers you address the contributors where possible and that you leave space on your letters of request, following the questions, for answering.

This simplifies the matter and avoids the necessity of writing a personal letter. *Thanks.*

ABORTION

Abortion; Habitual:

R Viburnum Compound Tablets (P. D.)
No. C.

Sig: One t. i. d. from the time of missing of first period, with two thrice a day during the days menstruation should have occurred normally.

This has brought to light many a baby which otherwise would never have seen the light of day.

DR. K. S. ANATHA IYER,
24 Kalathy Pillay St., Madras, India.

Abortion; Inevitable or Unavoidable:

R Listerine, 2 ounces in hot water 1 qt.

Sig: Use as injection.

DR. E. GORDON VALK,
Rossville, Md.

Abortion; Threatened:

R Viburnum Comp. (Hayden) q. s.

Sig: Half teaspoonful often repeated.

If Habitual:

℞ Chlorate potash, ℥ii.

Aquae, ℥viii.

M- Sig: A teaspoonful t. i. d. throughout term.

M. D., Miss.

Abortion; Threatened:

I have used numerous drugs for this condition and have found potassium bromide in 15 grain doses every 2 or 3 hours to give the best results.

M. D., Okla.

ABSCESS

Abscess:

℞ Dissolve equal parts gum camphor in chloroform by weight, then add equal bulk of olive oil.

Sig: Use as application in threatened abscesses. Use lots of it.

In over 40 years of practice I have never lanced but two breasts and they came with pus already formed. Have aborted threatened abscesses of glands following scarlet fever and other cases same way.

M. D., Iowa.

Abscess:

See *Boils and Carbuncles*.

ACIDITY

Acidity:

R Tr. ginger, ℥ii.

Neutralizing cordial, q. s. ℥viii.

M- Sig: Teaspoonful t. i. d. a. c.

Also

R Sodii phosphate, ℥ii.

Sodii sulphate, ℥i.

M- Sig: Teaspoonful in cup hot water on arising in the morning.

M. D., Wis.

Acidity:

R Sod. bicarbonate, gr. x.

Mag. sulphate, gr. v.

Sod. sulphocarbolate, gr. v.

M- Sig: Teaspoonful in warm water before meals and at bedtime. Children in proportion.

Pot. bicarbonate to replace the sodium bicarbonate adds greatly to the above but makes the mixture more disagreeable to the taste.

DR. H. STEIN, Altamont, Ill.

NOTE: Citric acid might be added to improve taste.

Acidity:

Never give sodium bicarbonate internally in hot water, for any cause, always in cold water; look up your chemistry.

M. D., N. Y. C.

ACNE

Acne Vulgaris:

Put these pimply faced youths on kali bromatum 6x or 3x three drop doses or pellets four times a day and watch the magical cleansing of the skin. All local applications will interfere with the cure.

M. D., Washington, D. C.

Acne (Furuncles or any Staphylococci Infection):

R Tablets Stannoxyl, gr. iv.

Sig: Two tablets daily for two weeks; if necessary repeat in two weeks. Almost a specific.

M. D., Colo.

Acne:

The ordinary bay rum as used in barber shops sponged on the face four or five times daily will clean up the simple cases perfectly.

M. D., Mich.

Acne:

When a child reaches the age that they change from puppy to dog stage, they are prone to have pimples on their face, which are annoying.

Specific berberis aquifolium (Oregon Grape). Dose 10 to 15 drops in water four times a day will often work like magic.

M. D., St. Louis, Mo.

Acne Rosaceae:

R̄	Chrysarobin,	1.5
	Acid salicylic,	1.0
	Hydrag. ammon. chlo.,	4.0
	Zinc oxide,	8.0
	Lanolin,	15.0
	Petrolatum,	30.0
	M- Sig: Apply t. i. d.	

M. D., Ill.

ACROMEGALY

Sthenic State:

R̄	Acidi acetylsalicylate, gr. iiss.
	Phenacetin, gr. iss.
	Pyramidoni, gr. ii.
	Caffenae sodo benzoate, gr. ss.
	M: fiat caps. d. t. d. No. C.
	Sig: Two q. 3 hours.

Asthenic State:

R Tabloid thyroid gland, gr. i.
 Tabloid pituitary gland, gr. i.
 Strychnin sulphate, gr. 1/40.
 M-fiat caps. d. t. d. No. L.
 Sig: One q. 3 hours.

M. D., N. Y. C.

“AFTER PAINS”

See *Remedies for Pain*.

AGALACTIA

Agalactia:

Here it is; all the milk the baby needs:

One 5 gr. tablet calcarea flouride 3x
 (Luyties) every 2 or 3 hours till plenty,
 then 3 or 4 times day. If given before con-
 finement are apt to get too much milk.

After baby is several months old it still
 works but not so well.

Concuss 4th Dorsal spine (Abrams) 2 to
 4 times day, say 30 blows and rest half a
 minute and keep up for five minutes will
 do the same thing.

Also will 30 minims of milk taken from
 breast antiseptically and injected into arm
 or chest (Duncan Method). No need for
 bottle fed babies, except in very rare cases.

M. D., New Mex.

Agalactia:

To increase flow of milk give 1 or 2 drams (teaspoonful) Maltalfa (Columbus Phar. Co.) three times daily. Won't make milk flow from a post, but will all other cases.

DR. CHAS. A. VAN DUSEN,
Blissfield, Mich.

Agalactia:

Feed mother a piece of her own placenta.
M. D., Kansas City, Mo.

ALBUMINURIA

Albuminuria:

R Sod. acetate, ʒi .
Chloroform, ʒi .
Benzoic acid, ʒi .
Aquae, ʒxii .

M- Sig: Tablespoonful every 4 hours as long as needed. Skim milk diet exclusively.

M. D., N. Y.

Albuminuria; Of Pregnancy:

Correct diet and give citric acid or sodium citrate to lessen the viscosity of the blood.

Give freely of the sodium salt, a dram or more daily in divided doses in plenty water.

M. D., Tenn.

Albuminuria:

See *Nephritis*.

ALOPECIA (Baldness)*Alopecia:*

Apply petrolatum ointment as hot as can be borne twice a week.

M. D., Iowa.

Alopecia:

Strained juice stramonium (jimson weed) with vaseline used with friction promotes the growth of hair better than any other hair restorer.

M. D., Iowa.

Alopecia Areata (Partial Baldness):

Wash with soap twice a day and rub kerosene (coal oil) into the bald patches. Produces soft hairs which almost all become adult hairs in eight months.

M. D., Iowa.

Alopecia Areata:

Falling out of hair and outer third of eyebrows:

R Thyroid extract, gr. $\frac{1}{4}$.

Pituitary extract, gr. i.

M- Sig: One such dose t. i. d.

M. D., Wis.

Alopecia Areata:

- ℞ Resorcin, ʒi.
Pilocarpine nitrate, gr. ii.
Spts. lavender comp., ʒii.
Spts. vini rect., ad ʒviii.
M- Sig: Apply each night to scalp with
massage.

M. D., Canada.

Alopecia Areata:

- ℞ Salicylic acid, gr. xx.
Alcohol, ʒi.
M- Sig: Apply to scalp twice daily for a
month.
A surprise awaits you. Also excellent for
scalp sores.

M. D., Pa.

AMENORRHEA

Amenorrhea:

With pains in pelvis, head and back and
general malaise and nervousness.

- ℞ Thyo-ovarian comp. (Harrower), No. C.
Sig: Ten days before flow due take 2 three
times a day before meals. At onset of
menses omit for ten days. Then take 1
three times a day for ten days.

M. D., Tenn.

Amenorrhea:

R Tr. senecio aurens, ʒi.

Elixir simplex, q. s. ʒvi.

M- Sig: Teaspoonful every three hours.

M. D., Md.

Amenorrhea:

Nitroglycerine given for any cause just prior to menses may prevent the flow entirely.

M. D., Iowa.

ANAPHYLAXIS

Anaphylaxis:

To prevent give antitoxin by mouth, 2000 to 6000 units easily given in chloroform water and I have always gotten same results as by subdermic injections.

M. D., England.

ANAEMIA

Anaemia:

Iron cacodylate 1 grain given intravenously every four days is the very best remedy for this commonest malady.

M. D., Okla.

Anaemia:

Intravenous iron and arsenic is the best thing in our practice.

DRS. SWANN AND SWANN,
Huntington, W. Va.

ANASARCA, ASCITES AND OEDEMA

See *Dropsy*.

ANGINA PECTORIS

Angina Pectoris:

R Quinine sulph.

Iron ferrocyanide, aa. gr. ii.

Sig: One such dose three or four times daily and continued for months after pain is gone.

M. D., Mo.

ANGINA, VINCENT'S

See *Vincent's Angina*.

ANESTHESIA

Anesthesia; Local:

Equal parts ammonium chloride and potassium nitrate added to three parts water makes a refrigerant equal to ethyl chloride, when applied to boils, carbuncles and for minor operations.

M. D., Wis.

Anesthesia; Temporary for Tooth Extraction:

Three or four long inhalations of chloroform while in semi-reclining position will produce "primary effect," and a good dentist can talk to his patient and have him obey what is said, and if adept can get as many as four or five teeth before patient comes out of it, which can be repeated immediately if desired. Instruct patient to hold up one hand, when it drops it is a signal to withhold chloroform and get busy.

Same for other minor operations.

M. D., Iowa.

ANEURISM

Aneurism:

Concuss the 7th Cervical spine same as for Dilated Heart, which see.

M. D., Kansas City, Mo.

ANKYLOSIS (Stiff Joint)

Ankylosis:

Expose to Violet Rays 2 or 3 hours each day. Sometimes gives wonderful results quickly. The regular 30 minute exposures as generally recommended is not long enough.

Try this out. May get a happy surprise.

M. D., Wash.

Ankylosis:

See under *Tumors*.

APPENDICITIS

Appendicitis; Acute or Chronic:

℞ Spec. med. gelsemium.

Spec. med. collinsonia, aa m. x.

Spec. med. nux vomica, m. xv.

Spec. med. echinacea, ℥i.

Spec. med. glycyrrhiza, q. s. ℥iv.

M- Sig: One teaspoonful every two or three hours.

Has not failed me for a number of years.

DR. O. W. BAIRD,

Marquette, Kan.

APOPLEXY

(Cerebral Hemorrhage; a Stroke)

Apoplexy:

℞ Sodium iodide, sat. sol., ℥vi.

Sig: Ten drops in milk or water, three times daily one hour and a half after meals; increase ten drops every ten days until forty drops per dose is reached.

For stroke of paralysis or hemorrhage of the brain it's the only great absorbent.

M. D., Cal.

ARTERIO SCLEROSIS

Arterio Sclerosis:

R Crataegus.

Sodium nitrate.

Pot. nitrate, aa gr. ss.

Sodium bicarbonate, gr. ii.

Nitroglycerine, gr. 1/1000.

Sig: One such dose as directed.

This tablet is put up by Lafayette Phar.
Co., Lafayette, Ind.

M. D., Ind.

Arterio Sclerosis and Heart Diseases Generally:

Crataegus 8 m. doses four times daily long
continued will prove a therapeutic fact.

DR. PERCY F. LISK,

Fort McCoy, Fla.

Arterio Sclerosis:

Static electricity is the most valuable
agent we have in treating this condition.

M. D., Ga.

ARTHRITIS

Arthritis:

R Acid sulphuric, ʒi.

Adeps, q. s. ʒii.

M- Sig: Apply to affected joint and rub in well, then apply hot water bottle over it. Don't get on clothing. Also excellent for lumbago.

M. D., W. Va.

Arthritis; Arthralgia:

See under *Goitre-Colloid*.

Also see *Synovitis*.

ASTHMA

Asthma:

R Kali iodi., 4.00

Fl. ext. lobeliae, 4.00

Tr. serpentariae, 15.00

Tr. helianthus sem.

(Tr. sunflower seed), q. s. ad 150.00

M- Sig: Teaspoonful with water four times daily. Eliminate meat from diet.

Not exactly a specific for spasmodic asthma but works wonders in cases not complicated with heart or kidney diseases.

DR. W. D. JONES,
Devil's Lake, N. Dak.

Asthma:

A number of cases cured by sodium iodide intravenously. M. D., Miss.

Asthma:

I suffered with hay asthma for years and could get no relief without narcotics, but last three years have been taking 5 grains potassium iodide as recommended in your First Notes and have had no further trouble.

DR. S. R. M., V. S., Minn.

Asthma:

R Fl. ext. grindelia robusta, ℥ii.

Potassium iodide, ℥vi.

Aquae pura, ℥ii.

Syrup ginger, q. s., ℥vi.

M- Sig: Teaspoonful every one to three hours.

Also good for hay fever. M. D., Ind.

Asthma:

R Kali iodide, ℥ii.

Liquor potassi arsenitus, ℥i.

Fl. ext. glycyrrhiza, ℥ii.

Syr. Tolu, ℥ss.

Aquae chloroformi, q. s. ℥iii.

M- Sig: Teaspoonful every three hours until relieved.

DR. T. H. WORRELL,
152 Franklin St., Mt. Airy, N. C.

Asthma:

The following the nearest specifics known:

R Pot. bromide, ʒss.

Fl. ext. grindelia robusta, ʒss.

Fl. ext. quebracho, ʒii.

Chloral hydrate, ʒiii.

Simple syrup, q. s. ad ʒiv.

M- Sig: A teaspoonful every hour until better, then every four hours.

Or

R Ammonia water (strong), ʒss.

Simple syrup, q. s. ʒiv.

M- Sig: Teaspoon every hour until relief.
M. D., Miss.

Asthma:

Subculoid Lobelia (Lloyd's) 20 to 30 drops hypodermically relieves almost at once.

Then give one or two drams syrup hydrodic acid hour before meals and a table-spoonful Angier's Emulsion after meals.

M. D., Pa.

Asthma:

I have never failed in numerous cases to get permanent relief and quickly with Doctor Young's Rectal Dilators.

M. D., Iowa.

Asthma:

℞ Adrenal gland, gr. 1/80.
Pituitary extract, gr. 2/3.
Aquae dest., m. xv.
M- fiat injection. This should be followed
with Benzyl-Benzoate 1 or 2 drams q.
two hours.

M. D., N. Y. C.

Asthma:

℞ Pot. iodid, ℥iv.
Infusion senega, ℥iv.
Syr. Tolu, ℥i.
Tr. lobelia inflata, ℥iii.
Chloroform, ℥ss.
M- Sig: Teaspoonful every four hours.

M. D., Pa.

Asthma or Hay Fever:

Hypodermic of 20 to 30 m. Subculoid
Lobelia with 1/8 grain morphin added.

M. D., Ind.

Asthma:

Aspido-conine comp. tablets (Chicago
Phar. Co.) is the best preparation I know
of. Once patient takes them they will come
back for more.

M. D., Ohio.

Asthma; Local Treatment:

℞ Gum camphor, ʒss.
Quinine sulph., gr. lx.
Adeps, ʒi.

M: Heat lard and add camphor and quinine while hot, making a salve.

Sig: Spread on chest and rub in well. Gives immediate relief and few applications sometimes give permanent relief.

AN OLD PHYCO. MED. DOCTOR.

Asthma; Acute:

Adrenalin sol. (P. D.) 1 cc. and pituitary sol. $\frac{1}{2}$ cc. hypodermically gives results in 3 to 5 minutes given together; when given singly either one fails. Why I do not know, but it's a fact nevertheless.

Asthma; Chronic:

℞ Ethy. morphin hcl., gr. $\frac{1}{8}$.
Sodii iodide, gr. iii.
Sodii bromide, gr. v-viiss.

Syr. scillae.

Syr. auranti, aa q. s. ad ʒi.

M: One dose.

Sig: One such dose q. four hours.

For females about $\frac{1}{12}$ grain morphin.

M. D., N. Y.

Asthma:

Mixed Infection Phylacogen (P. D.). Begin by giving 1 cc.; reaction may follow. Repeat every other day, increasing each dose from $\frac{1}{2}$ cc. to 1 cc. (mil) until 5 cc. (or more).

Usually 10 to 20 cc. are required. A cure will follow in all cases uncomplicated with other diseases and even these will be improved.

DR. M. M. LEWIS,
410 E. Leigh St., Richmond, Va.

Asthma:

Sulphuric acid 6 ounces placed in a big saucer and 6 ounces ammonia in another near it. Then add handful sodium chloride to the acid. Get out of room quickly—sooner if possible. Use the stronger ammonia. This is crude and rough, but patient will probably sit and breathe the horrible fumes as it gives relief, but the doctor will doubtless get away. I imagine the fumes to be hard on the lungs, but for temporary use it is not so bad. I knew one physician who used it for nearly fifty years.

M. D., S. Dak.

Asthma; Bronchial:

R Pot. iodidi, ℥ii.

Tr. belladonna foli., ℥ii.

Aquae, q. s. ad ℥iii.

M- Sig: Teaspoonful with half ounce essence pepsin in water every three or four hours until permanent relief.

DR. T. M. JEWELL,
Mindoro, Wis.

Asthma:

Subculoid Lobelia hypodermically 30 to 60 drops every twelve to twenty-four hours till effect during attack and between give nat. sulph. 6x 3 to 5 tablets every three or four hours for a month. Also give blatta orient 3x 1 to 3 tablets every three hours and you gradually get a cure. Keep bowels open and give mag. sulph. baths 1 to 16 parts water.

M. D., Ind.

Asthma Spray:

R Cocain hydrochloride, gr. v.

Menthol, gr. i.

Dissolve et add soluble iodine, ℥i.

Mix et add sterile water, ℥i.

Sig: Spray nose and breathe rapidly.

M. D., Kan.

AUTO-INTOXICATION

Auto-Intoxication:

℞ Creosote, ℥iii.
Soluble iodine, ℥iv.
Oil turpentine, ℥i.
Oil cloves, ℥iss.
Thymol.
Menthol, aa gr. viii.
American oil, q. s. ad ℥xvi.

M- Sig: Tablespoonful night and morning
with a saline flush every other morning.

M. D., Ky.

Auto-Intoxication:

℞ Cascara sagrada aromatic, ℥i.
Neutralizing cordial, q. s. ℥iv.

M- Sig: Half to a tablespoonful before
meals.

Another good one is to give enemas of half dram sodium bicarbonate to half pint water once or twice daily and give 15 grains sodium bicarbonate dissolved in water half hour after meals.

M. D., W. Va.

Auto-Intoxication:

This causes a large per cent of chronic ill health. Chionace (A Nelson Baker preparation containing chionanthus, euonymus, taraxacum, lappa, echinacea and senna) with proper dieting will cure the most of them.

DR. M. SHADID,
Carter, Okla.

BARBERS' ITCH

Barbers' Itch:

Light treatment daily after shaving a specific. In absence of this apply pure grain alcohol and touch pustule with carbolic acid.

M. D., Mo.

Barbers' Itch:

Paint each pustule with mercury bichloride solution in alcohol, 1 grain to the ounce, daily to effect. Epilate too.

M. D., Ind.

BALDNESS AND PARTIAL
BALDNESS

See *Alopecia* and *Alopecia Areata*.

BED SORES

Bed Sores:

To prevent and cure a good sheep pelt hairy side next to patient beats any air cushion or water mattress. Prudence should dictate when this should not be used; however, asepsis does not figure for much in these cases.

M. D., Ind.

Bed Sores:

When threatening bathe with alcohol and keep chamois skin soft side applied.

After formed the following:

R Balsam Peru, ʒii.

Ichthyol, ʒi.

Zinc oxide ointment, ʒi.

M- Sig: Apply once daily and touch unhealthy granulations with nitrate silver.

M. D., Vt.

Bed Sores:

Powdered zinc oxide and alcohol mixed to consistency of cream and applied is one of the very best treatments.

M. D., Mo.

Bed Sores:

R Unguent iodi (U. S. P.).

Petrolatum, aa.

M- Sig: Apply daily after cleansing with antiseptic wash. Keep covered with gauze and cotton.

M. D., Ill.

BED WETTING

See *Enuresis*.

BITES—SNAKE

See under *Snake-Bites*.

BLACK-WATER FEVER

See *Malarial Hematuria*.

BLOOD PRESSURE—HIGH*Blood Pressure; High:*

Cal. floride 3x, 3 tablets three times daily after meals. Mag. sulph., 10 to 20 grains half hour before meals to keep bowels and kidneys active. Bathe body one to three times daily with mag. sulph., 1 ounce to 1 pint hot water.

M. D., Ind.

Blood Pressure; High:

Give $\frac{1}{2}$ grain crystal iodine in ounce of Stanolax or any pure mineral oil. Give a tablespoonful before meals and at bedtime, diet your patient and hear him praise you and send you other patients. This was tried on several hundred cases with excellent results.

M. D., Kan.

Blood Pressure; High:

I have apparently prolonged valuable lives by the use of bromide of gold and arsenic (Arsenauro) and intestinal antiseptics. It seems to lower the pressure in a material way in arterio sclerosis.

DR. G. E. ALEXANDER,
Castle Rock, Colo.

Blood Pressure; High:

See *Diabetes High Blood Pressure*.

BLOOD POISONING (Septic Infection)*Blood Poisoning (Septic Infection from Abrasions):*

Hot solutions of carbonate of ammonia applied continuously until the affected parts are shrunk and wrinkled. I read this in a medical journal in 1885 and have never yet found anything better. M. D., Okla.

Blood Poisoning:

Carbolic acid 25 to 33 parts, in olive oil or lard 67 to 75 parts. Wrap affected part with cotton, bandage and saturate with this carbolized oil three or four times daily. If wound is open reduce the carbolic acid to 15 parts and increase the oil to 85 parts to cover raw surface.

This will absolutely cure every case.

DR. F. M. LEITCH,
Moscow, Idaho.

Blood Poisoning:

See *Septicaemia*.

BOILS AND CARBUNCLES*Boils:*

A new and effective treatment.

Rub vaseline upon one side of a piece of soft linen or borated gauze, quickly pour on it some chloroform and apply to the unopened boil and cover with bandage. Smarts a little at first but soon gives a pleasant cooling sensation.

Give patient the remedy and direct to change often. In few hours to a day or two boil softens and opens.

M. D., Iowa.

Boils:

Use Red P. P. Ointment on boils or any abscess. Put on plenty and after it is opened use it. It relieves the pain and stops the spread of the infection. A "Humdinger."

DR. G. G. BALCOM,
Lake Wilson, Minn.

Boils and Carbuncles:

Hepar sulphur 3x. Three tablets before meals and at bedtime I have never known to fail.

M. D., Ohio.

Boils:

Emollient Dressing (Flint Eaton, Decatur, Ill.). Something new and will draw and take core out without patient knowing it. Beats ichthyol.

M. D., Ill.

Boils:

℞ Calcii sulph., gr. xxxii.
Specific echinacea (Lloyd's), ʒii.
Aquae, ʒiv.
M- Sig: Teaspoonful in half glass water every two hours.

DR. R. I. RHOLFING,
San Dimas, Cal.

Boils:

If taken in time can often be aborted by applying 20 grains menthol dissolved in an ounce of ether; keep it wet with this for an hour or more.

Finding that a boil, bubo or abscess can not be aborted, I paint a rim of collodion, U. S. P. (not the flexible) just at the outer edge, then another inside, continue until only a place about the size of the end of a lead pencil is left in the center. In half to one hour it will be drawn to a head and open of its own accord.

Before cutting a boil, bubo or abscess, draw a line with carbolic acid on a toothpick or the back of the knife; the carbolic acts as an anesthetic and as soon as the line turns white it can be cut without pain.

W. R., M. D., Kansas City, Mo.

Boils:

Here is a good one: Give 10 grains of lactate of lime every three hours with a glass of water. Also give teaspoonful Epsom salts in a glass of water every day for a week or ten days.

DR. W. HAYES BROWN,
Jefferson, Mo.

Boils:

R Glycerine, 7.00
Phenol, 1.00
M- Sig: Apply.

Or

R Ichthyol, 1.00
Ungt. hydrg. nit., 1.00
Vaseline, 8.00
M- Sig: Apply.

M. D., Canada.

See *Carbuncles*.

Boils:

R Ichthyol, ʒi .
Tr. iodine, ʒi .
Boroglyceride, q. s. ʒviii .
M- Sig: Apply on lint or absorbent lint
cotton and cover with parchment, paper
or bandage.

M. D., Tenn.

Boils and Carbuncles:

Give comp. sulphur tablets with a Homo.
tablet titurate of phenol 3x t. i. d. and cut
out salt diet. Intravenous arsenic, iron and
phosphorus (Loeser) once a week. Apply
adhesive plaster perforated so can apply
compresses campho-phenique or,

R Phenol, m. xxv

Bis. sub nit., ʒii.

Vaseline, ʒi.

M-Unguent. Sig: Apply twice or thrice daily using compresses. Spread on thick as a quarter.

DR. JAS. E. MCCORNELL,
8 E. 37th St., Chicago, Ill.

Boils:

Boric acid 5 grains three times daily
aborts.

M. D., Iowa.

Boils; Chronic:

R Tr. ferri chloridi, ʒiii.

Sat. sol. mag. sulph., ʒviii.

M- Sig: Teaspoonful in water three times a day before meals. If bowels become too active decrease dose accordingly.

Will do the work without fail if enough is taken before stopping. Worth the price of the book.

M. D., Ark.

Boils; Chronic:

Fowler's solution arsenic few drops three times daily gives remarkable results in chronic crops of boils, but not so sure for acute.

M. D., Wis.

BRIGHT'S DISEASE

See *Nephritis*.

BREAST

Breast; Inflamed:

Apply camphorated olive oil and give:

℞ Pot. acetate, ℥iii.

Aquae, ℥vi.

M- Sig: Teaspoonful in water every three or four hours. This will "dry up" the milk.

M. D., Miss.

Breast; Caked:

This can surely be stopped and threatening abscess nipped in the bud if bryonia 6x 3 drops or 6 tablets be given hourly upon the first signs of tension and hardening.

(Here let me state that no Homeopathic remedy will act in the face of the fumes of camphorated or any other essential oils.)

M. D., D. C.

Breast; Caked:

℞ Oil spearmint, ℥i.

Sweet oil, ℥iii.

M- Sig: Place teaspoonful in a dish or vessel and heat and apply as hot as can be borne with friction twice daily.

M. D., Mo.

Breast; To Arrest Secretion of Milk:

Apply castor oil. Also saturate cloth with same and keep applied. You will be surprised how quick it works.

M. D., Ohio.

Breast; To Develop:

Massage with olive oil every night for two to six months and practice deep breathing.

M. D., Ohio.

Breast; Abscess:

See *Abscess*.

BROMIDROSIS (Fetid Perspiration)*Bromidrosis:*

A saturated solution of picric acid applied every night will cure the most obstinate case, the kind ninety-nine physicians out of the hundred will fail on with other remedies.

DR. H. EDW. BACON,

Fort Collins, Col.

Bromidrosis:

Add a tablespoonful of formalin to the pint of warm water. Wash feet with this, dry thoroughly and apply the following powder.

R Acid salicylic, gr. xv.

Starch, ʒi .

Boric acid, ʒi .

M. D., Canada.

Bromidrosis:

℞ Formalin, ʒiv.

Aquae, ʒiv.

M-Sig: First bathe feet with soap and water, then dampen with this solution each night. This has never failed me.

DR. R. G. SHANKS,
Autaugaville, Ala.

See *Hyperidrosis*.

BRUISES AND BURNS

℞ Unguentine.

Vaseline alba, aa.

M-Sig: Apply and cover with gauze, cotton and bandage.

M. D., Okla.

BRONCHITIS

Bronchitis:

℞ Ammonii chloridi, ʒss to ʒi.

Syr. ipecac, mx. to ʒss.

Tr. belladonna, mx. to ʒss.

Syr. Tolu, q. s. ad ʒii.

M-Sig: Half dram every two hours for children up to six years of age.

M. D., Ore.

Bronchitis; Catarrhal:

℞ Sodi bromidi, gr. xl.
Ammonium carbonate, gr. xii.
Vini ipecac, ʒi.
Codein, gr. ii.
Syr. Tolu, ʒii.
Liq. ammon. acetatis, q. s. ʒiv.
M- Sig: Teaspoonful q. three hours in
water. Almost a specific for over thirty
years.

DR. EDW. F. HITCHCOCK,
1018 Nelson Ave.,
High Bridge, Bronx, N. Y.

Bronchitis; Broncho-Pneumonia:

℞ Pot. bromide, ʒii.
Spts. ammonii aromatic, ʒiii.
Ess. pepsin (Fairchild's), ʒiss.
Aquae dest., q. s. ʒiii.
M- Sig: Teaspoonful every two or three
hours, for children.
Have found nothing to equal this in forty
years of practice.

DR. J. M. WATT,
4538 Turney Road,
Cleveland, Ohio.

Bronchitis; Counter Irritant for:

℞ Unguent capsolini.

Analgesini balsmi, aa ʒss.

M- Sig: Apply well to chest and back every four hours.

DRS. FISHER AND GARNJOBST,
514 U. S. Nat. Bk. Bldg., Salem, Ore.

Bronchitis; Secondary to Measles:

℞ Ammon. muriate, gr. xv.

Spts. minderei, ʒi.

Syr. Tolu, ʒi.

Sur. pruni virg., ʒi.

Aquae anise, q. s. ad ʒiii.

M- Sig: Dram q. three hours.

DR. ED. A. COPPOLA,
41 Washington Ave.
New Rochelle, N. Y.

Bronchitis; Secondary to Influenza:

℞ Pot. iodide, ʒiii.

Amm. carbo., ʒii.

Syr. acacia, ʒiv.

M- Sig: Teaspoonful in water every four hours.

M. D., Mo.

Bronchitis; Children:

Rub chest night and morning with eucalyptus oil and give 1 to 5 drops on sugar at the same time. I get marvelous results.

M. D., Canada.

Bronchitis; Chronic, Non-Tubercular:

And chronic heart lesions are greatly benefited by the iodides but they must not be given to tuberculosis cases as they cause the breaking down of protective tissues.

R Sodium iodide, ʒi .

Aquae, ʒiv .

M- Sig: Teaspoonful t. i. d. after meals.

DR. C. B. KENTON,
Artesian, S. Dak.

Bronchitis; Acute:

R Apomorphine, gr. iii .

Syr. hydriodic acid, q. s. ad ʒvi .

M- Sig: Teaspoonful t. i. d.

R Syr. Dover's, ʒi .

Syr. white pine comp., q. s. ad ʒiv .

M- Sig: Quarter to a half teaspoonful as needed.

Bronchitis; Chronic; Sputum Yellowish:

To loosen give calcium sulphide 1 grain every hour to saturation, then two to four hours.

M. D., Ind.

Bronchitis:

℞ Lobel-Sang (Mallen's).

Dissolve grain pot. iod. to each dram.

Sig: Teaspoonful every three hours.

Local to chest:

℞ Oil mentha pip.

Oil hemlock.

Oil sassafras, aa ʒii.

Spts. camphor.

Oil organum aa q. s. ad ʒiv.

M- Sig: Apply ad lib.

M. D., Mich.

Bronchitis; Cough:

Balsam copabia, ʒiii.

Ess. peppermint, ʒi.

M- Sig: Twenty drops on lump sugar at bedtime. Children one drop for each year on sugar. Acts like magic for coughs and they cry for it.

M. D., Ga.

BUBOES

Buboes:

To abort before pus forms, give proto-iodide mercury one-sixth grain t. i. d.

M. D., Mich.

Buboes:

X-Ray treatment is excellent but light treatment is better.

M. D., Mo.

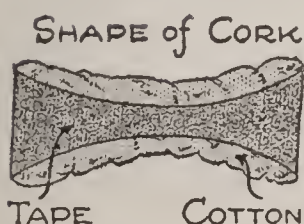
Buboes:

See *Boils, Collodion Treatment*.

BUNION

Bunion:

Take an inch cork, whittle it down to a quarter of an inch in the center, add some shreds of cotton and one short tape of adhesive plaster, put this between the first and second toes, paint the bunion with a strong sol. permanganate pot. (10 grains to water 2 drams) and go dance, dance to your heart's content without knowing you have a bunion.



DR. G. E. F. ANDERSON,
303-4 Ferguson Bldg.,
Los Angeles, Cal.

BURNS

Burns:

R Bismuth sub nit.

Glycerine, aa.

M- Sig: Apply. Will stop pain at once
and heal without leaving a scar.

DR. J. Q. MOXLEY,
Lewiston, Idaho.

Burns:

Picric acid 7 grains to the pint of water.
Apply gauze and wet with solution. Best
not to apply water to burn before using this.
M. D., Ohio.

Burns:

Tr. cantharides 20 m. to a pint of water.
Applied and covered with cotton kept wet
with the solution the first twenty-four hours,
then follow with Parresine sprayed on is the
best treatment I know of.

I must state, "The longer I live, the wider
my experience and observations, the more I
am convinced that life follows law and rules
supreme." Hence I try to keep in touch
with all that harmonize with "Similla Sim-
ililus."

DR. JOHN A. KIRKPATRICK,
6834 So. Park Ave., Chicago, Ill.

Burns:

Picric acid sat. sol. applied reasonably early will keep blisters from forming and give wonderful results. Not new but often overlooked for the new not so good.

M. D., Col.

Burns:

Apply plain heavy gauze dressing to first and second degree burns and keep saturated with a 1 per cent solution of permanganate potassium and change dressings only every four or five days. Relieves pain instantly, quickly cures and prevents scar formation.

DR. W. R. FELTS,
Judsonia, Ark.

Burns:

Slight: Apply paste made of castor oil and whites of eggs.

Severe: Immerse in a 20 per cent boric acid solution 90 to 100 F. for one hour, then in a normal saline solution for three hours; continue every day. Results remarkable. Immersing in sodium bicarbonate solution also excellent for those severe cases you do not know what to do with otherwise.

M. D., Mo.

Burns:

R Linseed oil boiled, ℥xii.

Phenol, ℥ss.

Bergunda pitch, ℥ii.

Tallow (beef), ℥ii.

M: Boil the oil with the pitch and tallow. Stir well, then add the carbolic acid and shake well. Keep ready for use when needed.

Sig: Apply well to burned area and dust well with powdered charcoal, cover with bandage and leave for several days. When removed will find burn dry and no supuration. Redress leaving off the charcoal, if not needed to absorb discharge and moisture.

This treatment saves what otherwise would be fatal cases; been worth hundreds of dollars to me.

M. D., Tex.

Burns; Recent:

Distilled witch hazel, with 15 grains menthol to the ounce. Wet the parts with it. The menthol paralyzes the nerves causing the pain and makes the patient very comfortable.

M. D., St. Louis, Mo.

Burns; Wet Dressing for:

℞ Acid picric.
Phenol.
Boric acid, aa ʒi.
Thymol, gr. xxx.
Spts. rect., to dissolve.
Aquae dest., q. s. ʒxvi.
M- Sig: Apply as desired.

M. D., Kan.

Burns:

Just healed a very extensive gasoline burn of 2d and 3d degree with the following:

℞ Bis. subnit., ʒss.
Boric acid, ʒi.
Spec. med. echinacea, ʒss.
White vaseline, q. s. ʒxvi.
M- Sig: Apply on gauze.

DR. W. E. BARNES,
Charleston, Ill.

Burns:

Ordinary varnish brushed on is an excellent protective dressing and treatment for burns. A grand specific. Once tried always used.

DR. M. W. HAYNES,
Sherman, N. Y.

Burns:

Apply tr. ferric chloride freely over whole surface. Try not to break the blisters. Repeat four or five times daily if needed. Some who use this treatment do not use freely enough. It will give results. The first impression is of increased pain, but continue the application and it soon ceases.

Whenever the pain becomes severe re-apply.

I claim for this treatment the following advantages:

1st. It relieves the pain more promptly than any other dressing.

2d. It forms a dry surface to which dressings do not stick.

3d. It prevents infection and the formation of pus.

4th. Burns heal more quickly and there is less scar tissue.

5th. It is inexpensive and easily applied.

This is as great an improvement in treating burns as antitoxin is in treating diphtheria, salvarsan in syphilis or emetin in amebic dysentery, and I hope to soon see it generally used. Also good for chilblains.

DR. HENRY R. SLACK,

La Grange, Ga.

Burns:

Use glycerine alone and surprise yourself.
M. D., Wis.

Burns; Gunpowder:

Keep saturated with glycerine and bandage.
M. D., Cal.

Burns; Gunpowder, Stains or Grains; To Remove:

I know of nothing else as good as scraped raw potato kept applied constantly.
M. D., Mo.

Burns; Gunpowder, Stains:

Paint with ammon., bis. iodid and water equal parts. Then with dilute hydrochloric to reach the tissues more deeply affected.
M. D., Pa.

Burns; Sun:

℞ Creta preparata, ℥iii.
Glycothymoline, ℥ii.
Camphor-menthae, m. x.
Aquae, q. s. ad ℥viii.

M- Sig: Apply as a sedative lotion.

M. D., Md.

Burns; Carbolic:

For burns from carbolic acid nothing equals pure cider vinegar; apply full strength for 5 to 10 minutes. If in eye drop two or three drops of the diluted vinegar in the eye.

If the acid has been swallowed give it diluted with equal parts of water internally. Have saved several lives with this treatment. In lieu of vinegar dilute acetic acid can be used. Same for lye, lime, etc.

W. R., M. D., K. C., Mo.

Burns:

See *Circumcision; Antiseptic Dressing*.

CANCERS

Cancer:

First, teach your patients that all cases of cancer are curable without surgery if treated in time. (That's all surgery can claim.)

External:

℞ Zinc chlorid.
Powd. gum acacia.
Powd. galangal.
Powd. charcoal, aa.

Mix with water to a thick workable paste. Wash and if necessary shave the affected

part. Paint the unbroken skin with pure liquid phenol. Apply the above escharotic paste over all the tumor to be removed. Redress at least once daily. Continue till all the cancer is killed. Then poultice with flaxseed meal and powdered slippery elm, equal parts, made up with boiling water. Repoultice every two hours till cancer comes out. Cleanse and dress wound. If wound heals too rapidly, retard epithelium with soluble iodine or thuja.

Internal:

Locate the cancerous tumor by palpation or by methods of Abrams or White or both.

Determine where nearest the surface.

Use a powerful diathermy electrical machine. Place large electrode, six or six by eight inches, opposite or farthest from the cancer.

Place small electrode, two inch or so, immediately over the cancer. Cover electrodes or skin with thick lather. Apply diathermy gradually to point of tolerance at contact of small electrode.

Commence with half hour seance, gradually lengthen to hour. Apply every day for month or two, then on alternate days an equal length of time.

Watch the intoxication and elimination of patient. Give alteratives and eliminants. May become necessary to discontinue diathermy at short intervals because of intoxication with dead tumor.

These are preeminently the methods of choice in curing cancers.

M. D., Kansas City, Mo.

Cancer; Skin:

R Sat. sol. zinc chloride.

Add pwd. bloodroot to make a salve or paste.

Sig: Apply 36 to 48 hours. Clean off and apply vaseline or some healing ointment.

This is worth \$100.

M. D., Ohio.

Cancer; Skin:

There are hundreds of worthless formulas, "receipts," etc., many of which are not only not beneficial but are actually injurious.

I will give you one which experience has taught me is the best. A simple remedy, for which, after having seen several epitheliomas, or skin cancers, cured by its use, I paid \$185 for the formula which was kept a secret for many years by a minister named

Scarborough of Bogue Chitto, Miss. He traveled over several states making a great many cures and adding quite a large sum to his bank account.

His rule was never to accept for treatment a cancer larger than a silver quarter. The good old minister has long since passed "over the river," otherwise I would not take the liberty of making the formula known.

- R** Take one teaspoonful of arsenic and sixteen teaspoonfuls of beech drop. Not the kind usually sold in drug stores, but must be the kind gathered from beneath the beech tree and can be found only in the autumn. It is a small root resembling very much a "Spider Cancer," which sends up its roots, shoots or small switches. They soon die and decay and there is no way to find the roots. They are to be dried in the shade, then finely powdered and mixed in the proportions mentioned above. Take a quantity of this and mix with vaseline to a thick paste. Cut a piece of cloth the shape of and about one-sixteenth inch larger than the cancer; upon this spread the paste and apply; let remain twenty-four hours; remove and make another application in similar manner; continue

changing for seven days, unless cancer drops out sooner.

Then discontinue its use and finish treatment with the following "Healing Salve":

- ℞ Vaseline, lb. iss.
Beeswax, lb. ss.
Rosin pwd. fine, lb. ss.
Gum camphor, ʒss.
Oil spikes, ʒi.

Melt the first four over a slow fire, strain through cheese-cloth and while cooling add the oil spikes. Dress twice daily with this until healed.

Note: When unable to get beech drop I have used instead pulverized bloodroot in same proportion and with about the same results.

DR. A. J. WHITWORTH,
McComb, Miss.

Cancer; Skin:

- ℞ Galangal root pulverized.
Zinc chloride, aa.
Mix by adding water enough to make a paste.

Sig: Apply for four to six days. Clean off and heal with zinc oxide ointment.

M. D., Kan.

Cancer; Another Good Paste:

R Arsenic, ʒii.

Acacia pwd., ʒiiss.

Cocain, gr. vi.

Make a paste by adding a very little water.

Note: The cocain can as well be left out as it does no good.

M. D., Miss.

Cancer; Gastric; For the Pain of:

R Condurango corticis contused, ʒiiss.

Syr. simplicis, ʒii.

Aquae bul., q. s. ʒvi.

M. et keep in refrigerator.

Sig: Tablespoonful every two hours.

M. D., Conn.

Cancer; Breast, Inoperable:

Specific med. phytolacca (Lloyd's) in simple elixir before meals.

Specific med. pulsatilla in simple elixir after meals. Dosage two to four times that recommended on Lloyd's preparations. This will benefit all cases, relieve pain, lessen exudate, tumor shrinks in size and patient improves in every way. Cures some hopeless looking cases.

M. D., Ill.

Cancer; Inoperable:

R Sod. selenio cyanate, 4 miligrams.

Fiat. pillulae d. t. d. No. C.

Sig: One pill one hour p. c. t. i. d.

This diet modified from E. Kesaler:

Breakfast: Tea or coffee with sugar and cream (not milk), little bread with much butter, fresh or cooked fruits.

Dinner: Soup, fruit, cereals, vegetables (no meat broths), peas, lentils, beans, boiled or preserved fruits, salads.

Supper: Fruits with sliced potatoes with butter, salads.

M. D., N. Y. C.

Cancer; Liver:

Cholesterim 3x, 6 tablets three times daily.

Nat. sulph. 6x, 3 to 5 tablets every two to four hours. Small dose mag, sulph. before meals.

DR. M. W. YENCER,

22 N. 14th St.,

Richmond, Ind.

Cancer; Skin:

I use Semerak Paste (Lindsay Laboratories, Brooklyn) with success in every case.

Removes moles absolutely painlessly, also warts.

M. D., N. Y.

Cancer; Uterine, Inoperable:

Give hypodermic of Protogen No. 1 (Merrell's) in gluteal muscle and repeat every two to five days and sometimes get most remarkable results and in few days at that.

M. D., Okla.

CANKER

Canker; Sore Mouth:

Russian rhubarb 1 or 2 grains once daily.

M. D., Mich.

CARBUNCLES

Carbuncle:

Do not cut. Give theridion 6x, six pellets every two hours and keep it saturated with Homeopathic tincture calendula one part to four parts water, changing dressing every two hours.

M. D., Wash.

Carbuncle:

Wash clean, fill with brown sugar about one-eighth inch deep. Cover with soft linen and sprinkle with tincture lobelia. May have to be repeated but not more than three times. Try it and see.

M. D., Tenn.

Carbuncle:

See *Boils and Carbuncles*.

CATARRH

Catarrh:

In middle-aged patients, either sex, with severe catarrhal conditions of nose and nasopharynx, inquire if suffered from diphtheria in childhood (before days of antitoxin); if so, inject a syringful of antitoxin, increasing every other day until 40,000 units is reached if necessary and note the favorable results.

DR. T. F. HEMESSEY,
658 Western Ave.,
Lynn, Mass.

Catarrh:

R̄ Guaiac.
Menthol.
Oil Eucalyptus.
Tannic acid, aa ʒi.
Boric acid, ʒxii.

M- Sig: Apply with powder blower to nose and throat four times daily, or incorporate in vaseline and apply for nasal discharges.
M. D., Kan.

Catarrh:

R Tannic acid.

Menthol.

Oil eucalyptus.

Guaiac, aa ʒi.

M- Sig: Apply to nostrils two or three times daily.

M. D., Kan.

Catarrh:

Calcium sulphide (Abbott's) to saturation has never disappointed me.

M. D., Tenn.

CATHARTICS

See *Laxatives*.

CHAFING

See *Intertrigo*.

CHALAZION

Chalazion:

Not large enough to operate on usually disappear if touched with Churchill's tincture of iodine every two or three days, being careful to only touch the chalazion.

DR. RICHARD SATTERLEE,

187 Delaware Ave.,

Buffalo, N. Y.

CHANCROID

Chancroid:

R̄ Bis. sub nit.

Calomel.

Aristol, aa.

M- Sig: Use as a dusting powder twice daily.

M. D., Okla.

Chancroid:

See *Blue Anodyne Powder* under Ezcema, Moist.

CHILBLAINS (Frostbite)

Chilblains:

R̄ Carbolic acid, ʒi.

Tr. iodine, ʒii.

Tannic acid, ʒi.

Simple ointment, ʒiv.

M- Sig: Apply twice daily. Worth its weight in gold. Will relieve frosted feet as promptly as morphine will pain.

M. D., Iowa.

Chilblains:

R̄ A half dram iodoform in one ounce oleic acid.

Sig: Apply with camel-hair brush. Twice generally gives a permanent cure.

M. D., N. H.

Chilblains:

A teaspoonful zinc acetate in a washbowl of water. Soak feet three or four times at night and the trouble will disappear.

This has not failed me in twenty years' practice.

DR. E. L. MORGAN,
Graham, Mo.

Chilblains:

Apply at bedtime a 6 per cent solution of dichleramine-T. in chlorosane. One application usually does the work.

DR. F. P. RASMUSSEN,
Center, N. Dak.

Chilblains:

See *Burns*, tr. iron treatment.

CHOLERA MORBUS

R Aquae cinnamon.

Ess. pepsin (Fairchild's).

Syr. Tolu.

Tr. opii camph., aa ʒss.

Bis. sub nit., ʒi.

Aquae, q. s. ʒii.

M- Sig: Teaspoonful every 15 minutes till better.

M. D., Iowa.

Cholera Morbus:

R Mag. carb.

Spts. ammonii arom., aa ℥i.

Aquae mentha piperi, ℥iv.

M- Sig: Shake well and take teaspoonful
every hour until well.

M. D., Okla.

Cholera Morbus:

R Spec. med. dioscorea, ℥ii.

Spec. med. colocynth, m. v.

Glyconda, ℥iv.

Glycerin, ℥i.

Aquae, q. s. ad ℥iv.

M- Sig: Teaspoonful every half hour for
four hours, then every three or four hours.

M. D., Okla.

CHORDEE

Chordee:

Apply Dionol and it will vanish very
quickly.

M. D., Wis.

Chordee:

Inject a 1 per cent sol. quinine and urea
hydrochloride; may repeat in half hour.

DR. S. E. ARNOLD,
536 Standard Life Bldg.,
Decatur, Ill.

Chordee:

See *Gonorrhea*.

CHLOASMA (Liver Spots)

Chloasma:

Strongly suggestive of hypoadrenia. Give suprarenal cortex four times daily.

M. D., N. Y.

CHOREA (St. Vitus Dance)

Chorea:

℞ Spec. med. macrotys, ʒi.

Spec. med. gelsemium, ʒss.

Spec. med. hyoscyamus, ʒii.

Aquae, q. s. ad ʒiv.

M- Sig: Teaspoonful every two or three hours alternated with Fowler's solution of arsenic.

M. D., Colo.

Chorea:

℞ Fl. ext. cyperipedium, ʒiii.

Water, q. s. ad ʒiv.

M- Sig: Teaspoonful four to six times daily will cure every case in 30 days.

M. D., St. Louis, Mo.

Chorea:

Sodium cacodylate $\frac{3}{4}$ to $1\frac{1}{2}$ grains hypodermically every three days. Best remedy.
M. D., Ohio.

Chorea:

Asperin 15 grain doses every four hours when required is the best drug I have ever used for the control of choreic movements.

DR. GEO. E. THOMPSON,
Inman, S. C.

CIRCUMCISION—Children

Circumcision; Children:

In all cases of nervousness, under-development, crying and starting in sleep, scratching and rubbing of genitals, urticaria and other eruptions, blindness without known cause, incoordination in gait and speech, failure in school, irritability, incorrigibility, dishonesty and lying, masturbation in both sexes, and in many other obscure conditions; examine boys for tight or redundant foreskin, short frenum or pinhole meatus, and little girls for hooded clitoris. Correct these conditions in every case. More frequent in girls than in boys.

Circumcision; Adults:

Look for same conditions in men and women; especially "Man Haters" or "Man Chasers," women who are shutins, not social, do not marry, are retiring, melancholy and inclined to weep; whose married life is entirely unsatisfactory and relations unsatisfactory, disgusting, revolting, etc. Correct the condition by circumcision and proper attention to the orifices. Much more frequent in women than in men.

M. D., K. C., Mo.

Circumcision; Antiseptic for:

R Carbolic acid.

Cresol, aa ʒi .

Oil lavender, ʒss .

Castor oil, ʒxvi .

M- Sig: Apply on aseptic cotton. This relieves pain at once and pus will never form. Do not remove dressing but apply more of the antiseptic to the cotton.

I use no other dressing and all cases heal by first intention. Never a slough. Also excellent for burns and wounds.

M. D., Okla.

Circumcision:

Dionol dressing is the thing.

M. D., Wis.

COLDS

See *Coryza*.

COLIC

Colic; Nursing Babies:

Nursing too fast, milk flows too freely from breast or bottle. To cure buy a breast nipple shield or if bottle fed a new nipple with smaller hole in it so baby has to work (suck) to get the milk, and the colic is forever cured. Milk must be insalivated and this is impossible when it is flowing so freely. Remove the cause and the colic is cured.

DR. I. J. EALES,
5681 W. Lake St.,
Chicago, Ill.

Colic:

R̄ Tr. lobelia, ʒiss.
Tr. dioscorea, ʒi.
Tr. nux vomica, ʒss.
Aquae, q. s. ad ʒiv.

M- Sig: Teaspoonful every hour or oftener for two or three doses, then every two or three hours.

M. D., Miss.

Colic; Gall-stone:

See *Gall-stone Colic*.

COLITIS

Colitis:

℞ Glycothymoline, ℥i.

Bis. sub nit., ℥i.

Aquae, q. s. ℥ii.

M- Sig: Half teaspoonful every four hours for a child one year old. Older children in proportion. Also give half teaspoonful elixir lactated pepsin every four hours.

Colitis; Chronic, Enema for:

℞ Water, 1 gallon.

Permanganate potash, ℥i.

Hydrochloric acid, c. p. ℥vi.

Phosphoric acid (85%), ℥iii.

Mix the first three, let stand 24 hours, then add 1 dram of the last every two hours till 3 drams are added. From this mixture take 1 dram and add to a quart of water to be used as an enema night and morning or as needed. Have patient retain 5 to 10 minutes if possible. It liberates free oxygen and chlorine and cleanses effete matter and unloads bowel. Known as Bullock's Sol.

M. D., N. Mex.

Colitis; In Children:

℞ Zinc sulphocarbolate, gr. iv.
 Copper arsenite, gr. 1/300.
 Codeine, gr. ss.
 Hyoscyamine sulphate, gr. 1/84.
 Aquae, ℥iii.
 M- Sig: Teaspoonful every hour till better,
 then every two hours.
 DR. H. W. STEPHENSON, Ala.

Colitis:

See *Illio-Colitis, Gastro-Enteritis and Diarrhoea.*

CONJUNCTIVITIS (Sore Eyes)

Conjunctivitis:

℞ Glycothymoline, 1 or 2 parts to water 8 parts.
 Sig: Drop into eyes hourly. Have had no reason to use anything else for twenty-five years. Excellent for any kind of sore eyes.

DR. L. R. EMERICK,
 116 E. Somers St.,
 Eaton, Ohio.

Conjunctivitis:

℞ Make a saturated solution of boric acid, filter and add one-third water that has been boiled (distilled water irritating to the eye), then add 1 grain sulphate of zinc to each ounce. Use as desired. Don't use atropine unless clearly indicated. Conjunctivitis is sometimes associated with glaucoma.

M. D., N. Y.

Conjunctivitis:

Make a saturated solution of boric acid in camphor water. Drop three or four drops into eyes several times daily.

M. D., N. Y.

Conjunctivitis; Pink Eye:

℞ Argyrol, gr. xxx.
Aquae, ℥ii.

Sig: Cleanse eye with boric acid sol. and follow with several drops of the above, repeated as desired. Quickly relieved and cured.

M. D., Miss.

Conjunctivitis; Traumatic:

℞ Adrenalin chloride sol. (1-1000), ʒi. or ii.
Cocain hydrochloride, gr. i.
Normal saline sol., ʒi.

M- Sig: Apply as often as needed for relief, every 30 minutes to 1 hour. Always gives results in minor injuries.

M. D., Ind.

Conjunctivitis:

See *Eye Inflammations, Acute.*

CONSTIPATION

Constipation:

Give 30 drops cascara at night, decreasing dose one drop each night, and order going to stool regular each morning.

M. D., Mich.

Constipation:

Give a quart of normal salt solution (one or two teaspoonfuls of salt to the quart of water) internally half to one hour before breakfast.

M. D., Tenn.

Constipation:

℞ Fl. ext. mandrake, ʒiiss.

Fl. ext. senna, ʒiv.

Fl. ext. cascara, ʒi.

Tr. belladonna, ʒi.

Tr. nux vomica, ʒiiss.

Glycerine, ʒi.

Elix. simplex, ʒii.

M- Sig: Half to a teaspoonful night and morning.

M. D., Kan.

Constipation:

Small doses cascara combined with nux vomica will often give better results than large doses. The following acts well:

℞ Fl. ext. cascara.

Fl. ext. nux vomica.

Ext. licorice, aa ʒi.

Simple syrup, q. s. ad ʒviii.

M- Sig: Shake and take one-third to a teaspoonful before meals.

Or

℞ Of the above mixture, ʒi or ii.

Neutralizing cordial, q. s. ʒiv.

M- Sig: Teaspoonful before meals.

M. D., W. Va.

Constipation:

R Mag. sulph., ℥iss (dissolved in hot water).

Fl. ext. belladonna, m. x.

Fl. ext. nux vomica, ℥ss.

Kasagra, ℥iv.

Aquae, q. s. ad ℥viii.

M- Sig: Teaspoonful or two as needed.

DR. JAMES W. CAIRNS,

Pipestone, Man., Canada.

Constipation:

R Sodii salicylate, ℥i.

Phenolphthalein, ℥ss.

Cascara evacuant (P. D.), q. s. ad ℥ii.

M- Sig: Teaspoonful in glass water on re-tiring. Shake well.

Note: Synthetic salicylate good as any.

DR. RIDDICK ACKERMAN,

Ackerman-Turner Sanatorium,

Walterboro, S. C.

Constipation:

R Phenolphthalene, 8.00

Fl. ext. cascara aromatic, 60.00

Mist. rhei et natri, 120.00

M- fiat mist. Sig: Shake and take teaspoonful at night.

M. D., N. Y. C.

Constipation:

Dr. Cox Golden Seal Laxative.

R	Ext. golden seal,	0.017
	Ext. nux vomica,	0.008
	Ext. belladonna fol.,	0.008
	Chinanthin,	0.017
	Collinsonin,	0.011
	Podophyllin,	0.017
	Ipecac pwd.,	0.007
	Zedoary pwd.,	0.008
	M- fiat pil. No. i.	

Sig: One or two at bedtime or in very chronic cases one one hour after meals, diminishing gradually as regular habit becomes established.

DR. J. A. COX,
Wheeling, W. Va.

Constipation:

R Nitro-muratic acid dil., 3x.
Kasagra (F. Stearns, Detroit), q. s. ad ζ iv.
M- Sig: Teaspoonful after meals, decreased as indicated.

DR. T. E. MILLER,
Ripley, Tenn.

Constipation:

The following will cure any case of habitual constipation:

℞ Fl. ext. leptandrin, ℥iv.

Fl. ext. nux vomica, ℥i.

Fl. ext. cascara, ℥ii.

Phenolphthalen, ℥ii.

Simple syrup, q. s. ad ℥viii.

M- Sig: Teaspoonful t. i. d., the last dose at bedtime; replace each dose taken from the bottle with simple syrup or water. In this way the dose is gradually reduced as cure progresses. M. D., Miss.

Constipation:

Don't forget Drysdale Aperient (Maltbie Chem. Co.), one at bedtime.

DR. C. W. ROBB,
Goodlettsville, Tenn.

Constipation:

See *Laxatives*.

CONVULSIONS (Spasms)

Convulsions:

When due to intestinal irritation:

Zincum cyanatum 6x, 1 or 2 grains every two hours to t. i. d., according to age and severity. M. D., Cal.

Convulsions:

Subculoid lobelia 15 to 30 m. hypodermically is an absolute specific.

M. D., Ind.

Convulsive Tendency; Spasmophilia:

Parathyroid substance 1/20 to 1/10 grain, according to age, after meals.

M. D., Wis.

Convulsions; Tetanus:

See under *Tetanus*.

Convulsions; Uremic:

See under *Suppression of Urine*.

CORNS

Corns:

R Acid salicylic, ʒi.

Oil tigllii, ʒi.

Tallow, ʒii.

M: This is an excellent corn salve.

DR. H. LESAULNIER,

Red Bud, Ill.

Corns:

Cut a milkweed and apply the milk to corns and warts. I cured mine that way.

A LAYMAN, Peru, Ind.

Corns; Soft:

Rub in a few drops spts. turpentine; this smarts; then place a little powdered resorcin just over the corn. Note the ease obtained.

Note: Rub the turpentine around the corn and the resorcin on same.

M. D., Okla.

Corns; Soft:

Apply silver nitrate stick. This also good for the hard ones after paring off callous.

M. D., Cal.

Corns; Soft:

Mix pulv. chalk with castor oil to make a soft paste or ointment and apply. I wish for nothing better.

M. D., Wis.

Corns; Soft:

Never saw a doctor who could cure a soft corn, but thigenol (Hooffman LaRoche) will cut the caper.

M. D., Idaho.

Corns; Soft:

Apply a little formaldehyde on cotton as required.

DRS. PAUL AND PAUL,
Sunderland, Ont., Canada.

CORYZA (Colds)

Coryza:

℞ Sodium bicarbonate, ʒv.

Oil mentha pip., m. iii.

M-fiat charts, No. vi.

Sig: One powder every two hours.

Very successful regardless of duration of the cold. Sometimes needed to repeat the second day.

M. D., Miss.

Coryza:

℞ Antipyrine.

Quinine sulph. vel hydrochlorate, aa ʒss.

Pulv. zingiberis, gr. viiss.

Caffeinae citratis, gr. xv.

M-et fiat caps. No. xv.

Sig: One capsule every two or three hours.

This breaks the cold in a "jiffy" and makes the patient feel good.

M. D., Nebr.

Coryza:

I always abort a cold with $\frac{1}{4}$ gr. dionin every three or four hours when I can begin in time.

M. D., Mich.

Coryza:

℞ Acetanilid, gr. i.
Opil pvd., gr. 1/5.
Quin. sulph., gr. i.
Camphor pvd., gr. 1/10.
Ammon. chlorid, gr. i.
M-fiāt one tablet.

Sig: Give as indicated.

Best I ever used. P. D. puts up these tablets.

M. D., Ark.

Coryza:

℞ Lenigallol, gr. xv.
Zinc oxide, ʒiiss.
Amyli, ʒiss.
Sach. lact., ad ʒss.
M-fiāt an unguent.

Sig: A pledget of cotton should be dipped in this ointment and inserted deeply into the nostrils. Allow to remain two to three hours and repeat twice. It is curative in a short time.

M. D., Philadelphia, Pa.

Coryza:

℞ Chlorate pot., ʒi.
Aquae, q. s. ʒvi.
M- Sig: Tablespoonful every four hours.

M. D., Miss.

Coryza; Of a Grippe Character:

R̄ Acetanilid, gr. xii.

Salol, gr. xx.

Codeine, gr. iss.

Quinin bisulph., gr. v.

Strychnin sulph., gr. 1/15.

M-fiat caps. No. xii.

Sig: Give one every hour until relieved, then less often. Has given perfect results for 16 years. Can guarantee this.

DR. W. E. VAN LANDINGHAN,
West Palm Beach, Fla.

Coryza:

R̄ Spts. camphor, ʒiii.

Spts. lavender comp.

Spts. chloroformi, aa ʒii.

Elix. lactopeptini, ʒii.

M- Sig: Teaspoonful well diluted every one to four hours.

DR. D. J., N. Y.

Coryza:

To stop watery discharge from nose and eyes, drink hot salt (saturated solution) water freely.

M. D., Iowa.

Coryza:

R Quinin sulph., gr. xl.

Acetanilid.

Camphor pwd.

Capsicum pwd., aa gr. xx.

Dover's powder, ʒi.

Ammon. chlorid., ʒii.

M-et fiat caps. No. C.

Sig: One capsule every hour or two.

This is one of my best prescriptions.

M. D., Pa.

Coryza; Children:

Give a laxative and the following:

R Menthol.

Gum camphor, aa gr. ii.

Vaseline, ʒi.

M- Sig: Heat and place small quantity up the nostrils several times daily. Why use patent croup and pneumonia salves, vapor rub, etc.? This is it.

M. D., Miss.

Coryza; Beginning:

On retiring give tr. aconite, 2 drops. This may be repeated a few times every hour. Then take a laxative and Dovers' powder gr. 10 and sp. gelsemium 10 or 15 drops. Much improvement next morning.

M. D., Okla.

Coryza; Local Application:

In place of camphorated oil my favorite:

℞ Camphor, ʒii.

Tr. iodine.

Phenol.

Glycerine, aa.

M- Sig: Paint on front, side and back of chest.

M. D., Ore.

Coryza; Plaster for:

℞ Tr. iodine, ʒii.

Quinin sulph.

Oil hemlock, aa ʒii.

Gum camphor, gr. l.

Vaseline, ʒii.

M- Sig: Apply over chest once or twice daily.

M. D., Tex.

COUGHS

Coughs:

℞ Terpin hydrate.

Heroin hyd., aa gr. ii.

Syr. Tolu, q. s. ad ʒii.

M- Sig: Teaspoonful every two or three hours. A sedative where nothing else seems to help.

M. D., Mo.

Coughs; Children:

℞ Syr. ipecac.

Syr. scillae, aa ʒiss.

Glycerine.

Syr. pruni. virg., aa q. s. ad ʒiv.

M- Sig: One-fourth to a teaspoonful q.
three or four hours. Also give calcidin.

Coughs; Croupy:

To loosen apply C. & C. Unguent (Tilden) locally to chest.

M. D., Ind.

Coughs:

℞ Creosote (beechwood), ʒss.

Pot. iodidi, ʒi.

Ammon. chlorid, ʒii.

Misturia glycyrrhiza comp., q. s. ad ʒvi.

M- Sig: Tablespoonful every three or four
hours as an expectorant.

M. D., Mo.

Coughs:

My favorites are iod. ammonium 1 to 3
grains every two hours, and pure cod liver
oil, honey and Jamacia Rum equal parts.
A tablespoonful repeated as needed.

M. D., Md.

Cough; Adult, Severe:

℞ Calcidin.

Fl. ext. opii, aa ʒi.

Syr. coccilana comp., ʒiii.

Kasagra, ʒi.

Syr. hypophos. comp., ad ʒviii.

M- Sig: One or two teaspoonfuls q. only
as needed to check. M. D., Canada.

Coughs:

℞ Ammon. carbo., ʒss.

Ammon. chlor. ʒi.

Tartar emetic, gr. i.

Chloroform, m. xx.

Syrup, q. s. ad ʒiv.

M-Sig: Teaspoonful q. three hours. Add
paregoric if needed. M. D., N. Y.

Coughs:

℞ Syr. squillae comp., ʒi.

Syr. ipecac, ʒiii.

Codeine sulph., gr. iii; vel. tr. opii, ʒiss.

Chloroform, m. viii.

Spts. ammon. arom., ʒvi to ʒi.

Syr. pruni. virg., q. s. ad ʒiii.

(Or syr. Tolu, ʒiii for children.)

M- Sig: Teaspoonful every two to four
hours. Children in proportion.

M. D., Ill.

Coughs:

℞ Ammo. carbo., ℥i.
Ammon. chlor., ℥i.
Laudanum (tr. opii), ℥ii.
Aquae, q. s. ad ℥iv.
M- Sig: Teaspoonful every three or four
hours.

M. D., N. C.

Coughs:

Syr. scillae comp.
Syr. ipecac, aa ℥ii.
Morph. sulph., gr. i.
Syr. prunus virginianus, ℥iv.
Syr. Tolutani, q. s. ad ℥iv.
M- Sig: Teaspoonful every two to four
hours.

Note: When the morphia is left out it
does not relieve the cough nearly so well.

M. D., Cal.

Coughs; Secondary to Influenza:

℞ Fl. ext. sanguinaria.
Fl. ext. spongia, aa.
Sig: In any heavy syrup. Small doses
often repeated. "Knocks 'em."

M. D., Iowa.

Coughs:

R Syr. wild cherry.
Syr. Tolu, q. s. ℥iv.
Ammon. chlorid, ℥v.
Heroin, gr. ii.
Spts. ammon. arom., ℥ii.
Menthol expectorant (P. D.), ℥xvi.
M- Sig: Teaspoonful every one to three
hours as needed. M. D., Ind.

Cough; Nervous:

R Chloral hydrate, ℥i.
Fl. ext. gelsemium, ℥ss.
Fl. ext. pruni. virg., ℥i.
Fl. ext. sanguinaria, ℥ss.
Syr. Tolu, q. s. ℥iv.
M- Sig: Teaspoonful every two hours.
Fine for nervous coughs. M. D., Tex.

Cough; Chronic:

In ordinary cases which resist usual treatment, paint the chest, back and sides from the neck down to border of the ribs with tr. iodine. Usually one painting is sufficient but occasionally it takes two or three paintings one to three days apart.

DR. J. A. BURNETT,
Crum Creek, Okla.

Cough; Night, of Children:

Stobelia (Merrell's, Cincinnati) appropriate dosage is a wonder worker. Give every 15 minutes until two to four doses at night will give the child and mother rest. This sometimes known as stillingia and lobelia compound and the formula is as follows:

- R Oil stillingia, viii.
Oil lobelia, m. ii.
Oil cajeput, q. s. $\text{̄}i$.

Also known as comp. stillingia liniment.

DR. CLINTON R. LYTLE,
McPherson, Kan.

Cough; Harsh:

To loosen that dry, rasping, cutting cough:

- R Phosphoric acid dilute, $\text{̄}ss$ to i.
Ammon. chlorid, $\text{̄}ii$.
Any simple cough syr., q. s. $\text{̄}iv$.

M- Sig: Half to a teaspoonful every hour or two.

M. D., III.

Coughs; with Gastric and Intestinal Derangements:

R Codeine, 0.007

Antimonii tart., 0.005

Guaiasote, 4.000

Glycerine, q. s. 8.000

M- Sig: One such dose q. every three or four hours.

DR. SIDNEY TALBOT,
Nevada City, Cal.

Coughs; Herbal Remedy:

R Wild cherry bark.

Horehound leaves.

Hops.

Chestnut leaves, aa ʒi.

M: Boil all together in quart soft water to form a strong dark tea. Strain through cheese-cloth and add one pound loaf sugar and simmer slowly to a thick syrup.

Sig: A teaspoonful often repeated.

M. D., Wis.

Coughs; Explosive:

R Anesthesin-Calcidin Troches (Abbott), No. xxiv.

Sig: One every two hours or oftener.

"Acts like magic."

M. D., Nevada.

Coughs:

Tr. capsicum 5 drops added to each ounce of any cough syrup enhances its value.

DR. E. B. LYNCH,
Leadville, Colo.

Cough:

See *Bronchitis; Cough*.

CRAMPS

Cramps:

Mag. phos. 6x, 3 one drop tablets every 15 to 30 minutes in hot water.

Fine for neuralgias also. M. D., Tenn.

Cramps; Diarrhea, etc.:

See *Cholera Morbus*.

CRETINISM

See *Idiocy, Cretonoid*.

CROUP (Non-Diphtheritic)

Croup:

R Pot. bromid.

Pot. chlorid, aa iiss.

Pulv. ipecac, gr. viii.

Pulv. ext. licorice, ℥ss.

Aquae, ℥iiss.

Syr. squillis, q. s. ℥iv.

M- Sig: Teaspoonful every half hour.

M. D., Okla.

Croup:

R Fl. ext. lobelia, ʒi.

Fl. ext. cypripedium, ʒii.

Spt. lavender comp., ʒiii.

Calcidin, gr. xx.

Syr. Tolu, q. s. ʒiv.

M- Sig: A teaspoonful every 30 minutes to 2 hours as needed. A specific for spasmodic croup.

M. D., Tex.

Croup:

Dram spts. camphor to a glass water.
Give a teaspoonful every 10 to 15 minutes.

M. D., Ill.

Croup:

R Sod. bromid, ʒii.

Syr. ipecac, ʒi.

Syr. limonis, ʒiv.

Sat. sol. pot. chlorate, q. s. ʒii.

M- Sig: Teaspoonful every half hour till relieved, then every two or three hours.

This has relieved croup for me for twenty years; no failures.

DR. WILLIS WALLEY,
212½ W. Capitol St.,
Jackson, Miss.

Croup:

Calcidin, dissolved in hot water, kept warm, and given in half grain doses every five minutes for ten to twenty doses, will nearly always give relief in croup as well as any congested condition about the throat and lungs. It's worth trying.

DR. I. W. SURRATT,
Belspring, Va.

Croup:

R Calcidin (Abbott's), gr. v; tabs. No. xii.

Sig: Give one tablet crushed in hot (not warm) water every 10 to 15 minutes until relief.

DR. C. H. DAY,
Clarksville, Pa.

Croup:

R Spr. med. aconite.

Spr. med. spongia, aa m. x.

Alcohol, ʒi.

M- Sig: One or two drops every hour.
Lengthen intervals as improvement shows.
Acts like a charm. Almost like magic.

DR. W. R. D. NICKELSON,
Van Buren, Ark.

Croup; Harsh, Barking Cough:

Spongia 3x. Three tablets every three hours.

M. D., Tenn.

Croup:

℞ Pot. bromid, ʒii.

Heroin, gr. $\frac{1}{2}$.

Spts. chloroform, ʒi.

Syr. simp., ʒi.

Aquae, q. s. ad ʒii.

M- Sig: Teaspoonful every one to three hours.

Also give calcidin (Abbott's) 1 grain in warm water every half hour.

M. D., Canada.

Croup:

℞ Acid hydrobromic dil., ʒiv.

Syr. squills, ʒvi.

Alcohol.

Chloroform, aa q. s. ad ʒviii.

M- Sig: Shake well and give teaspoonful every 15 minutes to a child about ten years old; others accordingly until relieved. Also efficacious in some asthmatic conditions. Used by my father and myself for over a quarter century.

M. D., Pa.

Croup:

Apomorphine 1/64 grain dose with first cough and repeat every half hour if needed.

M. D., Canada.

Croup:

Subculoid lobelia 15 to 20 drops diluted with water never fails to get quick relief.

DR. A. E. DAVIS,

Arbala, Tex.

Croup:

℞ Chloralis, gr. lxxv.

Pot. bromidi, gr. xlv.

Ammonii bromidi, gr. xxx.

Aquae cinnamoni, ad ʒii.

M- Sig: Teaspoonful and repeat in twenty minutes if not relieved. This dose for child about five years old. For younger children slightly smaller dosage.

The first dose generally gives relief, and I have never had to give the third. The chloral relieves the spasm of the larynx; the bromides allay the nervousness. This has no effect in true membranous croup (diphtheria). Have been thanked oftener for this than anything I ever gave out.

M. D., Ga.

Croup:

℞ Ammon. carb. (fresh crystals), gr. xx.

Simp. syr., ℥ii.

M- Sig: One-fourth to a teaspoonful every 15 minutes.

M. D., Ill.

CRYPTORCHID (Undescended Testicles)

Cryptorchid; Children:

Thyroid extract gr. ss. b. i. d. must be given for a period of six months to a year. I have treated two cases with excellent results.

M. D., N. Y.

CYSTITIS

Cystitis:

Irrigate bladder as often as every other day for five or six times with sat. boric acid sol. Then irrigate with 3 per cent silvol (P. D.) for four or five times. Give large doses of sod. bicarbonate to render urine alkaline. Also give liq. pot. citrate, two teaspoonfuls every three hours. The above carried out properly will relieve the most obstinate case promptly.

M. D., Mo.

Cystitis:

℞ Fl. ext. hyoscyamus, ℥i.

Pot. citrate, ℥i.

Aquae dest., q. s. ad ℥iii.

M- Sig: Teaspoonful in little water every three or four hours.

M. D., Mo.

Cystitis:

℞ Chloral hyd., ℥ii.

Hyoscyamine, gr. 1/5.

Sod. bicarb., ℥iv.

Elix. simplex, ℥i.

Aquae, q. s. ad ℥iv.

M- Sig: Teaspoonful in a little water every three or four hours.

M. D., La.

Cystitis:

Take a recently voided sample of patient's urine. Let stand a short time, or centrifugate at once. Decant clear urine.

Of the above take 1 dram of the sediment, add water q. s. 4 ounces. Then add specific med. apis 5 drops and specific med. nux vomica 10 drops.

M- Sig: A teaspoonful four times daily.

M. D., Mo.

Cystitis; Sub-acute or Chronic:

Is curable with Homeopathic mother tincture allium cepa and epigea repens.

R Allium cipa (red onion tr.).

Epigea repens, aa ℥ii.

Aquae dest., ℥iv.

M- Sig: Teaspoonful every two hours.

M. D., Cal.

Cystitis; Chronic or Acute:

Irrigate with warm sod. bicarb. sol. 10 per cent. Then with a 10 per cent silvol sol. for 10 to 15 minutes and drain well. Then inject one to three ounces of pure milk of bismuth and allow to remain until next bladder action.

This gives wonderful relief after other means have failed.

M. D., Miss.

Cystitis; Chronic:

Monobromate camphor, gr iii. four times daily.

M. D., Mo.

Cystitis; Burning on Micturition:

R Spec. med. apis, m. v.

Aquae, $\bar{\text{z}}$ iv.

M- Sig: Teaspoonful every hour until relieved.

M. D., Mo.

Cystitis:

See *Sexual Neurosis*.

DANDRUFF

Dandruff:

Rub in well every night a 30 per cent sol. of lactic acid and wash out next morning with tar soap. Repeat in two to four weeks.

Or sod. sulphite 1 dram to 8 ounces water used the same way.

M. D., Ohio.

Dandruff:

Massage scalp once or twice daily with the dry hands and fingers, rubbing well; hold the scalp tight and move it on the skull. This stimulates the circulation, cures dandruff and stops falling hair. This may be well known, but if not it should be, for it is an excellent non-medical treatment that gets results quickly.

M. D., Tenn.

DEAFNESS

Deafness:

First, with a medicine dropper inject hydrogen peroxide into the ear, washing it well.

Second, in five minutes wash out with clear warm water.

Third, place in the ear a small bit of cotton wet slightly with the following:

R Fl. ext. hydrastis, m. v.

Glycerine, ℥ii.

M- Sig: Use on cotton in ear each evening to be left all night.

This treatment will cure more cases than any other method. Can be assured of a cure if the drums are not perforated or very much thickened.

M. D., Ill.

DELIRIUM

Delirium; Typhoid or Any Acute:

Hydrobromic acid dilute in full doses is almost a specific.

M. D., Iowa.

DENTITION (Teething)

Dentition; Nervousness, Diarrhea, etc.:

℞ Chomo-colocynth tablets (Mallen, Chicago).

Sig: Six or eight tablets every hour.

M. D., Ill.

Dentition; Nerves, etc.:

℞ Tr. veratrum vird., m. x.

Tr. passiflora inc., m. xv.

Aquae cinnamon, q. s. ℥iv.

M- Sig: Twenty to thirty drops repeated every hour or two.

M. D., Mo.

Dentition; Slow:

Give cal. phos. 6x two tablets every three hours for few weeks and get results. Must be something to it when one patient recommends it to another.

M. D., Tenn.

DIABETES

Diabetes; Insipidus, Polyuria:

Inject one (O) ampule pituitrin once or twice daily. Very successful in one case.

DR. J. S. McNEAL,
Ruleville, Miss.

Diabetes; Mellitus:

Specific medicine chionanthus (Lloyd's)
10 drops in water four times daily, with 20
gr. soda bicarb. between meals.

DR. F. H. KING,
541 Main St.,
Boulder, Colo.

Diabetes; Mellitus:

R Arsenous acid, gr. ii.
Antipyrine, ʒii.
Ammon. bromid, ʒx.
Elix. lact. pepsin, ʒiii.
Aquae, q. s. ʒvi.
M- Sig: Teaspoonful in water three times
daily.

M. D., S. C.

Diabetes; Mellitus:

Take dogweed (linarea vulgaris), butter
and eggs, good flax (known by all these
names and grows over a large part of the
United States).

Gather in the bloom and make a tea and
drink half cup four times daily.

DR. W. H. ROTE,
51 W. 3d St.,
Williamsport, Pa.

Diabetes; Mellitus:

℞ Syzinguim, gr. ii.

Phosphoric acid, gr. 1/100.

Ferrum arsenate, gr. 1/100.

(Tablets Chicago Phar. Co.).

M- Sig: One or two three or four times daily and avoid starchy foods and will get wonderful results.

M. D., Ohio.

Diabetes; Mellitus, with High Blood Pressure:

Bromarsarum (Richardson Co., Buffalo)

10 drops in water t. i. d., increased one drop daily to 20 drops.

M. D., N. Y.

DIARRHOEA

Diarrhoea:

℞ Intestinal antiseptic (Abbott's), ℥iv.

Bismuth sub. nitratis, ℥vi.

Zinci sulphocarbolate, gr. xxx.

Tr. opii camph., ℥v.

Aquae cinnamoni, q. s. ad ℥iv.

M- Sig: Teaspoonful every two hours to effect, then q. i. d.

M. D., Tex.

Diarrhoea; All Kinds:

℞ . Lime carb., preci., gr. v.

Prepared chalk, gr. x.

Acid salicylic, gr. xxx.

Aquae cinnamon, q. s. ad ℥iv.

M- Sig: Teaspoonful after each stool.

Note: Be sure and have pharmacist make cinnamon water and not oil cinnamon in alcohol.

This is the best thing I know of, although bichloride mercury suitable dosage, intravenously, internally, externally and eternally is one of my "sheet anchors."

DR. JOHN E. HOLDEN,
Collins, N. Y.

Diarrhoea; Children:

℞ Sod. sulphocarbolate.

Sod. carb.

Vini ipecac, aa ℥i.

Tr. hydrastis, ℥vi.

Syr. rehi arom., q. s. ℥vi.

M- Sig: Teaspoonful in water q. two to four hours until stools are normal.

M. D., Ala.

Diarrhoea; Children:

Eliminate all foods for twenty-four hours, then give nothing more than white of egg in glass of water, rice soup, chicken broth or buttermilk.

℞ Milk magnesia.

Syr. rhei arom., aa ℥i.

M- Sig: Teaspoonful every hour for five or six doses, then leave off and repeat the next and every day.

Then:

℞ Mist. rhei et soda comp. N. F., ℥iii.

Sig: Half to a teaspoonful every two or three hours when not giving the above.

Also give sod. bicarbonate 5 to 10 grain doses and if acidosis is marked give enemas of same.

M. D., Mo.

Diarrhoea; Children:

℞ Bis. sub nit., ℥ii.

Zinc sulphocarbolate, gr. xii.

Tr. opii camph., ℥ii.

Milk bismuth, ℥i.

Aquae mentha pip., q. s. ad ℥iii.

M- Sig: Teaspoonful every two or three hours till bowels are checked, then t. i. d.

M. D., Tex.

Diarrhoea; Ordinary:

℞ Codeine sulph., 0.25
Bis. sub nitratis, 10.00
Salol, 5.00
M-ft. capsulas No. xvi.

Sig: One capsule after each movement
until under control.

M. D., N. Dak.

Diarrhoea, Dysentery; Acute or Chronic:

℞ Tr. catechu, ℥i.
Tr. opii, ℥i.
Spts. peppermint, m. viii.
Spts. lavender comp., q. s. ad ℥iii.
M- Sig: Teaspoonful every two to four
hours as required.

M. D., Ill.

Diarrhoea; Simple:

℞ Bis. sub nit.
Sach. pepsin.
Comp. chalk powder, aa ℥i.
To. opii camph., ℥iii.
Simple syrup, ℥ii.
Aquae, q. s. ad ℥iv.
M- Sig: Teaspoonful every two or three
hours.

M. D., N. C.

Diarrhoea; Summer Complaint-Ileo-Colitis:

R Copper sulphocarbolate, gr. i-ii.

Bis. sub gallate, ʒi-ii .

Emetine hyd., contents of one ampoule
(gr. $\frac{1}{3}$).

Elix. lact. pepsini, q. s. ad ʒiv .

M- Sig: Teaspoonful every two hours for
child two years of age.

A dose of castor oil once or twice daily, together with proper diet (Horlick's Malted Milk) and enemas of glycothymoline one to four tablespoonfuls to the quart once or twice daily has never failed to save these desperate cases in my experience. It is well known that copper is highly antiseptic and the sulphocarbolate is unusually so. Bismuth subgallate will do all the subnitrate will do and a lot more.

In desperate cases with gastric complications (vomiting, retching, etc.), give every hour until improvement is noted. This is doubtless worth more than the price of this book and is an original combination.

THE COMPILER.

Diarrhoea:

Corrosive sublimate 3x, two to four tablets
every one to four hours.

M. D., Ohio.

Diarrhoea; Tenesmus of:

℞ Hydrogen peroxide, ℥i.

Aquae, q. s. ad ℥iv.

M- Sig: A teaspoonful ever half to one hour until improvement.

The above is for children; in adults give a No. 1 capsule of boric acid every two hours until improvement. These are from experience and not from text-books or journals.

M. D., Ind.

Diarrhoea; Acute or Chronic:

℞ Zinc sulphocarbolate, ℥i.

Tr. opii camph.

Elix. geranium comp. (Schmidt's), aa ℥ii.

M- Sig: Teaspoonful in a little water every two hours.

M. D., Ind.

Diarrhoea; Children:

Enemas of tepid solution of permanganate potash just enough to make the water a bright red. Use a 30 size catheter putting it well up. You may expect relief. Also good for adults.

M. D., Okla.

Diarrhoea:

℞ Gelatin alba, 30.0

Cogne cum aq. dest,
per horas vi.

Et remanant fluidi, ad 300.0

Filtra frigidi.

Add acid citric, 1.0

Syrup corti aurantii, 25.0

Sig: Tablespoonful every two hours for
children and every hour for adults.

M. D., N. Y. C.

Diarrhoea; Chronic:

Tr. cranesbill (geranium) teaspoonful
once daily cures the most persistent types.

DR. A. B. GRANT,

Jackson and Lewiston, Mich.

Diarrhoea:

See *Dysentery, Colitis and Ilio-Colitis*.

DYSENTERY (Flux)

℞ Mag. sulph. (by measure), ʒii.

Aquae, q. s. ad ʒiii.

Syr. rhei arom., q. s. ad ʒvi.

M- Sig: Shake and take tablespoonful in
water every hour till watery actions. Then
the following:

℞ Tr. opii deodorant, ʒii 1/3.

Acid sulphuric dil., ʒii 2/3.

Elix. lact. pepsin, ad ʒi.

M- Sig: Teaspoonful in water every two or three hours till bowels check. Shake bottle.

M. D., Miss.

Dysentery:

Certain and pleasant cure:

R Spec. med. nux vomica, m. v.

Elix. lact. peptin, ℥ss.

Sat. sol. sod. phosphate. q. s. ad ℥iv.

M- Sig: Tablespoonful in third glass water every two hours till bowels move freely, then every four hours.

M. D., Okla.

Dysentery and Diarrhoea:

R Bis. sub nit., ℥v.

Salol, gr. xx.

Listerine, ℥ss.

Tr. opii deod., ℥i.

Elix. lact. pepsin, q. s. ad ℥vi.

M- Sig: Shake and take tablespoonful every four hours. Children in proportion.

Best to always give mild purgative of calomel before checking bowels.

DR. S. L. AUTREY,

Trinity, Tex.

Dysentery:

℞ Alcresta ipecac.
Sulphur flow.
Lact. pepsin, aa gr. xii.
Bis. sub nit., ℥ss.
M-fiat caps. No. xii.
Sig: One every four hours after a saline
purge.

M. D., S. C.

Dysentery:

℞ Spts. mentha pip., ℥i.
Sulphuric acid arom., ℥ii.
Tr. opii camph., ℥iv.
Sat. sol. mag. sulph., q. s. ad ℥iii.
M- Sig: Two teaspoonfuls in a little water
every three hours. Have used the above
for twenty years and in only one case did
have to use starch water and tr. opii enema
to assist.

M. D., Ind.

Dysentery:

When just beginning one dose of $\frac{1}{2}$ grain
straight calomel titurate given at once will
absolutely cure, if withhold solid food and
give only malted milk.

M. D., Wash.

Dysentery; Chronic:

℞ Simaruba, 15.00
Water, 150.00
Pot. nitr., 8.00
Ext. opii, 0.12

Will cure every case. No directions given. Failed to reply to request for more information.

M. D., Cal.

Dysentery; Sporadic:

℞ Sod. sulph., ℥i.
Nitro muratic acid dil., ℥i.
Aquae, q. s. ℥iii.

M- Sig: Tablespoonful in sweetened water every hour until it acts on bowels, then lessen dose and lengthen intervals. Relief in five or six hours.

DR. E. S. T. CAMPBELL,
Crossett, Ark.

Dysentery:

℞ Mag. sulph.
Gum acacia, aa ℥iv.
Sulphuric acid arom., ℥ss.
To. opii camph., ℥iss.
Elix. lact. pepsin, ℥i.
Aquae, q. s. ℥iv.

M- Sig: Give one-third of the above every two hours until acts thoroughly or all is given. Liquid diet. Starch enemas for the straining and if pain persists morphin and atropin.

DR. H. C. STOVALL,
Pinckard, Ala.

DIPHTHERIA

Diphtheria:

When caught far away from antitoxin, use mercurius cyanatus 3x or 6x potency. Five drops in a little sterile water subcutaneously every two to five hours, according to urgency. I used this thirty years ago in Germany before antitoxin was known, with good results. Admitting antitoxin to be the thing, but caught where it can not be obtained, the above is a mighty good thing to give and a small amount of it should always be carried.

DR. S. BOOLSEN,
Kenwood, Cal.

DROPSY

Dropsy:

R̄ Pwd. squills, ℥i.

Port wine, q. s. ℥xvi.

M- Sig: Wineglassful three times daily.

DR. M. E. MEASE,
Sandy Level, Va.

Dropsy:

R̄ Pot. iodid.

Pot. chlorate, aa gr. ixl.

Pot. bromid.

Pot. nitrate.

Pot. acetate, aa ℥iiss.

Tr. digitalis, ℥v.

Alcohol, ℥i.

Aquae, q. s. ad ℥viii.

M- Sig: Teaspoonful every four hours.

M. D., Pa.

Dropsy; from Any Cause:

R̄ Cream tartar, ℥i.

Pot. sulphate, ℥iv.

Pulv. ext. jalap.

Pulv. squills, aa ℥i.

Pulv. ginger, gr. xx.

M-ft. one chart.

Sig: Teaspoonful every three hours till
bowels move freely. If can get enough

down to move bowels six to ten times results will come. I have given this to patients, whose urine went solid when heated, with good results. This was original in Roosevelt Hospital. I got it from Colorado Hospital.

DR. D. D. HAMILTON,
Raton, N. Mex.

Dropsy; and Dilation of Heart:

R Spec. med. crataegus, ʒ iss.
Spec. med. apocynum, ʒ ii.
Aquae dest., q. s. ad ʒ iv.
M- Sig: Teaspoonful every three hours.
M. D., Colo.

Dropsy; Old Age; Leaky Heart:

R Spec. med. crataegus.
Spec. med. apocynum, aa ʒ i.
Elix. lact. pepsin, q. s. ad ʒ iv.
M- Sig: Teaspoonful every four hours.
M. D., Kan.

Dropsy; Hepatic:

Pot. bitart. ʒ i t. i. d. and tr. apocynum
(P. D.) 30 drops before meals.
M. D., Ill.

Dropsy; of Pregnancy:

Apocynum (Lloyd's) is a specific in oedema of pregnancy.

M. D., Ala.

Dropsy; Saline Purge for:

℞ Pot. bitartrate, ℥ii.

Pot. et sod. tartratis, ℥iv.

M- Sig: Teaspoonful in a glass of water every six hours. Will prove a most admirable saline cathartic or aperient.

M. D., S. C.

Dropsy; of Children:

“The three day cure.”

Sponge bath of Epsom salts, tablespoonful to the pint of hot water, bathe 10 to 15 minutes out of every hour until the dropsy is gone.

Give 10 grains of Epsom salts every hour to help elimination along.

Cut down nourishment to one tablespoonful corn meal in a pint of water boiled a half hour, not oftener than every four hours.

DR. W. M. HATFIELD,

Mulhall, Okla.

DYSMENORRHEA

Dysmenorrhea; in Young Girls:

℞ Corpus luteum, 2 gr. capsules.

Sig: One capsule every three hours until relieved, then t. i. d.

M. D., Tex.

Dysmenorrhea:

℞ Spec. med. dioscorea.

Spec. med. black haw.

Spec. med. hydrastis, aa ʒiii.

Elix. lact. pepsin, q. s. ʒiv.

M- Sig: Teaspoonful three or four times daily. Works wonders for me.

M. D., Kan.

Dysmenorrhea:

℞ Acetanilid, gr. xx.

Tr. gelsemii.

Tr. hyoscyami, aa ʒi.

Oil cassia, m. viii.

Spts. chloroformi, ad ʒi.

M- Sig: Teaspoonful in water every two hours. Shake well. Thoroughly tried. Good for any pain.

M. D., Miss.

Dysmenorrhea:

R Tr. gelsemium.

Tr. canabis indica, aa ʒiii.

Tr. cardamon comp., q. s. ad ʒiii.

M- Sig: Teaspoonful t. i. d. and at night.

M. D., Ark.

Dysmenorrhea; Alterative:

Old but excellent.

R Ferri carb., ʒiii.

Fl. ext. conii mac., ʒiiss.

Oil cinnamoni, m. xx.

Syr. Tolutans, ʒii.

Simp. syr.

Aquae, q. s. ʒiv.

M- Sig: A teaspoonful to a tablespoonful
four times daily, beginning a week before
expected flow.

M. D., Pa.

Dysmenorrhea:

Brush turbinate bones with a 10 to 25 per cent solution of trichloroacetic acid a few days before expected period; makes it painless.

For immediate relief mag. phos. 3x grain doses in hot water every 15 minutes till effect. This will please you and patient.

M. D., Iowa.

Dysmenorrhea; Young Girls:

Cases that will not submit to dilatation of cervix give them 5 grains ovarian extract four times daily and liq. hydros (Jno. Weth Co.) teaspoonful or more in real warm water every three hours until better, then four times daily. Keep this up for a few months. Leave ovarian ext. off at beginning of period and take it up again three days after.

Esterol (Stearns) in 10 grain doses four times daily will often control pain, but for uterine tonic and sedative I find nothing equals hydros continued several weeks.

DR. J. P. BRANDON,
Essex, Mo.

Dysmenorrhea:

A synergistic combination that will make you friends among your patients suffering so as to require hypodermics ordinarily, but same is objected to if it can be avoided.

℞ Codeine sulph., gr. $\frac{1}{8}$.

Hyocine hydrobromide, gr. $\frac{1}{200}$.

Acetyl sal. acid, gr. $\frac{1}{2}$.

M-ft. cap. No. 1.

Sig: One such dose repeated in hour if needed.

M. D., Kan.

Dysmenorrhea; Adolescence, and Goiter:

℞ Thyroid ext. (U. S. P. IX), gr. ss.
Ovarian substance (whole gland), gr. ii.
Pituitary substance (whole gland), gr. i.
Cal. glycophosph., q. s.
M-fiat d. t. d. caps. No. C. Sig. One capsule b. i. d.

I use the above with excellent results and recommend it to colleagues. This will produce positive results in majority of cases. Must be taken for several months.

It will make the accompanying goiter, if any, disappear also.

M. D., N. Y.

DYSPNOEA

Dyspnoea:

Give tr. lobelia in ascending dosage.

M. D., Ark.

DYSPEPSIA

See *Indigestion*.

EARACHE

Earache:

℞ Carbolic acid, m. xx.
Glycerine, ʒiv.
M- Sig: Drop in ear as often as needed.
M. D., Mo.

Earache:

℞ Atropin sulph., gr. i.

Oil copaiba, ℥i.

M- Sig: Warm and drop in ear as needed every hour or so until relieved. I have used this for twenty-five years with very satisfactory results.

M. D., W. Va.

Earache:

℞ Camphorated chloral, 5 parts.

Olive or castor oil, 10 parts.

Glycerine, 30 parts.

M- Sig: Saturate a bit of cotton and insert in ear. Best warmed. Rub some around the affected ear and the pain disappears as if by magic.

Note: Camphorated chloral made by equal parts gum camphor and chloral hydrate titrated together till liquefied.

M. D., Idaho.

Earache:

℞ Phenol, m. i.

Glycerine, m. xviii.

M- Sig: Warm thoroughly in a spoon and pour into ear for relief at once.

M. D., Ill.

Earache:

Mullein oil warmed and 4 or 5 drops in ear will relieve any ordinary case.

M. D., Cal.

Earache:

Atropin 1 grain to the ounce of warm distilled water and dropped into ear as needed gives the best relief.

M. D., Ind.

Earache:

R Chloroformi, ʒi.

Oil olive, ʒii.

M- Sig: Two drops in the ear relieves almost instantly. This has always given me results.

M. D., Ark.

Earache:

Warm distilled witch hazel extract dropped in ear gives relief.

M. D., Iowa.

Earache; of Babies:

One hypodermic tablet of atropin dissolved in two tablespoonfuls warm water, a few drops warm in the ear, gives instant relief.

M. D., Okla.

ECZEMA

Eczema:

℞ Zinci oxidi, ʒi.

Ungt. aquae rosae.

Ungt. picis liq., aa ʒii.

Lanolini, ʒi.

M- Sig: Apply two or three times daily.

Note: Soap and water not good for eczema; better cleanse with milk and water or olive oil.

DR. GEO. C. CLARK,
403 Spadra, Fullerton, Cal.

Eczema; Children:

℞ Salicylic acid, gr. xii.

Bis. sub carb., ʒi.

Pwd. camphor, gr. xviii.

Ungt. zinc oxide, ʒss.

Ungt. aqua rosae, q. s. ad ʒii.

M- Sig: Apply night and morning.

M. D., N. Y.

Eczema; Children:

Simply apply specific chelidonium and see it fade away.

M. D., Okla.

Eczema; Moist:

“Blue anodyne and drying powder.”

℞ Boric acid.

Acetanilid, aa ʒviii.

Iron ferrocyanide, gr. xxx or more.

M- et run through sieve.

Sig: Apply as needed.

M. D., Wis.

Eczema; Acute:

℞ Hydrargri ammoniated, ʒi.

Amyli glycerite, ʒi.

M- Sig: Apply at night. This will make
you a reputation in itching skin diseases.

M. D., Texas.

Eczema; Chronic, Weeping:

“A sure shot.”

℞ Zinc oxide.

Crude coal tar, aa gr. xxv.

Pv. amyli.

Petrolati alba, aa ʒiv.

Mix tar with petrolatum, rub thoroughly.

Mix other ingredients separately then rub
all together.

Sig: Apply on strips of cloth.

DR. J. F. ALEXANDER,

Jasper, Ala.

Eczema; Chronic and Other Skin Diseases:

℞ Oil cade, ℥iii.
 Castor oil, q. s. ℥i.
 M- Sig: Apply as needed.

Or

℞ Tannic acid, gr. x.
 Salicylic acid, gr. v.
 Hydrarg. ammonii, gr. x.
 Lanolin, ℥i.
 M- Sig: As needed. Both will do the work.
 M. D., Cal.

Eczema; Chronic and Other Skin Diseases:

Yield to the following:

℞ Calomel, ℥iv.
 Zinc oxide ungt., ℥vi.
 M- Sig: Wash with soap and water and
 apply twice daily.
 M. D., Mont.

Eczema:

℞ Creolin, ℥ss.
 Vaseline, ℥i.
 M- Sig: Apply three or four times daily.
 M. D., Maine.

Eczema:

Make a heavy salve of salicylic acid in
 petrolatum and apply.
 M. D., Iowa.

Eczema; Weeping:

Lithiol internally and chloron locally promises to revolutionize the treatment of eczemas.

M. D., N. Y.

Eczema; Dry, Scaly:

Yellow oxide mercury ointment will stop the itching and clean up the condition in a very short time.

M. D., Mich.

Eczema; Chronic:

R Yellow oxide mercury, gr. xl.

Salicylic acid, ʒi.

Vaseline, ʒi.

Lanoline, q. s. ʒii.

M- Sig: Use locally, rubbing in well.

M. D., S. C.

Eczema; Chronic:

R Lig. picis, ʒss.

Sulph. precip., ʒi.

Zinc sulph., gr. xxx.

Petrolat.

Adeps lanae, aa q. s. ʒi.

M- Sig: Use locally. It gives results that are pleasing.

M. D., N. Y.

Eczema:

Salicylic acid dissolved in spts. camphor and apply locally every three or four days.

M. D., Ala.

Note: The above is also excellent for ringworm and other skin infections.

Eczema; Infantile; Scald Head:

Have cured after others had failed with the following, mixed in proportion of 1 dram of starch to 1 ounce of glycerine, cold. Add 2 grains of zinc sulphate to the ounce. Heat to above the boiling point, stirring all the time. Let cool and apply.

M. D., Mich.

Eczema; Chronic:

X-Ray will cure after everything else has failed. Will cure at least 90 per cent.

M. D., Ga.

ENURESIS (Incontinence—Bed Wetting)

Enuresis:

If there is a specific the following must be it:

Give 2 grains taka-diastase during the three meals to aid digestion and give the following:

℞ Fl. ext. rhus arom.
Fl. ext. ergot, aa ℥i.
Fl. ext. belladonna, ℥i.
Strychnin sulph., gr. i.
Elix. saw palmetto comp., q. s. ad ℥viii.
M- Sig: Adult teaspoonful in water after meals and at bedtime. Children in proportion.

M. D., Miss.

Enuresis:

For many years have cured my cases with:

℞ (Pill Incontinence).
Ergotin, gr. ss.
Strychnin, gr. 1/200.
Ext. belladonna fol., gr. 1/64.
Sig: Adult 4 after meals and at bedtime.
Restrict or better prohibit fluids after 4 p. m. Children in proportion.

M. D., Ind.

Enuresis:

Specific medicine thuja occidentalis, 3 to 15 drops in tablespoonful water before meals and at bedtime. This is dosage for children three to fifteen years of age.

M. D., Mont.

Enuresis:

Creosote 3 drops in capsule or on sugar to a child five years old. Will rarely fail to cure promptly.

M. D., Ky.

Enuresis:

R̄ Atropin, gr. 1/200.

Santonin.

Ext. nux vomica, aa gr. 1/8.

Ext. rhus arom., gr. ii to v.

M-fiat tablet No. 1.

Sig: Give one tablet at 5 p. m. and one at 8 p. m. This dosage for child four to eight years of age. Instruct to drink no liquids after 5 p. m. and to retain urine as long as possible during daytime to help train the bladder.

M. D., Ark.

Enuresis:

R̄ Fl. ext. belladonna.

Fl. ext. gelsemium, aa xii.

Fl. ext. thuja, ʒiii.

Fl. ext. couch grass, q. s. ad ʒiv.

M- Sig: Teaspoonful every three hours.

Children according to age.

M. D., Kan.

Enuresis:

Don't whip. Don't give strychnin.

Give rhus aromatica 5 to 20 drops every three hours and persisted in will get results. Start with 5 drop doses and increase a drop a day to maximum thus:

2 to 5 years, 5 to 12 drops.

5 to 10 years, 10 to 15 drops.

10 to 20 years, 10 to 20 drops.

Never over 20 drops of the fluid extract.

M. D., Okla.

Enuresis:

R̄ Cal. carb.

Cal. phos.

Iron phos., aa gr. 1/10.

Thyroid ext., gr. 1/20.

Sig: One to three such doses according to age after meals.

DR. J. W. EHMER,

Lomair, Wis.

Enuresis:

Equal parts salol and boric acid. Large dose before meals and at bedtime, avoiding liquids later part of day.

M. D., Ohio.

Enuresis:

Spec. med. chimphila or the fluid extract
15 drops in a little water three or four times
daily.

M. D., Mo.

EPILEPSY

Epilepsy:

℞ Strontium bromid.
Sodium bromid, aa ʒi.
Aquae peppermint, q. s. ʒiv.

M- Sig: Teaspoonful in water t. i. d.

M. D., Va.

Epilepsy:

℞ Give sodium biborate and reduce the attacks
then Bromo-Adonis Second teaspoonful
t. i. d.; increase to two teaspoonfuls if
needed.

M. D., Del.

Epilepsy:

Luminal 2½ grains at night, keeping
bowels open, is almost a specific. It has
never failed me, but may and no doubt will,
'tis always so.

M. D., Okla.

Epilepsy:

Organo Therapy is getting quite a bit of attention now and justly so. Write Dr. Harrower, Glendale, California, for a copy of his little magazine. In his line are wonders.

My cases of epilepsy are coming on excellent. Luminal is it if you do not falter in dosage.

M. D., Okla.

Epilepsy:

R Green tr. mistletoe, ʒi.

Tr. valerian, ʒii.

Fl. ext. scullcap, ʒii.

Elix. simplex, q. s. ad ʒviii.

M- Sig: Tablespoonful every two hours.

M. D., Mont.

EPISTAXIS (Nose Bleed)

Epistaxis:

Lemon juice injected into nostrils stopped nose bleeding after everything else failed. Can use diluted with water or glycerin if desired.

M. D., Iowa.

Epistaxis:

Give Lloyd's spec. med. lycopus with full confidence and do not use the annoying local treatments.

M. D., La.

Epistaxis; To Cure:

Give ferri phos. 3x, three tablets three times daily. Will cure and improve health otherwise.

M. D., Tenn.

ERYSIPELAS

Erysipelas:

Give tablets containing 1 grain each of calomel and soda, followed in six hours with two doses of pot. nitrate 20 grains each, at intervals of two hours, in half glass water. Repeat the latter in four hours. It is harmless. An excellent treatment that will surprise those using it the first time. Try it.

DR. E. D. KING,
Galensburg, Ill.

Erysipelas:

Apply freely fl. ext. jaborandi for prompt results.

M. D., W. Va.

Erysipelas:

- ℞ Tr. iron chlorid, ℥i.
Syr. Tolu, ℥i.
Liq. pot. citrat, q. s. ℥vi.
M- Sig: Two teaspoonfuls every four hours. Children in proportion.
- ℞ Fl. ext. (or spec. med.) echinacea, ℥i.
Glycerin, q. s. ℥iv.
M- Sig: Teaspoonful in water every three hours.
- ℞ Quin. sulph., ℥i.
Tr. iron chlorid, ℥iii.
M- Sig: Paint disease and beyond it night and morning.

M. D., Miss.

Erysipelas:

Brilliant green, which is a flavine compound, related to acriflavine, seems to be a specific.

Sig: Paint once or twice daily with a 5 per cent solution.

M. D., Okla.

Erysipelas:

Keep bathed with a strong, hot infusion thuja twigs.

M. D., Iowa.

Erysipelas:

℞ Phenolis, 5.0
Glycerin, 15.0
Aquae, 100.0

M- Sig: Apply freely every hour and leave exposed to the air. With this I have had excellent results in hundreds of cases.

DR. O. B. SIMON,
14 E. Wilson St.,
Batavia, Ill.

Erysipelas:

℞ Campho-Phenique, ʒii.
Zinci oxidi.
Boric acid, aa ʒii.
Petrolatum, ʒv.
M-fiat ungt.

Sig: Apply every four hours.

This is the best we have ever found.

DRS. W. N. AND W. B. BAILEY,
White Plains, Ky.

Erysipelas:

Make a poultice of crushed cranberries. Apply on cloth and change as often as fever dries.

A LAYMAN, Mich.

Erysipelas:

R Tr. iodine, ʒiii.

Ichthyol, ʒv.

M- Sig: Apply with brush or swab entirely over and beyond area, including point of infection. Keep covered until swelling begins to subside.

M. D., S. C.

Erysipelas:

Paint entire surface involved and an inch beyond with pure carbolic acid; when it turns white apply grain or carbolized alcohol till it clears. Then vaseline. May have to repeat, may not. No danger. Do all the other "stunts" you want to; also eliminate, vaccines (bacterins), serum, etc., but the above and Epsom salts as a purgative is really o. k. Used by Colorado's largest hospital.

M. D., Colo.

Erysipelas:

Apply cold compresses of equal parts of hychlorite and cold water every two hours. Have gotten excellent results with this.

Hychlorite is a concentrated sodium hypochlorite manufactured by The General Laboratories, Madison, Wis.

M. D., N. Dak.

Erysipelas:

Paint with tr. iodine, then cover with collodion.

M. D., Vt.

Erysipelas:

I get good results from neuclein solution (Abbott's) one-half to one mil. hypodermically every 12 to 24 hours, like giving serum.

DR. L. S. COLEMAN,
Millport, Ala.

Note: The above should give results as it increases the white blood cells and is excellent for numerous diseases.

Erysipelas:

Warm thermofuge spread liberally beyond the limits of the erythema, covered with gauze and left on for two days. Repeat two or three times as indicated. Follow with liquid guiacol, tr. iodine or lead lotion. Relief almost immediately and progress rapid.

Cream of tartar two teaspoonfuls in cup of water two to four times daily and vaccine (erysipelas bacterin) injections every two days will hasten reaction.

M. D., Mich.

Erysipelas:

In desperate cases do not fail to use anti-streptococci serum in large dosage.

M. D., Tenn.

EYE INFLAMMATIONS (Acute)

IMPORTANCE OF DIFFERENTIAL DIAGNOSIS

Particularly Pertinent to the General Practitioner

BY L. F. LONG, M. D.,

114 N. 6th Street, Zanesville, Ohio.

OFTEN REGRETFULLY CONFUSED

To the general practitioner the eye appears to be a subject not worthy of serious study. The result is that conditions similar outwardly but profoundly dissimilar structurally, such as glaucoma and iritis, are often regretfully confused. Such being the case, a review of the important points on the usual inflammations of the eye is certainly not out of place.

There are a certain number of acute eye inflammations that usually pass through the hands of the general practitioner first, and upon his diagnosis and treatment the fate of the eye may depend. Quite frequently very reputable physicians treat iritis, corneal ulcer, or even glaucoma, in fact, about all red, inflamed eyes, as conjunctivitis, thereby

losing valuable time and endangering the integrity of the eye. And when we consider the all too common error of treating acute glaucoma with atropine, thinking they are treating iritis, thus doing the eye great damage, sometimes total loss of vision resulting in a few days. I believe every physician should carefully fix the diagnostic points of difference in these acute eye inflammations, taking care of those he may be prepared to take care of and promptly referring the others to one who is qualified to take care of them. Diagnosis is the most important problem to be considered. With the diagnosis made, any treatise on the subject will instruct one how to treat the condition.

I wish to emphasize a few cardinal points in diagnosis. I am purposely leaving out the ophthalmoscope, as few general practitioners are skilled in its use. But every physician does need a magnifying glass for careful examination of the cornea. A good binocular loupe, used with oblique illumination, should give excellent results. If you depend on your own eyes, unaided, you will sometimes overlook a small foreign body or a small point of ulceration. When a patient comes in with a red, inflamed eye, giving a history of a few hours' or days' duration, make a systematic examination of the eye and lids. Make a careful examination of the cornea, with a magnifying glass and good light, viewing it from different angles, patient turning

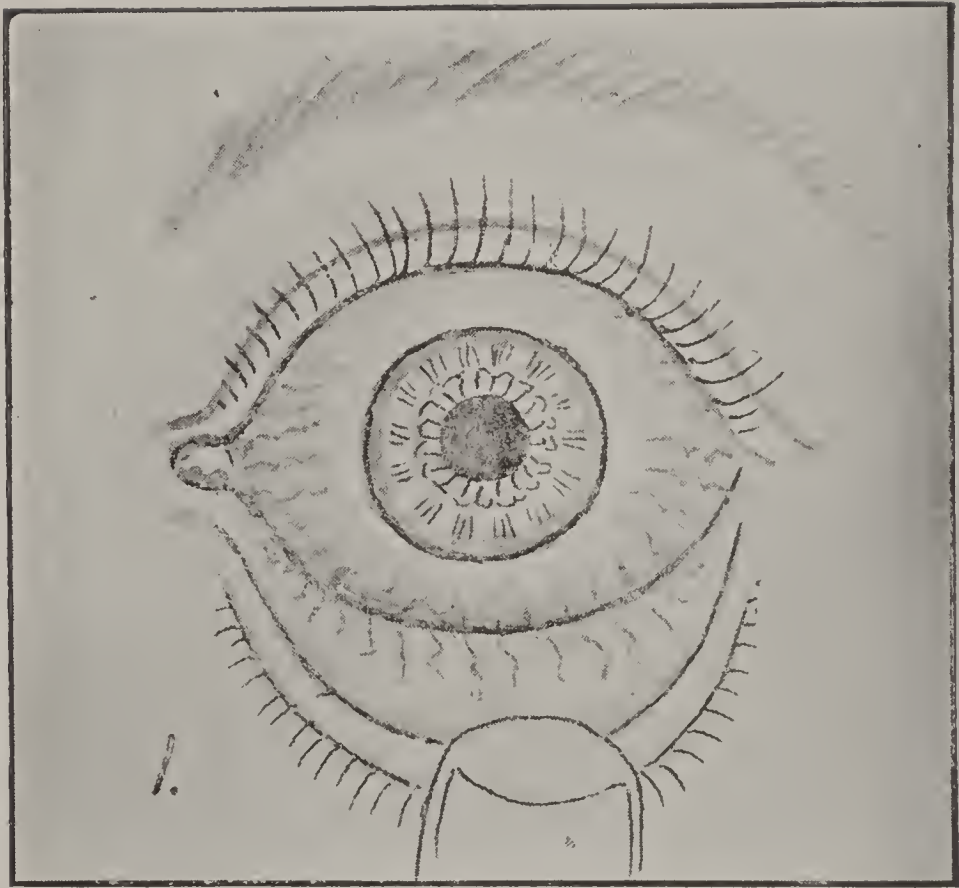
the eye up or down as you may direct. Observe the size of pupils, whether they contract to light; notice the conditions of cornea as to clearness or steaminess. Inquire about discharge from eye, whether eyes are glued together in morning or whether eyes just "water." The tension of each eye should be taken by placing the index finger of each hand upon the closed eyelid of the patient and alternately pressing a little with one finger and then the other. A high pressure is easily made out by comparing the two eyes, unless they both have high pressure when they can be compared with some other person's eye that is normal. High tension makes the eye ball feel like a marble under the lid, while normal tension is softer and somewhat pliable under the pressure of the fingers.

The acute eye inflammations that are more commonly confused are: 1. Foreign bodies on cornea, or under lids or misplaced eye-lash. 2. Conjunctivitis. 3. Iritis. 4. Glaucoma. 5. Phlyctenular keratitis. 6. Corneal ulcers.

FOREIGN BODIES AND MISPLACED LASHES

Foreign bodies and misplaced lashes should be seen by careful examination with loupe or magnifying glass with oblique illumination of cornea and inverted lids.

Treatment: One or two drops of 4 per cent cocaine sol. in eye. Wait ten minutes and remove



Cut No. 1. Conjunctivitis: Mucous discharge, eye pasted shut in morning; pupils, vision and tension normal.

foreign body with a *sterile* eye spud. Foreign body and corneal injuries if wound becomes infected, may become corneal ulcers.

CONJUNCTIVITIS

There are many forms of conjunctivitis, but we are only considering those acute cases which have been running a few days or weeks. Conjunctivitis is an inflammation of conjunctiva which lines the lids and is reflected on the eye ball. It does not cover the cornea. Therefore we may have a violent conjunctivitis with so much swelling and edema that the conjunctiva may protrude between the closed lids and yet cornea remain clear and not affected. The conjunctiva is a mucous membrane and when inflamed throws off mucous as any other mucous membrane does. Therefore, when we have conjunctivitis we have mucous discharge from eye and eyelids. The eyelids are pasted together in the morning when patient awakens. *This is a diagnostic symptom.* Vision is not affected in conjunctivitis, pupils are same size and react fully to light; tension is normal, cornea is clear and bright. Conjunctivitis may come at any age.

Treatment varies because of the great variety of conditions. Instil argyrol, 15 per cent sol., two drops, four times each day in eye. A few drops of adrenalin added helps to clear the eye promptly. In the old chronic forms silver nitrate, copper

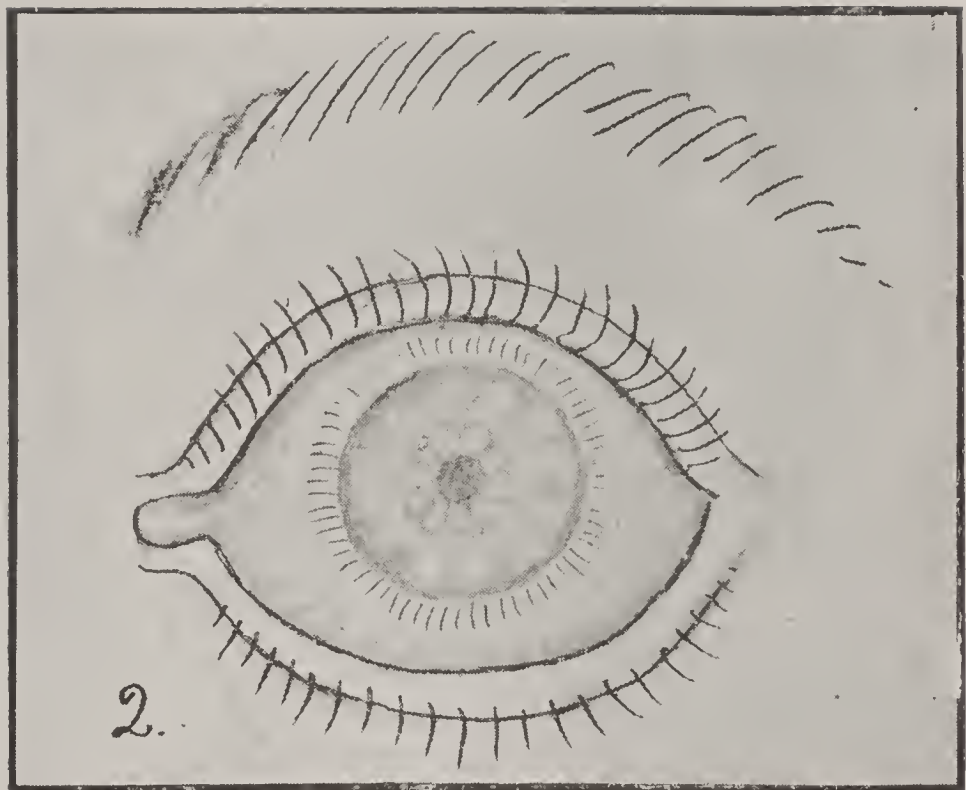
sulph., etc., are used. Zinc sulph. is very effective in some types of infection.

IRITIS

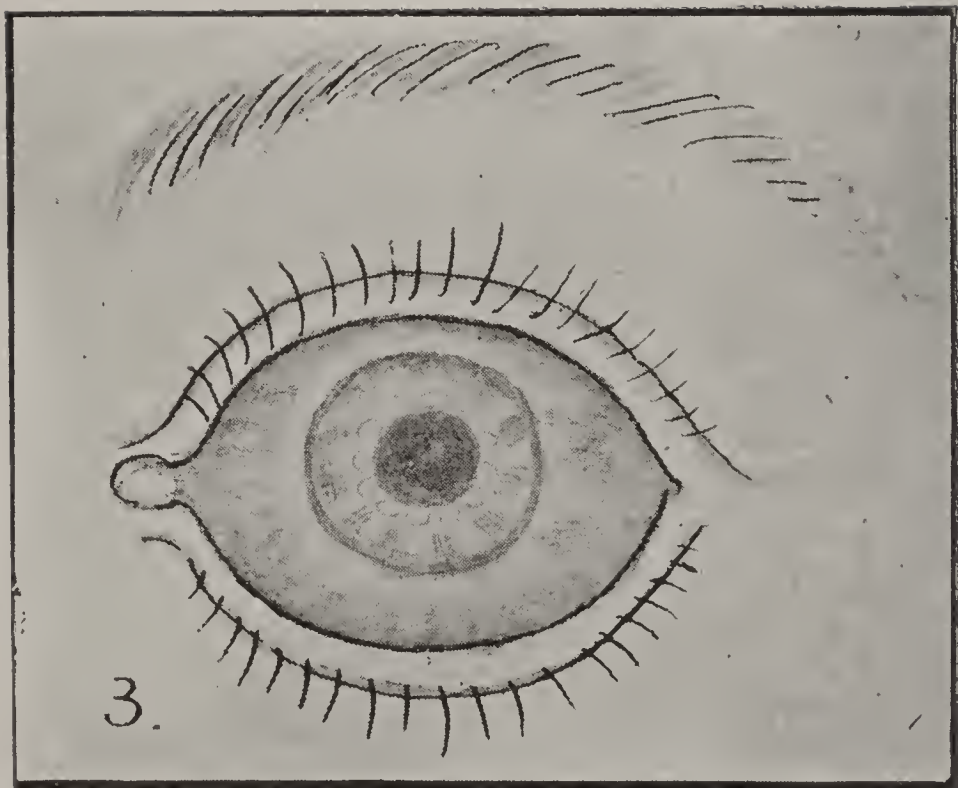
Iritis is an inflammation of iris; sometimes, if severe and of long duration, will include structures close to the root of the iris (cyclitis).

Symptoms: *No mucous discharge*, but some watery discharge present; no sticking together of lids. Pupil contracted, sluggish, respond to light slowly or not at all. Vision is hazy; fine pink zone immediately surrounding the cornea. Pain is quite troublesome, often keeping the patient awake at night. Cornea looks rather dull and hazy. May occur at any age.

These are the cases that need atropine, and need it badly. Nothing else will quite take its place. Atropine is the remedy par excellence. One drop of 1 per cent atropine sol. in eye, four times a day, should be used. If that does not dilate the pupil well, use it oftener, or make it 2 per cent sol. Keep the pupil dilated until the redness leaves the eye, then discontinue the atropine. Hot applications, sweats and laxatives are often indicated. If the iritis can be traced to some specific systemic cause, as rheumatism or gonorrhoea or autointoxication, those factors should receive appropriate treatment.



Cut No. 2. Iritis; No mucous discharge but eye waters, contracted pupil, vision somewhat hazy, painful, tension normal.



Cut No. 3. Acute glaucoma: No mucous discharge, dilated pupil, painful, increased tension, decided loss of vision. Patient over forty.

GLAUCOMA

Acute glaucoma very rarely occurs in patients under forty years old. It is easily confused with "iritis," and if the treatment for iritis—atropine—is applied to glaucoma great damage is done the eye, possibly total loss of vision.

Symptoms of acute glaucoma: Eye is red and inflamed, no mucous discharge, painful pupil, slightly dilated (in iritis the pupil is contracted). Compare the two eyes. In one there is increased tension of globe and shallow anterior chamber. With a pupil decidedly larger than its fellow and with a marked tension we can make a diagnosis of glaucoma, while with a pupil decidedly smaller than its fellow and very little or no tension we have iritis.

Treatment: Glaucoma is an unsatisfactory condition to treat. Ultimately the majority of cases become blind; however, many years of useful vision may be saved to some of these cases by timely iridectomy. Eserin spulh., one grain to the ounce of water, is used to stay the process and in some cases it seems to hold the eye for long periods of time.

Other forms of glaucoma, such as simple glaucoma, may have no pain, no redness, etc., but these should not be confused with the acute troubles we have discussed.

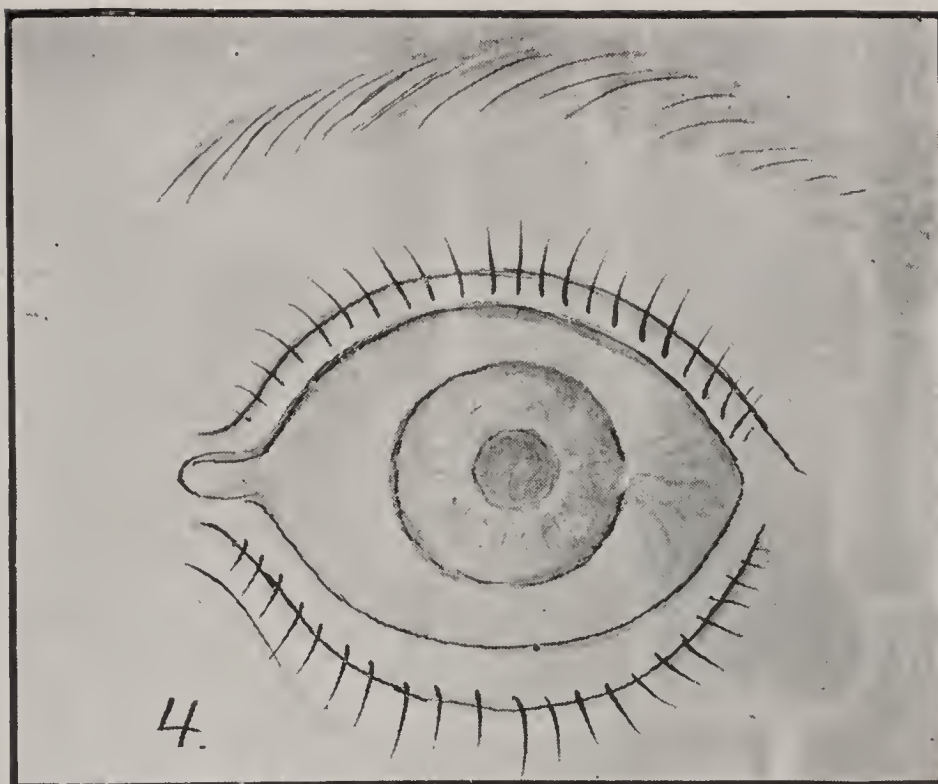
PHLYCTENULAR KERATITIS

Phlyctenular keratitis is nearly always a disease of children, usually in scrofulous or undernourished children. We find on close examination of cornea a little whitish yellow ulcer at the junction of the cornea and sclerotic, and from this little ulcer a fan-shaped mass of red congested blood vessels spread out on the sclerotic. The eye is red and very sensitive to light.

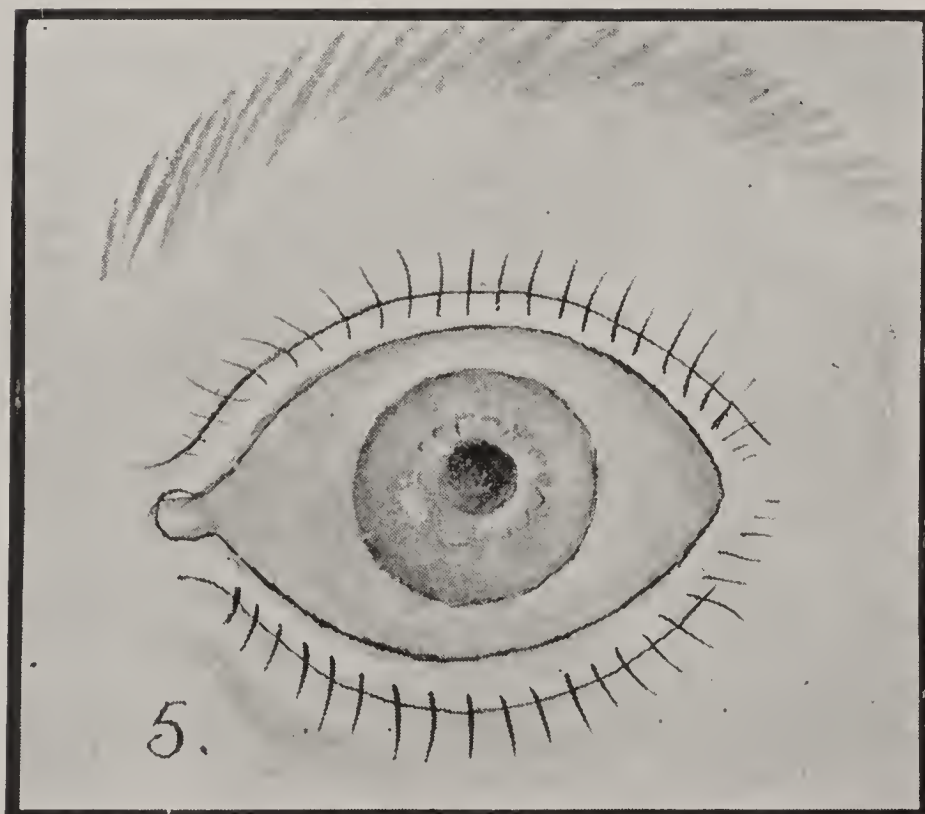
Treatment: Locally, one drop in eye, three times a day, of atropine sol. 1 per cent; yellow oxide of mercury eye ointment, 1 per cent, in eye at bedtime. The best possible hygienic surroundings should be obtained, especially fresh air and wholesome food. Cod liver oil or syr. hydriodic acid internally may be indicated.

CORNEAL ULCER

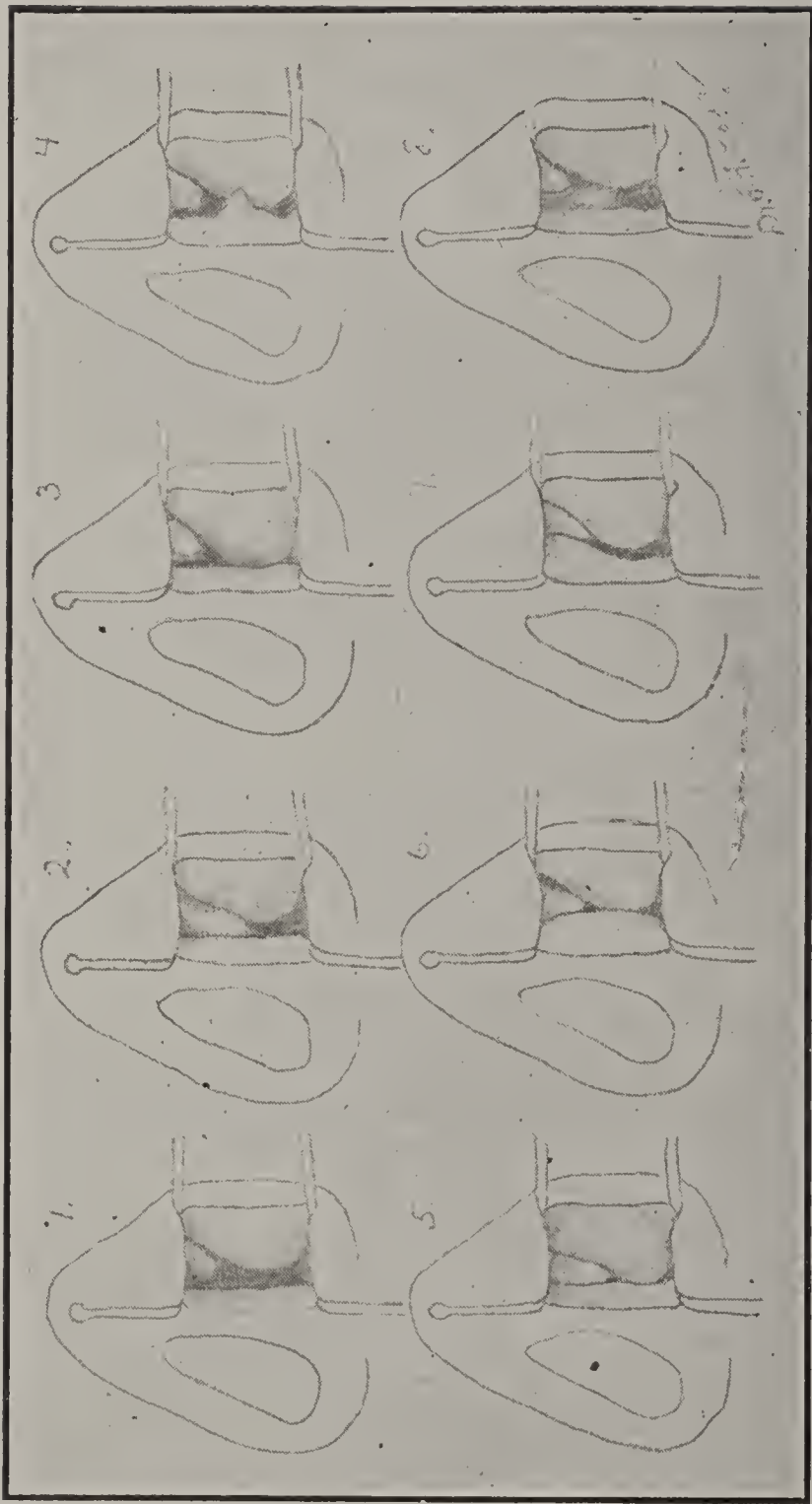
Ulcer of cornea can be seen by careful examination, often as small as a pin head, a small, dirty, gray, white looking spot. The eye is red and inflamed and sensitive to light. Pain is severe and deep. Sometimes iritis develops. If the ulcer is not checked it may perforate the cornea and the eye be lost. There are many varieties of corneal ulcer, but we will not attempt to describe them here. If an ulcer reaches much size and depth it is sure to leave a white scar when it heals.



Cut No. 4. Phlyctenular keratitis: Small ulcer easily seen on corneal margin, photophobia.



Cut No. 5. Corneal ulcer: Easily seen by careful inspection, painful; eye red and inflamed.



(Original lead pencil drawings by the author.)

Treatment: Atropine sol., 1 per cent, in eye four times a day, argyrol 15 per cent may be combined with the atropine. The ulcer should be cauterized with carbolic acid or the actual cautery. This should be done promptly, as it is the most effective means of checking the extension of the ulcer. These six eye conditions include practically all the commonly met acute eye troubles.

OPHTHALMIA NEONATORII

Ophthalmia neonatorum, a violent inflammation of the eyes of the new-born babe, starts with a severe conjunctivitis and often an ulcer of the cornea follows quickly, with great destruction to the eye. It generally occurs within a few days after birth, the infection coming from the birth canal of the mother. Prompt instillation of one drop of 2 per cent silver nitrate sol. put in eye just once and followed with one drop of argyrol sol. 15 per cent every three hours is usual treatment. The infection is nearly always gonorrhoeal. We sometimes get a combination of two or more forms of eye inflammation, but this is more apt to be after the trouble has continued for some time. The most important thing to remember is to make a *careful examination*, with a good glass and good light.

(Eye illustrations drawn from life by the author.)—From *The American Physician*, Philadelphia, Pa.

FALLING HAIR

See *Alopecia* and *Alopecia Areata*; also
Dandruff.

FALLING OF RECTUM

See *Prolapsus Ani*.

FALLING OF WOMB

See *Prolapsus Uteri*.

FECAL IMPACTION

Fecal Impaction:

Equal parts hydrogen peroxide and water
injected high up will dissolve and dislodge.
M. D., Va.

Fecal Impaction:

℞ Olive oil, ℥viii.

One egg yolk.

Water, 1 quart.

M- Sig: Inject slowly and retain about
half hour.

DR. W. D. B. LESTER,

1852 State St.,
Schenectady, N. Y.

Fecal Impaction; Rectal:

With fountain syringe inject one or two pints kerosene and in a few minutes patient will expel the hard mass without pain.

M. D., Cal.

Fecal Impaction; Rectal:

Give enema of hydrogen peroxide 3 ounces and water 9 ounces. This will soften and make use of finger unnecessary and save rubber gloves.

M. D., Mich.

Fecal Impaction:

See under *Tetanus*.

FEVER

Fever; From Most Any Cause:

Give plenty boiled water as hot as patient will take it, repeat a few times and see how the temperature declines.

DR. JOHN M. EKREM,
Mobridge, S. Dak.

Fever; Aches and Pains:

℞ Aspirin, 3.0

Phenacetin, 3.0

Caffein, 2.0

Codeine, 0.2

M- et div. caps. No. xv.

Sig: Give as desired. If desire to make sweat give with glass hot lemonade.

M. D., Cal.

Fever; Aches and Pains:

℞ Sod. salicy., gr. v.

Acetanilid, gr. iss.

Quin. sulph., gr. $\frac{1}{4}$.Caffein cit., gr. $\frac{1}{2}$.

M-ft. one cap. or tab.

Sig: One such dose every two to six or eight hours.

M. D., Canada.

Fever; Restlessness, Children:

℞ Phenacetin, gr. ss.

Sodii bicarb., gr. i.

Hyd. chlo. mit., gr. $\frac{1}{10}$.Pulv. ipecac et opii, gr. $\frac{1}{10}$.

M-ft. tabs. or charts No. x.

Sig: One every three hours.

DR. J. W. BROWNSON,

Dubuque, Iowa.

Fever; Typhoid:

See *Typhoid*.

Fever; Malarial:

See *Malaria*.

Fever; Black-Water:

See *Malarial Hematuria*.

FIBROIDS

Fibroids; Uterine:

An inexpensive, slow but positive remedy is chromium sulphate 4 grain tablets three times daily for several months. Will cause disappearance of pathological symptoms in your cases; can not or will not be persuaded to undergo surgical treatment. Rarely will this fail to reduce size of tumor, improve rectal and bladder symptoms as well as hemorrhage.

Also effective in enlarged prostates and the only complaint (?) made is about the increased sexual appetite.

M. D., S. C.

FISSURE

Fissure; Anal:

Apply an ointment made of salicylic acid and oil thuja and get gratifying results.

M. D., Wis.

FISTULA

Fistula; Rectal:

A 10 per cent argentum nitrate sol. injected with a glass syringe into a fistula cures 90 per cent.

If it is complete use vaseline in rectum to protect it.

M. D., W. Va.

Fistula:

In fistula and sores with deep holes when in muscles of sufficient size, cupping with the Bier's hyperemic treatment gives good results.

M. D., Okla.

FELON (Whitlow)

Felon:

Best treatment even after suppuration has started. Keep bandaged and saturated with tr. aconite root. Never fails.

M. D., Tenn.

Felon; To Abort:

Saturate a piece of absorbent cotton with grain alcohol, bind on and cover with finger cot and leave on. Usually cured in seventy to seventy-four hours.

M. D., Cal.

Felon:

To abort or hasten, first, when the felon has just started, bind to the finger equal parts of slaked lime and laundry soap; repeat this every six hours. Before applying pick the part affected with a clean needle or knife until the tough skin is well removed. This will abort if used early and hasten if used late.

To relieve pain and hasten cure after felon has been opened, roast an onion until it is well done, then mash it to a pulp and add 15 to 20 drops of tr. opium, then bind on. This will give immediate relief and hasten the cure. Repeat this every two or three hours.

DR. J. A. GREEN,
Crosbyton, Texas.

FLATULENCE

Flatulence:

℞ Mistura hydrastis comp. (Schlotterback's).
Sig: Teaspoonful in water after meals.
M. D., Conn.

FLUX

See *Dysentery, Diarrhoea, etc.*

FRECKLES

Freckles:

℞ Mercury bichlorid, 1 part.
Zinc sulphate, 2 parts.
Lead acetate, 2 parts.
Aquae dest., 250 parts.
Alcohol, 50 parts.
M- Sig: Wash and brush face and moisten
with above. Stop when peeling begins.
M. D., Ind.

Freckles; Tan, Lotion:

℞ Zinc sulph., ʒii.
Mercury bichlorid, gr. xxx.
Oil almonds, ʒi.
Aquae rose et aquae dest., q. s. ad 1 gallon.
M- Sig: Apply at night.
M. D., Kan.

Freckles:

℞ Alumn, ʒi.
Lemon juice, ʒi.
Aquare rosae, q. s. ad ʒvxi.
M- Sig: Apply as often as needed.
M. D., Iowa.

FROSTBITE

See *Chilblains*.

GALL-STONES

Gall-stones:

R Sodium succinate, ʒv.

Urotropin, ʒii.

Cascara pulv., ʒiiss.

M-fiats caps. No. lx.

Sig: One capsule four times daily and the following:

R Calomel, gr. v.

Aloes, pulv.

Rhubarb pulv., aa gr. ii.

Ext. hyoscyamus root.

Podophyllin pulv., aa gr $\frac{1}{8}$.

M-fiats capsule one.

Sig: Take one such capsule at bedtime once a week.

This is a dandy treatment. Try it.

M. D., Tex.

Gall-stones:

Give three drops chloroform on sugar repeated as often as needed for the pain and give 5 grains sodium succinate four times daily for months.

M. D., Tenn.

Gall-stones:

℞ Spec. med. lobelia, ʒv.
 Fl. ext. podophyllin, ʒiv.
 Fl. ext. dioscorea, ʒi.
 Chloroform water, q. s. ad ʒiv.
 M- Sig: Half to a teaspoonful in water
 three times daily.

M. D., Va.

Gall-stones:

℞ Lithium benzoate, gr. xx.
 Aquae, q. s. ad ʒiv.
 M- Sig: Teaspoonful four or five times
 daily will cure the majority of cases not
 already condemned to the knife.

M. D., Mo.

Gall-stones:

During attack give Homeopathic tincture
 berberis vulgaris 4 drops in a little water
 every fifteen minutes.

After the attack give 4 tablets china offi-
 cinalis 30x half hour before each meal for
 four days, then once a day for four weeks,
 then once a month for four months. Three
 ounces olive oil (warmed and salted) at bed-
 time twice a week insures a cure.

M. D., Wash.

Gall-stones:

A cup of cold olive oil at bedtime, one Seidlitz powder next morning, no breakfast, a tablespoonful Epsom salts at noon.

DR. HARLAN PAGE,
3 Arcade Bldg.,
Newburg, N. Y.

Gall-stones:

Natrum sulph. 6x, three to five tablets every two to four hours; mag. sulph., 10 to 20 grains before meals. Keep this up for a year or more.

For the colic give mag. pho. 6x or 30x three to five tablets in tablespoonful hot water every 5 to 30 minutes. Specific medicine dioscorea dram doses also good for the pain.

M. D., Ind.

Gall-stones:

Put a teaspoonful of ether in a half glass water and give a teaspoonful every five minutes until relief. I have given this a fair test for twenty-five years.

DR. J. L. HOLLEMAN,
Etawah, Ark.

Gall-stone; Colic:

℞ Spec. dioscorea, ʒss.

Aquae, q. s. ad ʒii.

M- Sig: Teaspoonful in half glass water every hour or two or as needed. Usually controls the pains.

M. D., Kan.

Gall-stones:

℞ Spec. med. berberis aquifolium 10 drops in water before meals.

Sodium phosphate (non-effervescent), teaspoonful in cup hot water sipped before breakfast.

Cholelith pills, between meals and at bedtime.

A corrected diet and Varicolate tablets to keep bowels open. Have cured many cases by persistent treatment for one or two years.

M. D., Mich.

GARGLE

See *Tonsilitis*.

GALACTOGOGUE

See *Agalactia*.

GAS-POST, OPERATIVE

Gas-post; Operative:

Hypodermic of subculoid lobelia
(Lloyd's).

One dram gives complete relief in few minutes.

(Contributor's name misplaced.)

GASTRITIS

Gastritis; Chronic:

Geranium maculatum (cranesbill) in 10 to 15 drop doses long continued will materially benefit.

M. D., Fla.

GASTRO-ENTERITIS

Gastro-Enteritis:

℞ Tr. opii camph.

Spts. etheris comp., aa ʒi.

M- Sig: Teaspoonful in cold sweetened water every 15 to 30 minutes until relief which will generally be within two or three hours.

DR. E. TRIPPEL,
O'Fallon, Ill.

Gastro-Enteritis:

See *Colitis*, *Illio-Colitis* and *Diarrhoea*.

GINGIVITIS

Gingivitis:

R Spts. mentha pip., ʒi.

Saloli, gr. xv.

Tr. catechu, ʒi.

Alcohol, or aquae, q. s. ʒii-iv.

M- Sig: Teaspoonful in warm water as mouth wash.

M. D., Cal.

Gingivitis:

R Iodine resub., gr. x.

Beechwood creosote, ʒii.

M- Sig: Apply to gums once or more daily.

M. D., Mont.

GLAND TRANSPLANTATION

Gland Transplantation:

This subject seems to be a "closed book." Could not get the technic, although numerous letters were written to parties supposed to know, requesting information and the replies were conspicuous by their absence. However, finally in answer to direct questions a Chicago M. D. advised that it seemed to make little difference whether the gland is placed in the tunica vaginalis proper or

simply within the scrotum, or even buried beneath the skin of the abdomen or elsewhere, since the gland is absorbed, after which the effects disappear gradually.

Dr. Arnold Lorand, in his book, "Life Shortening Habits and Rejuvenation," contends for the internal administration of thyroid and testicular extracts and shows very good reasons why this is preferable. This points to Harrower's Gonad Comp. No. 70 for the treatment of impotence and explains why this is the best treatment known.

See under *Books*. Also *Impotence*.

THE COMPILER.

GLANDS, ENLARGED

See under *Goitre-Colloid*.

GOITRE

Goitre; Simple:

Catch hold of a fold of skin over goitre and slightly pull and release quickly so as to produce a slight shock or wave through the tumor. Make a sort of pastime of the procedure and patient will find it effecting a cure in a few weeks.

M. D., Iowa.

Goitre; Simple:

Here is a good prescription for goitre.
Works well in most cases.

℞ Iodine crystals, gr. ii.

Pot. iodid, gr. iv.

Syr. simp.

Spts. vini recti., aa ʒi.

Aquae dest., q. s. ad ʒii.

M- Sig: Teaspoonful in wine glass water
hour after meals.

I also employ Iodex ointment locally, rubbing in well.

M. D., Okla.

Goitre; Simple:

℞ Spec. med. iris (Lloyd's), ʒi.

Aquae, ʒi.

M- Sig: Teaspoonful four times daily and
use colorless iodine externally every night.

Made thus:

℞ Tr. iodine, ʒ2/3.

Stronger ammonii, ʒ1/3.

M. D., Ohio.

Goitre; Simple:

Concuss 7th Cervical spine as for dilated
heart, which see.

Goitre; Simple:

Here is a treatment that does the work.

No. 1:

℞ Phenol, ʒss.

Tr. iodine, ʒii.

Glycerine, ʒiv.

Aquae dest., ʒi.

M- Sig: Inject few drops beneath skin over goitre every third day.

No. 2:

℞ Iodoform, gr. xl.

Aquae dest., ʒi.

Glycerine, ʒii.

M- Sig: Inject few drops into body of goitre every third day, alternating with No. 1.

M. D., Oregon.

Goitre; Colloid:

I have made a great many friends and had some wonderful results in colloid goitres, enlarged glands, enlarged or painful joints by making frequent local applications of a saturated solution of potassium iodide.

Some of my patients use it for bunions and corns also.

M. D., Pa.

Goitre; Simple:

See *Dysmenorrhea* and *Goitre of Adolescence*.

GOITRE, EXOPHTHALMIC (Hyperthyroidism)

Goitre; Exophthalmic:

℞ Ext. ergotae (aqueous), gr. i or ii.
Quinin hydrobromate (neutral), gr. v.
M-fiat pil. d. t. d. No. L.

Sig: One before meals and at bedtime.

Sthenic stage use also enteroclysis, hypodermoclysis or intravenous injections of normal saline solution bi-weekly.

M. D., N. Y. C.

Goitre, Exophthalmic; Insomnia of:

℞ Sod. bromid, gr. xx.
Chloral hyd., gr. v.
Hyoscine hydrobromid, gr. 1/200.
M-ft. pulvis d. t. d. No. xii.

Sig: One such powder in a glass water on retiring.

M. D., N. Y. C.

GONORRHEA

Gonorrhea; Prophylactic:

See *Venereal Prophylactics*.

Gonorrhea; Incipient:

Give 3 drops aconite 3x or 6x every hour for twenty-four hours. If no injections are used this will abort.

DR. JOHN F. KEENAN,
Pension Office, Washington, D. C.

Gonorrhea; Abortive:

Acroflavine 1:100 in normal horse serum. Fill urethra, seal and instruct patient to retain as long as possible before urinating. Should be used within first twelve hours. Causes no pain. The serum adds to the antiseptic qualities of the acroflavine.

M. D., Tenn.

Gonorrhea:

Although the remedies I use are as old as the disease, I think the wonderful results produced is due to the fact that I do not start astringents until the inflammation has reached its acme and the blood vessels are in a relaxed condition. I can assure you the following method will give results far better than the newer treatments are giving today. I have proven by treatment of hundreds of cases, that the inflammation reaches its height about the thirteenth to fifteenth day, therefore I prescribe as follows:

℞ Uriseptin, ℥viii.

Sig: Two teaspoonfuls in a half glass water three times a day for at least thirteen to fifteen days. The ardor urinae will cease quickly; there will be very little difference in the discharge until about the tenth or twelfth day, when it will become thinner. On the thirteenth or fifteenth I order:

℞ Zinc sulph., gr. xx.
Alum pwd., gr. xxv.
Acid carbolic, m. viii.
Aquae, ℥viii.

M- Sig: Use as injection three times daily after urinating.

Give oil santalwood 8 to 10 drops three times daily. The discharge will rapidly cease; there will be practically none by second or third day, but the injection should be continued until all is used. If discharge has not entirely ceased and the urine contains shreds and debris (until it is perfectly clear the patient is not well) a slightly stronger injection should be ordered.

℞ Zinc sulph., gr. xxv.
Alum pwd., gr. xxx.
Acid carbolic, m. viii.
Aquae, ℥viii.

M- Sig: Inject at least twice daily until urine is perfectly clear, which should occur in about another week; no medicine now necessary internally.

Wear a jock strap, it may prevent epididymitis; paint penis with tr. iodine, it helps prevent chordee; avoid shell fish, liquor and sexual excitement. DR. J. HENRY DOWD,
G. U. Surgeon Sisters Mercyband Hosp.,
Buffalo, N. Y.

Gonorrhea; Injection for:

℞ Zinc sulph., gr. x.
Zinc chloride, gr. iv.
Morphin acetate, gr. iv.
Aquae dest., ℥iv.
M- Sig: Inject sparingly after passing
urine.

M. D., Ind.

Gonorrhea; Internal Treatment:

℞ Balsam copaiba, ℥iiss.
Tr. benzoin comp., ℥i.
Spts. turpentine, ℥ss.
M- Sig: Teaspoonful t. i. d.

M. D., N. C.

Gonorrhea; Injection for:

℞ Bis. sub nit., gr. xx.
Zinc sulph.
Plumbi acetate, aa gr. x.
Tr. catechu, ℥iv.
Simple syr., ℥iii.
M- Sig: Use as injection several times
daily, holding penis upright for few
minutes to allow the bismuth to settle in
urethra.

M. D., Miss.

Gonorrhea and Gleet:

℞ Balsam copaiba, ℥iss.
 Spts. nitrous ether, ℥iii.
 Oil cubebs, ℥ii.
 Oil turpentine, ℥i.
 Mucilage acacia, q. s. ℥viii.
 M- Sig: Shake well and take teaspoonful
 after meals and at bedtime.

M. D., Iowa.

Gonorrhea; Chronic:

℞ Cocoa butter, ℥i.
 White wax, ℥i.
 Melt and add silver nitrate (dissolved in
 water), gr. v.
 M- Sig: Dip about two inches of medium
 metal sound into melted salve, cool and
 insert into deep urethra; leave in for 15
 to 30 minutes. Apply twice a week. If
 necessary precede by massage of prostate
 gland.

DR. R. J. WENZEL,
 218 Logan Bldg.,
 St. Joseph, Mo.

Gonorrhea; Chronic:

Where there is that "morning drop" and prostatic enlargement, use Mercurochrome (Hynson-Westcott, Baltimore) in varying though increasing strength, 1 to 3 per cent or more in the bladder introduced by the use of a rubber catheter; begin by adding to this solution spec. thuja 3 gtts. and increasing 1 gtt. every day until tolerance demands stop. As a rule there are warts in the urethra, bladder or about the prostate gland. About the time of tolerance your patient begins to pass little slugs, which you may find are just exfoliated warts. When the field is cleared there will be no more "morning drop." Have a few times resorted to a weak solution of resorcin to clear the track, but in this way I clear it. I am sure I got as much as two ounces papalomas from the urethral tract in one week in a recent case. Then there was a well man. I think warts may be found in most cases of gleet (gonorrhea, chronic), and what is more it is communicable beyond peradventure.

M. D., Okla.

Gonorrhea; Chronic:

Turpendine is a prescription that has real value in some cases, where you feel or know there are no warts, especially in dry, tender cases.

R Iodine 10 parts, spts. turpentine 15 parts,
glycerine 75 parts, or in this proportion.
About 15 to 20 gtts. will usually get the
answer. I've tried it.

M. D., Okla.

Gonorrhea; Chronic:

R Zinci dido-para-phenolsulphate, 2.0-2.5
Bismuth salicyl., 2.0
Aquae dest., 200.0

M- Sig: Injection to be used t. i. d. Will
remove the "ugly morning drop."

DR. A. H. WARNER,
New York City.

Gonorrhea; Female:

First cleanse gastro-intestinal tract and
load with big doses sodium bicarbonate, then
use the following local treatment:

Cleanse vagina, cervix and urethra with
sat. sol. boric acid, dry with pledget cotton,
held by a uterine forcep, then dip a pledget
in a 1 per cent aqueous sol. methylene blue
and carry it up to the internal os-uteri.

Rub in thoroughly. Special care should be taken to carry the solution into the fornices and to paint the lateral walls of vagina which protrude between valves of the speculum, as well as the mouth of the urethra.

Treat twice a week and instruct patient to use a douche of sterile water twice daily, except the night after the above treatment has been given. This is the very best I know of. M. D., Mo.

Gonorrhea; French Secret:

See *Venereal Prophylactics*.

GOUT

See *Rheumatism and Gouty Conditions*.

GRANULATED LIDS

See *Trachoma*.

GRAVEL

See *Renal Calculi*.

HAY-FEVER

Hay-Fever:

℞ Liq. adrenalin chlorid (1:1000), ʒi.

Vaseline alba, ʒi.

Adeps lanae hydrosi, ʒi.

M- Sig: Apply this ointment to nasal mucosa as needed. M. D., N. Y. C.

Hay-Fever:

See *Asthma*.

HAIR DYE

See *Toilet Preparations*.

HEADACHE

Headache:

℞ Aspirin.

Phenacetin, aa gr. xl.

Caffein cit., gr. xxiv.

M-ft. caps. No. xii.

Sig: One capsule every four hours.

The best and takes less than average coal tar remedies.

M. D., Kan.

Headache:

℞ Caffeinae (Alk.), gr. xii.

Sodii salicylate, ʒi.

Ammonii bromidi, ʒi.

Acetanilidi, gr. xl.

Spts. ammoniae arom., q. s. ʒii.

M- Sig: Teaspoonful well diluted as needed.

M. D., S. C.

Headache; Neuralgia:

- ℞ Acetphenetidin, gr. ii.
Acetylsalicylic acid, gr. iv.
Tr. gelsemium, m. iii.
Caffein, gr. $\frac{1}{4}$.
M-ft. one pulv.
Sig: One such powder repeated as needed.
M. D., Ind.

Headache; Sunpain:

- Comes on in the morning and leaves before night. They demand help. Here it is:
℞ Quinin sulph.
Iron ferrocyanide, aa.
M-ft. in No. 1 capsules.
Sig: One every three hours.
Also good for angina pectoris if long continued.

DR. H. O. S., Mo.

Headache; Sick:

Concuss fifth Thoracic spine same as for Heart, Dilated, which see.

Headache; Sick, Migraine-Hemicrania:

- ℞ Sod. salicylate, 1.0.
Potas. bromid, 1.0.
M- Sig: Give before the onset. In very nervous people give in divided doses.
M. D., Okla.

Headache; Frontal:

Can often be cured in two minutes by wetting a small piece of cotton with acetic ether and wiping across the forehead and over the temples, then holding it in place on the forehead for a minute.

M. D., Mo.

Headache:

See *Pain*.

HEART DISEASES

Heart; Dilated:

Concuss seventh Cervical spine with a common plexor and pleximeter, two seances with interval, so that whole period does not exceed half minute. Do this twice daily until cured. Same for aneurism and goitre.

Heart Diseases:

R Spec. med. crataegus (Lloyd's), ʒi.

Spec. med. cactus grand., ʒi.

Aquae dest.

Syr. simplisis, aa q. s. ad ʒiv.

M- Sig: Teaspoonful four times daily at regular intervals.

For organic and functional heart diseases.

M. D., Colo.

Heart; Sedative:

℞ Strontii bromidi, ʒss.

Strychnin nit., gr. $\frac{1}{4}$.

Elix. adjuvantis, ʒiv.

M- Sig: Two teaspoonfuls for full bounding heart repeated every three hours until relieved.

DR. ORVILLE JENNINGS,
108 Ouachita Ave., Hot Springs, Ark.

HEAT

See *Prickly Heat*.

HEMORRHAGE

Hemorrhage:

Prepare a 1-1000 watery solution of methylene blue. Apply with sponge, applicator or tampon to any bleeding part. Give by mouth for hemorrhage from esophagus or stomach. For bleeding from intestines give by mouth followed by a glass of water and concuss the fifth Thoracic spine to empty stomach contents into intestines. Use with confidence in all hemorrhages not requiring ligation of a large vessel. It is our best hemostat.

DR. E. M. PERDUE,
1003 Forrest Ave., Kansas City, Mo.

Hemorrhage:

Local application of powdered permanganate potash is an excellent hemostat.

M. D., Tenn.

Hemorrhage:

℞ Stypticin, gr. xx.

Ergatole, ℥i.

Liq. adrenalin, ℥ii.

Syr. auranti cort., ℥ss.

Aquae menthae pip., q. s. ad ℥iv.

M- Sig: Teaspoonful every three hours.

M. D., Ark.

Hemorrhage:

℞ Cal. chloridi, ℥i.

Hamamelis fl. ext., ℥ii.

Syrup simplicis, ℥v.

M- Sig: Teaspoonful hourly when needed.

DR. SAMUEL KISTLER,

3116 So. Vermont Ave.,

Los Angeles, Cal.

Hemorrhage; Intestinal:

℞ Eugenia cordial (Flint Eaton, Decatur, Ill.).

Sig: Pushed to full dosage gives good results.

M. D., Ohio.

Hemorrhage; Cerebral:

See *Apoplexy*.

Hemorrhage; Uterine:

See *Menorrhagia and Metrorrhagia*.

HEMOPTYSIS

Hemoptysis:

Atropin is almost a specific. One dose of 1-100 grain will usually stop at once but can be repeated to effect. Then give 1/150 grain every night for week or more.

(Name lost in the shuffle.)

HEMORRHOIDS (Piles)

Hemorrhoids:

℞ Lead acetate.

Ext. belladonna.

Tannic acid, aa ʒi.

Pulv. opii, ʒss.

Vaseline, pure white, ʒi.

M- Sig: Apply night and morning. A
sure cure.

DR. EDWIN B. ELLIS,
Prudon, Tex.

Hemorrhoids:

R Tannic acid, ʒss.

Pine tar, ʒi.

Morphin sulph., gr. ii.

Adeps benzoated, ʒi.

M- Sig: Apply as far up rectum with fingers as possible, or cut a piece the size of a pea and insert night and morning. Avoid constipation.

M. D., Wash.

Hemorrhoids:

R Fl. ext. collinsonia.

Fl. ext. witch hazel, aa.

M- Sig: Give 20 to 30 gtts. t. i. d. This cures recent cases quickly and chronic cases will be relieved in few days.

M. D., Iowa.

Hemorrhoids:

Thymol Iodide (Aristol) is the only drug for quick relief from the so-called "itching" piles. Apply the powder on absorbent cotton.

M. D., W. I.

Hemorrhoids:

Dilate well and keep bowels open.

M. D., Ill.

Hemorrhoids:

Inject a 4 per cent solution of quinin and urea in distilled water between the mucous and muscular coats at the apex of the base. (Ireland's Method.)



This strangulates the blood supply by throwing out and contracting of fibrous tissues, a few drops, five or more on either side. It cost me over \$200 to learn this treatment.

A Birmingham, Ala., physician advises that a 10 to 20 per cent solution, injected directly into the center of the pile tumor same as the carbolic acid treatment, gives the same results without sloughing.

THE COMPILER.

Hemorrhoids:

R̄ Pv. ext. lobelia, gr. xx.

Pv. ext. caulophyllum, gr. xv.

Pv. ext. xanthoxylum, gr. xii.

Berberine, gr. xii.

Cocoa butter, q. s.

M-ft. rectal suppos. No. xii.

Sig: Insert one night and morning.

M. D., Spokane, Wash.

Hemorrhoids; External Thrombotic:

Dionol seems to have given me excellent results in external thrombotic piles. Apply freely and often. They perish.

M. D., Tenn.

Hemorrhoids:

When there is itching, ulceration, swelling and inflammation.

℞ Fl. ext. stromonium, ℥i.

Balsam Peru, ℥i.

Carbolic acid, m. xx.

Castor oil, q. s. ℥iv.

M- Sig: Apply warm over the entire inflamed area.

M. D., Tenn.

Hemorrhoids:

℞ Tr. asculus hip., ℥i.

Tr. collinsonia, ℥i.

Tr. hamaelis, ℥i.

Aquae, as. ad ℥iv.

M- Sig: Teaspoonful four times daily.

Note: The Homeopathic Mother Tinctures are intended in the above.

M. D., Miss.

HERNIA

Hernia:

Injection for the cure of.

R Phenol, ʒi.

Glycerin.

Aquae, aa ʒii.

M- Sig: Inject syringeful into the canal between internal and external ring. Repeat in about a week or when the soreness, which is slight, disappears. Keep truss fitted well until some months after treatment is discontinued. Very successful.

Or

R Calendula.

Thuja, aa ʒi.

Phenol, ʒii.

M- Sig: Use same as above.

M. D., Ky.

Hernia; Pains of:

A layman writes that he suffered intense pains from a rupture for years when someone recommended eating beans for relief. Says he began eating a fair sized dish of beans (does not state kind) and will give his oath to the effect that he has never suffered the least pain since.

A LAYMAN, Palmyra, N. Y.

Hernia; Strangulated:

To reduce, flex the patient's limbs and give large doses H. M. C. hypodermically, three tablets, four if the patient is suffering much. Apply hot fomentation and the patient goes to sleep. When he wakes, which he will do, the hernia is in. I have had success with this method after failing with chloroform.

M. D., Md.

HERPES ZOSTER (Shingles)

Herpes Zoster:

℞ Salicylic acid.

Gum camphor, aa gr. xxiv.

Oil sassafras, m. xx.

Petrolatum, ʒi.

M- Sig: Apply to parts every three or four hours. A sure cure.

DR. U. S. CORDELL,
Macomb, Okla.

Herpes Zoster:

℞ Pil. zinci phosphidi, gr. 1/10, No. xxi.

Sig: One pill after each meal and paint the eruption with flexible collodion as needed.

The treatment and the only treatment for shingles.

DR. W. G. HARRIS,
Plano, Tex.

Herpes Zoster:

Paint lesion with flexible collodion. Give one 8 minim tablet nuclein every two hours and use galvanism, positive pole over spine at exit of the nerves affected. Use daily. Relief prompt and sure.

M. D., Ill.

Herpes Zoster:

Patients over forty-five years of age give internally mezereum 3x, six pellets hourly. Younger persons rhus tox. 6x same way. Paint lesion with collodion.

M. D., Cal.

Herpes Zoster:

Balsamic Ointment (Nat. Drug Co.) applied early will abort.

M. D., W. Va.

Herpes Zoster:

I have used Campho-Phenique applications for fifteen years and never found anything else to equal it.

M. D., Canada.

HICCOUGH (Singultus)

Hiccough:

℞ Chloroform, ʒss.

Liq. petrolatum, ʒi.

M- Sig: Give half the above and repeat in thirty minutes if necessary. This will relieve unless you are dealing with something medicine will not reach, like sub-diaphragmatic abscess.

Original prescription called for ounce of chloroform, but that looks like too much.

M. D., Mich.

Hiccough:

℞ Spec. belladonna, m. x.

Chloroform, m. xv.

Aquae, q. s. ʒi.

M- Sig: Teaspoonful repeated as necessary.

M. D., Ind.

Hiccough:

Cicutine hydrobromide gr. 1/16 used hypodermically every two or three hours. I have not had a failure in the worst cases in consultation. If you can not get the alkaloid excanium maculatum 15 gtts. every hour or two.

M. D., W. Va.

Hiccough:

R One drop oil cinnamon or cassia on a small lump of sugar is the only treatment. Try it and see.

M. D., Ill.

Hiccough:

Stop it by giving oil cajeput, one drop on sugar, every hour.

M. D., Mo.

Hiccough:

Use a spoon handle, press tongue down and back with a steady force. It will work every time.

M. D., Cal.

Hiccough:

Give lobelin sulphate gr. 1/100 and repeat if necessary.

M. D., Tex.

Hiccough:

Give 3 to 10 drops tr. iodine in half glass water and the singultus stops. This is also excellent for the vomiting in influenza.

DR. A. L. NOURSE,
Anniston, Ala.

HIGH BLOOD PRESSURE

See *Blood Pressure; High.*

HIVES

See *Urticaria.*

HOARSENESS

Hoarseness:

When persistent may be quickly relieved by free painting with tr. iodine daily over the cricothyroid membrane area.

If of tubercular origin then use liquid guaiacol every four hours.

M. D., Mich.

HYDROCELE

Hydrocele:

R Thuja (Lloyd's), ʒi.

Aquae dest., ʒi.

M- Sig: Inject one dram into the sac after drawing off most of the fluid. Instruct patient to keep quiet for a few days.

DR. W. B. WOOD,
1066 E. 45th St.,
Los Angeles, Cal.

Hydrocele:

R Spec. med. thuja (Lloyd's), ℥i.

Aquae dest, ℥i.

M-Sig: First empty the contents of the tunica vaginalis with trocar and canula. Then inject one or two drams of the above at body heat through the canula. Withdraw canula and knead scrotum well.

M. D., Colo.

Hydrocele:

After having treated hundreds of cases with iodine and phenol of different combinations and strengths, have discarded all for the following more simple one:

R Spec. thuja.

Very warm water, aa ℥ss.

M-Sig: Draw into a hard rubber syringe about two drams of this mixture and place it where it will remain warm.

Now introduce canula or large exploring needle into the sac, allowing the fluid to escape; now place nozzle of the syringe containing the warm mixture in mouth of the canula or needle and with some force quickly empty it into the sac, withdraw and massage thoroughly and seal puncture with flexible collodion. The pain which follows will last

about an hour. The scrotum will swell looking like treatment is unsuccessful, but in about two weeks will go down to normal and you have a permanent cure.

M. D., Miss.

Hydrocele:

After tapping push through canula and leave in 18 or 20 inches of sterile catgut No. 1 or 2. Ninety-nine and ten-tenths positive.

DR. H. N. OLIPHANT,
Frankfort, Ind.

HYPERIDROSIS (Excessive Perspiration)

Hyperidrosis:

R Formaldehyde, 3vi.

Oil rosemary, 3ss.

Alcohol, q. s. ad 3vi.

Color to suit, if desired.

M- Sig: Bathe armpits, feet or the parts that sweat excessively with hot water, then apply the above solution lightly night and morning until improvement occurs, then lengthen to twice a week.

Sweating of the armpits is very stubborn and this may have to be repeated occasionally throughout the year.

M. D., Ill.

Hyperidrosis; Axillary:

Excessive sweating of armpits effectively controlled by applications of a 1 per cent formalin solution, followed by applications of pure undiluted hydrogen peroxide.

M. D., N. M.

Hyperidrosis:

Relieved by applications of thuja in water three times daily.

M. D., Tenn.

Hyperidrosis; Fetid:

See *Bromidrosis*.

HYPERTHYROIDISM

See *Goitre-Ex-Ophthalmic*.

HYSTERIA

Hysteria:

℞ Quinin sulph., gr. xxiv.

Capsicum pwd., gr. xxxvi.

Ammonium chlorid, gr. xlviii.

M-fiat charts No. xii.

Sig: One powder in tablespoonful cold water every hour until relieved. Then discontinue.

Note: Always give orders to nurse loud enough so that patient will thoroughly understand that the medicine is to be given only when feeling as if a spell was coming on and must not be given any other way except in cold water.

DR. W. W. W., Ark.

Hysteria:

℞ Spec. med. pulsatilla, ʒi.

Aquae, q. s. ad ʒiv.

M- Sig: Teaspoonful every half hour until relieved, then every hour.

M. D., Ill.

IDIOCY

Idiocy; Cretinoid or Myxoedematous:

℞ Tabloid thyroid gland, gr. $\frac{1}{4}$ - $\frac{1}{2}$.

Tabloid thymus gland, gr. ii.

Calcii hypophosphidum, gr. iv.

M-fiat. caps. vel pilulae d. t. d. No. L.

Sig: Take one or two such doses twice thrice or oftener per day.

DR. REGINALD MILLER,

552 West 114th St.,

New York City.

ILEO-COLITIS

See *Diarrhoea; Summer.*

IMPETIGO, CONTAGIOSA

Impetigo:

Bathe affected parts with warm antiseptic solution, then use the following:

℞ Ungt. mercury ammon.

Ungt. zinc oxide, aa ℥iv.

Ungt. boric acid, q. s. ad ℥ii.

M- Sig: Apply after the antiseptic wash to effect; use no more water thereafter.

M. D., Tex.

Impetigo:

℞ Dissolve one bichloride mercury and ammonium chloride tablet ($7\frac{1}{2}$ gr.) in a quart of water.

Sig: Moisten compresses and apply twice or thrice daily. A cure in very few days.

M. D., N. M.

Impetigo:

Simply, ungt. ammoniated mercury as needed.

M. D., Conn.

IMPOTENCE

Impotence:

℞ Gonad Comp. (Harrower), No. C.

Sig: One q. i. d. a. c. gradually increased to 6 or 8 daily and continued for several weeks. M. D., Tenn.

Impotence:

℞ Tablets Adreno-Spermin Comp. (Harrower).

Sig: One tablet four times daily.

For impotence and general run down condition of system. M. D., Colo.

Impotence:

Aloin is a great remedy for lost manhood. Give 1/20 grain three times daily for six weeks, then twice daily for same period. Mix it with powdered benzoin 1/2 grain and ext. licorice q. s. to make a tablet.

M. D., Wis.

Impotence; Irritable:

℞ Tr. sanguinaria, ʒiii.

Fl. ext. styllingia, q. s. ʒi.

M- Sig: Give 15 to 20 gtts. in water, t. i. d.

This especially works when genitals are more or less relaxed. M. D., Wis.

Impotence:

“Hindoo Salve” for weak men.

R Fl. ext. muria puama, m. xxx.

Fl. ext. capsicum, m. v.

Fl. ext. nux vomica, m. xxx.

Lanolin, ʒi.

M- Sig: Apply every night to the parts
after a warm salt water bath.

M. D., Wis.

Impotence; Partial:

For fagging of the sexual powers in man or beast, surgically shorten the scrotum and note the improvement. This discovery came to me by accident, when a sawmill hand fell astride a running belt and lost most of his scrotum, while the testes were unharmed. For more than a year before his sexual powers were lost, then ten months later there was a baby of his own at his home.

M. D., Okla.

Impotence:

See *Neurosis, Sexual*; also *Aphrodisaic*.

INCONTINENCE

See *Enuresis*.

INDIGESTION

Indigestion:

R Arom. spts. ammonia, m. viii.

Spts. ether nitrosi, m. iv.

Spts. camphor, m. iv.

M- Sig: The above to be given at one dose in about an ounce of water and repeated in about fifteen minutes if necessary.

Almost specific for heartburn and sour stomach.

DR. J. W. GREENWOOD,
835 W. Fayette St.,
Baltimore, Md.

Indigestion:

R Hydrochloric acid dil., ℥ii.

Fl. ext. nux vomica, m. xii.

Bis. sub nit., ℥ii.

Elix. lact. pepsin, q. s. ad ℥vi.

M- Sig: Teaspoonful before meals.

M. D., Kan.

Indigestion:

R Tr. nux vomica, ℥iv.

Tr. quassia, ℥vi.

Hydrochloric acid dil., ℥iv.

Aquae dest., q. s. ℥iii.

M- Sig: Teaspoonful in half glass water after meals.

M. D., Ohio.

Indigestion:

Gas and uncomfortable feeling after eating.

R Bis. salicy., ℥iii.

Glycero pepsin, ℥iv.

Glycerine, ℥i.

Tono Sombul (Warner), q. s. ℥iv.

M- Sig: Teaspoonful after eating gives immediate relief.

DR. HOMER H. NEFF,

Spring Hill, Kan.

Indigestion:

R Strychnin nit., gr. $\frac{1}{4}$.

Ess. pepsin (Fairchild), ℥i.

Ess. pancreas, ℥iss.

Elix. adjuvantis, q. s. ad ℥iv.

M- Sig: Two teaspoonfuls every three hours.

M. D., Ark.

Indigestion:

R Tr. nux vomica, ℥ii.

Tr. gentian comp., ℥iss.

Elix. lact., pepsin, q. s. ad ℥iii.

M- Sig: Teaspoonful in water after meals.

M. D., Mo.

Indigestion:

℞ Magnesium carb.
 Mag. sulph., aa ℥iv.
 Spts. ammonia arom., ℥iv.
 Ess. mentha pip., ℥ii.
 Glycerine, ℥iii.
 Aquae dest., q. s. ad ℥viii.
 M- Sig: Tablespoonful in a little water
 after meals.

M. D., Mo.

Indigestion; Acute, Gas:

℞ Hoffman's anodyne, ℥ii.
 Sig: Teaspoonful in a teacupful of warm
 water. Repeat in half to one hour if
 necessary.

Has never failed to give perfect relief
 for me.

DR. E. HILLARD,
 Granbury, Texas.

Indigestion; Gas:

Can be relieved and cured very quickly
 by taking 10 grains bismuth subgallate be-
 fore meals.

M. D., Kan.

Indigestion; Gas and Acidosis:

℞ Lactis magnesia (Phillips'), ℥ii.
Sod. bicarb., ℥ss.
Spts. ammonia arom., ℥ss.
Elix. lactopeptine, ℥ii.
Aqua mentha pip., q. s. ℥vi.

M- Sig: Two teaspoonfuls in half glass water after each meal. Shake well before taking.

DR. W. J. CHEWNING,
Fredericksburg, Va.

Indigestion; Gas, etc.:

℞ Chloroform, m. x.
Tr. belladonna, ℥iss.
Neutralizing cordial, q. s. ℥vi.

M- Sig: Teaspoonful before meals and at bedtime. If there is pain with the other symptoms add:

Fl. ext. condurango, ℥ss-i.
Specific cannabis indica, m. x.

Greasy, starchy and acid foods must be eliminated.

M. D., W. Va.

Indigestion; Intestinal:

℞ Liq. potas. arsenitus, ℥iss.
Nitrohydrochloric acid dil.
Tr. nux vomica, aa ℥ii.
Tr. gentian comp., ℥iss.
Elix. peptoenzyme, q. s. ℥iii.
M- Sig: Teaspoonful t. i. d. in water.
M. D., N. Y. C.

Indigestion; Intestinal, with Pain and Gas:

Tablets containing the following:

℞ Sod. salicylate, gr. i.
Phenol iodide, gr. $\frac{1}{8}$.
Guiacol, gr. $\frac{1}{4}$.
Oil cloves, m. i.
M- Sig: One or two tablets before meals.
This is the best thing I have ever found.
Put up by Flint Eaton, Decatur, Ill.
M. D., Ohio.

Indigestion; Of Pregnancy:

℞ Pulv. rhei, gr. x.
Sod. bicarb., gr. xx.
Ferri sub carb., gr. xv-xxx.
Bis. sub nit., ℥i.
M-et. div. in pulv. No. xii.
Sig: One powder half hour before each
meal. Take the morning dose before aris-
ing.
M. D., Md.

Indigestion; Nervous, with Constipation:

℞ Sodii bicarb., ℥ii.
Sodii bromid, ℥iv.
Ess. mentha pip., ℥ii.
Fl. ext. cascara arom., ℥iv.
Inf. gentian comp.
Syrupi rhei, aa q. s. ad ℥iv.
M- Sig: Teaspoonful every four hours.

DR. DONALD B. McHENRY,
Orangeville, Pa.

Indigestion; Nervous:

℞ Kalii bromide, ℥i.
Fl. ext. hyoscami., ℥i.
Elix. lact. pepsin, ℥iii.
Aquae, q. s. ℥vi.
M- Sig: Teaspoonful t. i. d.

Note: First drug in above is said by some to be contraindicated in affections of the stomach, but clinically the above prescription is serviceable in many instances.

M. D., S. C.

Indigestion; Nervous:

℞ Tr. cannabis indica.
Tr. gelsemium.
Tr. nux vomica.
Spec. med. matricaria, aa.
M- Sig: Twenty drops every three hours
to t. i. d. M. D., Wash.

Indigestion:

Saurkraut is noted for its superior anti-ferment properties, therefore let chronic stomach grunTERS get cured by eating same, chewing thoroughly and drinking the juice.

M. D., Cal.

Indigestion; Intestinal:

See treatment under *Pellagra*.

INFECTIONS

Infections and Contagions:

Give 1/10 grain calomel every four hours along with the generally indicated treatment.

M. D., Pa.

INFLUENZA (LaGrippe)

Influenza:

R Pulv. aspirin.

Pulv. phenacetin.

Pulv. quininae, aa gr. xv.

Pulv. salol, gr. x.

M-ft. caps. No. xii.

Sig: One capsule every three hours.

I used loads and loads of the above while in the army and am still using with good results. Begin by a thorough cleanout, then follow with the above and will invariably get good results and an appreciative patient.

M. D., Ky.

Influenza:

First give a teaspoonful of powdered cinnamon in a cup of water as hot as patient will take it and follow with calcidin $2\frac{1}{2}$ grains more or less every two hours for the first twenty-four hours, then less often as needed until complete recovery.

M. D., Memphis, Tenn.

Influenza:

R Calcium iodized.

Quinin.

Acetanilid, aa.

M-et. put in No. 3 caps.

Sig: After a saline laxative give one capsule every two or three hours.

M. D., Wis.

Influenza:

R Stron. salicy., gr. viiss.

Salol, gr. v.

Antipyrine, gr. iv.

Caf. citrate, gr. i.

M-ft. tallis charts No. x.

Sig: One powder q. three hours.

I have used this in hundreds of cases, confined women with "flu" and pneumonia with temperature of 105 F. without a death.

M. D., Colo.

Influenza:

℞ Sod. salicy., pure, ℥iv.
 Lig. ammonii acet. conc., ℥iv.
 Spts. ether nitrosi, ℥vi.
 Aquae dest., q. s. ℥iv.

M- Sig: Teaspoonful in half ounce water every two hours while fever is above 102 F. and every four hours when below. An aperient at beginning.

The above was given to 750 cases of inmates of the state asylum 1918-19, with only 17 deaths among these difficult patients to manage.

DR. GEO. HOWARD,
 Marble Falls, Tex.

Influenza:

℞ Quinin, gr. xv.
 Aspirin, gr. xxx.
 Dover's powder, gr. viii.
 Strychnin, gr. i.
 M- ft. caps. No. viii.
 Sig: One capsule every four hours.

DR. J. W. CHISHOLM,
 Roxie, Miss.

Influenza:

With vomiting, restlessness and threatening pneumonia. A hypodermic of H. M. C. (Abbott) quiets and seems to turn the tide for the better.

DR. A. P. O. NELSON,
Oakley, Idaho.

N. B. I have noted the same results.
(THE COMPILER.)

Influenza; Pneumonia:

In all cases complicated with marked symptoms broncho-pneumonia the application of the Foradic current generated from an ordinary dry cell battery (of two or three dry cells) to the chest walls. Place the moist sponge electrodes on anterior and posterior walls of chest and go over all parts thoroughly for 20 to 40 minutes, repeated daily until three or more treatments are given. Seemingly the happiest results have followed this treatment. Resolution supervenes almost immediately and recovery is rapid. I would greatly appreciate physicians equipped with the necessary devices would test the merits of same and advise me of results.

DR. E. L. HUME,
Milroy, Ind.

Influenza; La Grippe:

℞ Amm. salicylate, gr. iii.

Phenacetin, gr. i.

Salicin, gr. iss.

Caffein, pure, gr. ss.

M- Sig: Give one such dose as indicated.

M. D., Ind.

Influenza:

℞ Veratrum viridi (Norwood's), ʒi.

Asclepidoid gran., 1/12 gr. No. xxxii.

Tr. eupatorium perfoliatum, ʒiv.

M- Sig: Teaspoonful every two hours.

This saved every case during the epidemic.

M. D., Texas.

Influenza:

Give a large dose of Sherman's Comb. Bacterin No. 38 in the very beginning and you will surely cut it short. Do not be afraid of large dosage. The same in any acute disease.

THE COMPILER.

INGROWING NAIL

Ingrowing Nail:

Pour melted tallow on the sore place. There will be scarcely any pain and in a few days can complete cure by paring away the nail without any inconvenience.

DR. WM. E. KITCHELL,

St. Clair, Mo.

INTERTRIGO (Chafing)

Apply pure grain alcohol. Does it "hurt"? Well, yes, but a cure results.

M. D., Tenn.

ITCH

Itch; Winter:

I have found the following the best thing I ever saw for those troublesome cases where patient is not bothered during the day, but is tormented fearfully at night.

R Hydrargrum ammon., gr. xx.

Sulphur precp., ʒi.

Lanolin.

Petrolatum, aa ʒss.

M-ft. ungt.

Sig: Apply with friction at night after a scrub bath. Use few nights and skip few and apply again. DR. J. H. Cox,

Putnam, Va.

Itch:

All itching eruptions look alike to Balsamic Ointment. M. D., W. Va.

Itch:

See *Scabies*.

Itch; Barbers':

See *Barbers' Itch*.

IVY POISONING

See *Rhus Poisoning*.

JAUNDICE

Jaundice; Catarrhal:

Give plenty fresh apple juice, not the fermented. Pay no attention to the objections by some books and professors. Do what I tell you and get results. Half to one gallon per day. Works only in the catarrhal and not in those cases of tumors or malignancy.

DR. J. J. WALLER,
Oliver Springs, Tenn.

Jaundice; Catarrhal:

Give salicin one or two drams in twenty-four hours to adult weighing 150 pounds. Children in proportion to weight.

M. D., Mich.

KIDNEY DISEASES

Kidney Diseases; Diuretic for:

R̄ Tr. buchu, ℥ii.

Fl. ext. stone root (collinsonia).

Fl. ext. pareira, aa ℥i.

Pot. acetate, ℥i.

Holland gin, ℥ii.

Elix. simplex, q. s. ad ℥xxxii.

M-et filter.

Sig: Teaspoonful every four hours.

M. D., Pa.

See also *Nephritis, Dropsy, Uremic Convulsions, etc.*

LAGRIPPE

See *Influenza*.

LARYNGITIS

See *Pharyngitis*, under which heading both are treated.

LAXATIVES

Laxative-Cathartics and Purgatives.

Old Dutch Cleanser:

“Gets right through. Gets through right.”

℞ Sodii phos.

Sodii sulph.

Calcined magnesia, aa ʒi.

M- Sig: Teaspoonful in hot water t. i. d.

Sure thing.

DR. H. R. HOLMES,
27 East Monroe St.,
Chicago, Ill.

Laxatives; Family:

℞ Ext. colycinth pwd., ʒss.

Jalap pwd., ʒiii.

Gamboge, gr. L.

Mix with honey and make 180 pills.

Sig: One as a laxative, two as a purgative.

M. D., Cal.

Laxative; Family:

R Raisins.

Figs.

Flaxseed, aa ℥viii.

Olive oil.

Powd. senna, aa ℥iss.

Mix thoroughly together by grinding.

Sig: One-fourth to two teaspoonfuls at night.

DR. WM. C. BURNAMAN,
Washington, Kan.

Laxative; Fruit:

R Best seeded prunes.

Best seeded dates.

Best raisins.

Best figs, aa 1 pound.

Wash all in cold water. Mix thoroughly and run through grinder; while doing this add 10c worth senna leaves.

Sig: Teaspoonful at bedtime.

Will keep indefinitely in glass jars.

DR. J. B. DUNHAM,
Wenona, Ill.

Laxatives and Longevity:

Those I have known to live to a very ripe old age have enjoyed a regular lower bowel evacuation once a day or oftener. Let us religiously keep our minds upon our latter

ends until they have duly functioned daily, since this means health and comfort. We can not play the vassal to our passions and appetites and ever become the masters of our souls. Faulty metabolism is generally induced by an obstruction somewhere down the way. Glycosurea and albumenurea have their origin right here. Henley's Gray Powders will "cut the caper."

℞ Mag. sulph., ℥ixss.

Citric acid, ℥ss.

Atlas powder, ℥ii.

M- Sig: Take one teaspoonful every hour until action, then less often as necessary, using plenty water with each dose. You notice only a slight lemon taste if taken right [see how to take Epsom salts without tasting it, Miscellaneous]. Atlas powder only for appearances, it is inert.

DR. L. H. HENLEY,
Claremore, Okla.

Laxatives:

See under *Constipation*.

LICE

Lice; Head:

Apply freely to head and cover with a towel for half hour equal parts of kerosene and vinegar. Use fine comb. No more lice.

Lice; Body, All Kinds:

Soap chips 1 part to boiling water 4 parts, then add 2 quarts kerosene or gasoline, stir. This jellies when cold. One part of this jelly soap to 4 parts warm water makes a good and cheap liquid soap and will destroy all kinds of lice.

M. D., Okla.

LIVER SPOTS

See *Chloasma*.

LOCKJAW

See *Tetanus*.

LUMBAGO

Lumbago:

For thirty years 8 drops of oil winter-green on sugar repeated as needed has been my stand-by.

DR. S. J. ROSS,
St. Marys, W. Va.

Lumbago:

Rhus tox. 3x, drop doses every hour.

M. D., Alaska.

Lumbago:

Your Collection of Notes has been worth more than the cost to me in a case of lumbago. I used the iodine, ammonia collodion treatment with excellent results.

M. D., Ark.

Dr. A. T. Boots, Decatur, Ill., writes correcting the prescription, advising that spirits and not water of ammonia or aromatic spirits should be used, as they make an ugly mixture.

℞ Tr. iodine.
Spts. ammonia.
Collodion, aa.

Lumbago:

See *Arthritis, Rheumatism and Myalgia*.

MALARIA (Chills, Malarial Fever)*Malaria:*

℞ Quinin sulph., ʒiii.
Sulphuric acid arom., ʒiii.
Spec. med. gelsemium.
Spec. med. eupatorium, aa ʒi.

M- Sig: Three to five drops in capsule or water every three to five hours or as desired.

Each five drops approximates three grains quinin, but the combination is much more effective than single remedies. M. D., Ill.

Malaria and Enlarged Spleen:

R̄ Quinin hydrochloride.
Ferri phosphate, aa ʒi.
Pulv: capsici.
Pulv. myrrh, aa ʒii.
M-et pone in 5 grain caps.
Sig: One t. i. d. for adult. A liver stimulant and acid or alkali mixtures according to indications.

M. D., India.

Malaria; Chill:

Give 5 to 10 grains quinin five hours before chill time and repeat in four hours. This gives the effect in advance of the chill and one treatment is usually sufficient to "break it up."

M. D., Iowa.

Malaria; Chill:

During chill give drop doses tr. gelsemium every half hour. As soon as fever subsides, give 2 grains (or more) quinin bisulphate every three hours to keep off next one.

M. D., Mo.

Malaria:

Here follows the most valuable notes ever recorded:

Vitex peduncularis, native plant of Bengal, India. (Can be obtained from Doctor Bisharad's Laboratory, 2 Horo Kuman, Logon Squ., Calcutta). Infusion used as tea sure death to plasmodium. It is non-poisonous and not bitter.

The chara plants (*chara foetida*, *chara contraviva* and *chara hispida*) introduced or planted into malaria (mosquito) breeding area absolutely annihilates all larvae by a toxic substance given off by these plants. (Dr. Arturo Caballero, Prof. of Botany, University Barcelona, Spain.)

AN AFRICAN MISSIONARY, M. D.

Malaria; Vomiting of:

Give $\frac{1}{2}$ to $\frac{3}{4}$ cc. adrenalin solution subcutaneously and obtain prompt relief. By increasing the dose one-fourth and giving by mouth will also prove satisfactory. Then you can give quinin without distressing.

M. D., Okla.

Malaria:

℞ Rhubarb pwd., ℥i.
 Quinin sulph., ℥ii.
 Camphor, gr. xl.
 Carbolic acid, m. xv.
 Spts. fermenti, q. s. ad ℥xvi.
 M- Sig: Teaspoonful three or four times
 daily.

M. D., Tenn.

Malaria; Chill:

℞ Juice of three lemons.
 Quinin, gr. xx.
 Rochelle salts, ℥ii.
 Aquae, ℥xvi.
 M- Sig: Take one-third of the above a. m.,
 one-third m. and balance p. m. Repeat
 every day or two for few times. Should
 be repeated in two or three weeks.

M. D., La.

Malaria:

Lithiol is competing with quinin in the treatment of malaria. Two teaspoonfuls in glass water four times daily. Blood tests shows it to kill the malarial organism quickly.

M. D., N. Y. C.

Malaria:

℞ Quinin hydrochloride, 0.30
Methylene blue, 0.05
Arsenious acid, 0.005
Iron lactate, 0.10
M-ft. one dose.

Sig: Take one such dose every three or four hours.

M. D. ARECIBO,
Porto Rico.

Malaria; Infants':

Aristoguin with benzonaphthol is a good combination.

M. D., P. R.

Malaria:

A mixture of quinin, myrrh and capsicum is the most effective treatment.

Malaria; General Tonic:

℞ Tr. nux vomica, ℥iii.
Liquor potassii arsenitis, ℥ii.
Elix. lact. pepsin, q. s. ad ℥iv.
M- Sig: Teaspoonful four times daily.

A SOUTHERN M. D.

Malaria; Children:

Give a laxative and follow with:

R̄ Euquinine, gr. l.

Oil peppermint, m. ii.

Syr. simp., q. s. ℥ii.

M- Sig: Half to a teaspoonful as often as needed.

M. D., Miss.

Malaria:

R̄ Quinin, ℥i.

Acidi sulph. arom., ℥ii.

Syr. Tolu.

Aqua cinnamoni, aa ℥iss.

M- Sig: Teaspoonful every two hours during daytime.

DR. J. W. BROWNSON,

Dubuque, Iowa.

Malaria:

R̄ Quinin sulph., ℥ii.

Ferri reduct, ℥ss.

Acid arsenius, gr. $\frac{1}{4}$.

Hydrarg. protiodidi, gr. iii.

M- fiat caps. No. xxx.

Sig: One every four hours (4 daily) for one month.

M. D., Texas.

Malaria; Chronic, Enlarged Spleen:

Concuss the first three Lumbar spines. This contracts spleen, drives the malarial organisms out into the blood stream. Now give quinin to destroy.

M. D., Mo.

Malaria; Remittent, Enlarged Spleen:

Those cases that do not respond well to quinin sulphate and simulate typhoid for a week or two. Put them on tr. cinchona comp. appropriate dosage and you get results.

M. D., Tenn.

MALARIAL HEMATURIA

(Black-Water Fever)

Malarial Hematuria:

Large doses calomel, 30 to 180 grains, followed with strong solutions magnesium sulphate. Keep patient quiet with hypos morphin and atropin. Intravenous injections of Fisher's solution or sodium bicarbonate 10 per cent solution twice daily, plenty liquids. If patient can not retain it give per rectum. When it looks as if noth-

ing will help, an extensive fly blister over the region of the liver will prove of the greatest benefit, especially where there is hemorrhage from the bowels also. If you have never seen it you will be surprised at the amount and character of the contents of such a blister.

M. D., Miss.

Malarial Hematuria:

Requires prompt and effective treatment.
Large doses calomel (30 to 60 grains).

Turpentine 10 drop doses repeated as needed to increase the urine.

R Bis. subnit.

Calomel, aa gr. xviii.

Sod. bicarbo., ℥i.

M- et div. in pulvis No. iv.

Sig: One every hour.

Follow with salts, oil, phenolphthalene and enemas to cleanse the bowels.

R Urotropin, ℥iv.

Rhus aromatica, ℥i.

Elix. saw palmetto comp., q. s. ℥viii.

M- Sig: Teaspoonful in glass water every three to six hours.

M. D., Miss.

MARASMUS and RICKETS

Marasmus and Rickets:

Give plenty fresh butter and the following:

R Syr. iron iodide, ʒi.

Glycerine, ʒiii.

Water, q. s. ʒiv.

M- Sig: A teaspoonful t. i. d. always before meals.

M. D., Miss.

MASTOIDITIS

Mastoiditis:

To avoid pus conditions in Mastoiditis, give "Iodized Lime" 1 grain at two or three hour intervals from the beginning.

M. D., Cal.

MEASLES

When the rash is delayed or goes in too quick, give an infusion of pleurisy root (asclepias) and ginger freely and you will find it a reliable remedy.

M. D., Okla.

Measles:

After the eruption has appeared, almost every child that is delirious, or even unduly restless, has an otitis media, and will be promptly relieved by incising the drum membrane.

M. D., Pa.

MENINGITIS

Meningitis:

A treatment and positive cure for either form of this grave disease.

Place a plaster of the solid extract of belladonna over the forehead, right at the terminal of the cerebral membrane, strong enough to keep pupils well dilated. Let it remain the entire time and administer chloral hydrate and hyoscine or hyoscyamine hydrobromide, enough to control the pain and nervousness. After treating and seeing fatal cases for forty years, I have never seen a fatal one since using this treatment.

DR. C. L. BACON,

Muncie, Ind.

I saw reported in some medical journal where a physician got the same good results by blistering the entire scalp of a bald-head patient.

THE COMPILER.

MENOPAUSE (Change of Life)

Menopause:

Give 15 to 20 drops of fluid extract of eucalyptus three times daily for positive relief of the "hot flashes" caused by the change of life.

DR. A. C. FLACK,
Fredonia, Kan.

Menopause:

"Flushes or flashes" at the change of life best controlled by minute doses jaborandi often repeated.

DR. J. A. CONN,
Bagley, Iowa.

Menopause:

℞ Ammon. bromid, ℥ii.
Natr. bromid, ℥iv.
Spts. ammon. arom., ℥vi.
Aquae camph., q. s. ℥iv.
M- Sig: Tablespoonful every four hours.
M. D., Md.

Menopause:

See *Women: To Give Pep Around Forty Years*, under *Miscellaneous*.

MENORRHAGIA and METRORRHAGIA*Menorrhagia; Functional:*

Give 5 grains of salipyrin after each meal; commencing at the end of the third day of each period. Continue for six periods, stopping each time when the period is over. If progressive improvement fails to follow, there is a fibroid, deep laceration, or neoplasm.

M. D., Pa.

Menorrhagia:

R Fl. ext. ergot.

Fl. ext. hamamelis, aa ʒi.

Liquor Sedans (P. D.), q. s. ad ʒiv.

M- Sig: Teaspoonful every three or four hours while flowing.

M. D., Mo.

Menorrhagia:

R Fl. ext. ergot.

Tr. murate iron, aa.

M- Sig: Fifteen drops four times daily.

M. D., Iowa.

Menorrhagia:

Give one Buckley's Uterine Tonic Tablet (Abbott) every four hours.

M. D., Canada.

Metrorrhagia:

℞ Stypticin.
Ergotin, gr. ii.
M-ft. tal. caps. No. xx.
Sig: One capsule every three hours.
M. D., Ark.

Metrorrhagia:

℞ Fl. ext. ergot.
Fl. ext. hyoscyamus, aa ℥iss.
M- Sig: Teaspoonful q. two hours.
M. D., Bronx, N. Y.

Metrorrhagia:

℞ Fl. ext. ergot.
Fl. ext. hydrastis.
Tr. cinnamon.
Phosphoric acid dil., aa ℥ss.
Simple elixir, ℥ii.
M- Sig: Teaspoonful every three hours.
M. D., Mich.

Metrorrhagia:

℞ Fl. ext. ergot.
Fl. ext. hamamelis, aa ℥iv.
Aquae, q. s. ad ℥iv.
M- Sig: Teaspoonful q. three or four hours.
M. D., N. Y.

See *Subinvolution*.

METRIC PRESCRIPTIONS

Metric Rx:

Knowing dose in grains with teaspoonful doses in a 4-ounce or 120 cc. (mil.) \mathcal{R} , multiply the single dose in grains by 2 to get the total grammes in the mixture, i. e.:

Ammonium chloride 5 grain doses in a 4-ounce prescription:

\mathcal{R} Ammon. chlor, ($5 \times 2 =$) 10.0

Syr., ad 120.0

M- Sig: Teaspoonful dose.

Further explanation: Knowing the dose in grains you wish to give to each dram in the mixture, simply multiply this by 2 to secure the total grammes in the mixture. This is not precisely accurate, but for drugs you would give in doses of 1 grain or more, it is near enough. Not likely to use it in fractional doses like $1/60$ grain strychnin, but the principle is the same, i. e.:

$1/60$ grain per dram $1/60 \times 2 = 2/60 = 1/30$ gramme.

$1/30$ gramme is approximately $3/100$ or 0.03.

Example of a cough mixture containing 2 grains ammonium carbonate and $1/4$ grain codeine in each dram dose:

R Amm. carb., ($2 \times 2 =$) 4.0

Codeine, ($\frac{1}{4} \times 2 = \frac{1}{2} =$) 0.5

Syr. Tolu, 120.0

M- Sig: One dram dose.

If wish to write for 2 ounces (60 cc.) write the total grammes same as the individual dose.

DR. HERBERT J. DAY,
Harrisonburg, S. Dak.

MIGRAINE

See *Headache, Sick*.

MOLES

Moles:

A 20 per cent solution of sodium ethylate applications beats the best.

M. D., Miss.

Moles:

See *Cancers, Skin*; also *Warts*.

MUMPS

See *Parotitis*.

MYALGIA

Myalgia:

R Quinin sulph., gr. xx.

Acetylsalic acid.

Phenacetin.

Salol, aa ʒi.

M-et div. caps. No. xx.

Sig: One every two hours until better, then
every four hours.

Also excellent for neuralgia and rheu-
matism.

M. D., Cal.

MYXOEDEMA

See *Idiocy, Myxoedematous*.

NAIL PUNCTURE

See *Wounds, Punctured*.

NASAL OBSTRUCTION

SOME COMMON FORMS IN THE ADULT PRODUCES MANY DISEASED CONDITIONS

Some form of nasal stenosis, either unilateral or bilateral is exceedingly common, and we will consider the results of chronic nasal obstruction, a few of which are:

Chronic nasal catarrh which predisposes to tubal catarrh with resultant deafness.

Sinus disease by blocking their drainage.

Post nasal, pharyngeal and laryngeal catarrh which predisposes to tubercular infection of upper respiratory tract.

Closure of the lower opening of nasal duct causing lachrymal troubles which are often probed without results.

Impairment of the quality of the voice.

The whole process of metabolism is interfered with because of the mouth breathing not to mention the discomfort produced. When these results are considered, nasal obstruction should be actually looked after and corrected. The diagnosis in the majority of cases is not difficult, if a careful examination is made.

The illustrations in this article cover the most common types of nasal obstruction.

No. 1. Shows a nasal cavity about normal.

No. 2. Hypertrophy of middle turbinate. This is a serious obstruction because it interferes with ventilation and drainage of the sinuses and the upper part of the nasal cavity often interfering with, or even abolishing the sense of smell.

Treatment is the removal in part or entire of the enlarged turbinate, sufficient being removed to give free nasal respiration.

No. 3. Hypertrophy of the inferior turbinate. Is not so serious as No. 2, as it does not obstruct drainage and ventilation to the same extent, but often does interfere so that it should be reduced by cautery or a small piece removed. This turbinate should be spared as much as possible because of its physiological function.

No. 4. A septal spur which impinges on the turbinate and keeps up a constant irritation, and also obstructs the air passage to some extent. Spur can easily be removed with a saw.

No. 5. Hypertrophy of both middle and inferior turbinates, completely blocking the cavity. Middle turbinate should be removed and the inferior should be reduced.

No. 6. Deviated septum, crowding over against the turbinates producing obstruction. Should be corrected by sub-mucous resection of the septum.

No. 7. Shows another form of septal deviation, producing obstruction of the upper part of the cavity. Sub-mucous resection would correct it.

No. 8. Shows appearance of polypus, which looks much like a bubble of mucus. This should be removed with the snare and the base cauterized.

It should be remembered that a deviated septum is no indication for operation unless ventilation and drainage are interfered with. Knowing that nasal obstruction causes great discomfort and produces many diseased conditions, it is important that we carefully examine these cases and institute the proper treatment—and anything short of free nasal respiration is inadequate—and not simply prescribe Seilers sol. or something similar without making a careful examination. Any surgical procedure necessary for the removal of nasal obstruction can be done very readily under local anesthesia.

DR. L. F. LONG,
114 N. Sixth St.,
Zanesville, Ohio.

NAUSEA

Nausea:

Concuss the fifth Thoracic spine in same manner as the seventh Cervical under Heart, Dilated, which see. Also see Vomiting and Nausea.

NEPHRITIS (Bright's Disease)

Nephritis; Albumenurea, Chronic:

℞ Tablets Nephritin, gr. v. (Reed & Carn-
rick).

Sig: Three tablets four times daily given
over a long period of time.

M. D., Colo.

Nephritis; Pregnancy:

Give Nephritin and the following with
success:

℞ Tr. ferri chloridi, ℥i.

Acetic acid dil., ℥iss.

Liquid ammon. acetat, ℥iss.

Elix. simplex.

Syr. simplex, aa ℥ii.

Aquae, q. s. ad ℥viii.

M- Sig: Dessertspoonful three or four
times daily.

M. D., Ill.

Nephritis; Chronic:

℞ Tr. echinacea, m. xii.

Tr. ferri chloridi, m. vi.

Sig: One such dose three or four times
daily.

M. D., Md.

Nephritis; Suppression of Urine:

See *Urine, Suppression of*.

NEURALGIA

Neuralgia; Super-orbital:

℞ Pwd. opii, gr. xxx.

Ext. belladonna (solid), ℥iii.

Petrolatum (Spiss), ℥iii.

M- Sig: Apply over eyebrow and rub in well until the skin blanches or five minutes.

DR. W. L. MCBRIEN,
Stanton, Ill.

Neuralgia; Facial:

(a) Tr. gelsemium, m. 3 to 5 every two hours for three doses.

(b) Croton chloral, gr. 2 to 5 every two hours for three doses.

DR. R. W. RICHARDS,
Shinglehouse, Pa.

Neuralgia; Facial:

℞ Chloral hydrate and camphor aa; put in bottle and shake till dissolved.

Sig: Apply locally as desired.

M. D., Ind.

Neuralgia; Facial:

℞ Epsom salts, ℥i.

Carbolic acid, m. xv.

Water, ℥xvi.

M- Sig: Bathe the rebellious parts and see how quickly the pain is gone.

M. D., Mo.

Neuralgia:

R Aspirin, 3i.

Caffein cit., gr. v.

M-ft. caps. No. vi.

Sig: One capsule every three hours.

M. D., S. C.

Neuralgia; Facial:

Give normal tincture spigelia anthelmintica if the pain is on left side of the face, and normal tinct. prunus spinosus if on the right side. (Normal tinctures made by Merrell Chem. Co., Cincinnati, O.).

DR. J. A. ROTT,
White Rock, S. Dak.

Neuralgia:

See *Myalgia and Headache*.

NEUROSIS

Neurosis; Sexual:

Give 1 or 2 grain doses of potassium permanganate, coated pills, after each meal for a few weeks. This is also excellent for impotence due to early masturbation and will produce bland neutral urine in other conditions as cystitis, pylo-cystitis, etc., and is worth \$100 to any physician.

M. D., Wis.

NEURITIS

Neuritis; Acute:

R Carbon disulphide, ʒi.

Chloroform, ʒiv.

Oil betulae, ʒii.

Chloral hydrate, ʒii.

M- Sig: Apply locally over the pain.

Especially good for sciatica.

DR. IRA CLAY HICKS,

1003-5 Fifth Ave.,

Huntington, W. Va.

Neuritis:

See *Sciatica*.

NEURALGIA

Neuralgia:

R Codeine sulph., gr. $\frac{1}{4}$.

Atropin sulph., gr. $\frac{1}{100}$.

Pwd. capsicum.

Acetanilid, aa gr. iii.

Mix capsicum and acetanilid, put in capsules and add one codeine and one atropin tablet in each capsule.

Sig: One capsule every six to eight hours and have patient take a 2 grain tablet of quinin sulphate every three hours. This is good for any neuralgia.

W. E. D., M. D., Iowa.

Neuralgia:

Ammonium chloride 10 grains in glass of water every three or four hours gives wonderful results.

M. D., Idaho.

Neuralgia:

Give 3 drops fuming nitric acid in a big glass of water and repeat two or three times if necessary. This gives quick relief in a large majority of cases. How or why I do not know, but I do know it often works wonders. When it fails it fails completely. A Homeopath advises that nitric acid is indicated in pain. Also good for those throat and rectal cases where it seems that a splinter or brier is sticking.

M. D., Tenn.

Neuralgia:

R̄ Pil Neuralgia (Brown Sequard).

Sig: One every three hours.

DR. W. H. FLECK,
897 Lafayette St.,
Bridgeport, Conn.

NEURASTHENIA—NERVOUSNESS

(Nervous Prostration)

Neurasthenia:

℞ Spec. med. pulsatilla.
 Spec. med. nux vomica.
 Spec. med. belladonna, aa m. xx.
 Aquae, q. s. ad ℥iv.

M- Sig: Teaspoonful every two hours.

This has worked well for me for twenty years. Nearly a specific for women with hallucinations, crying, etc.

DR. J. A. DOOLY,
 Beeville, Ark.

Neurasthenia:

I have found the following the best.

℞ Sod. bromid, ℥iii.
 Spts. ammon. arom., ℥ii.
 Tr. valerian, ad ℥ii.

M- Sig: Teaspoonful in water every three hours.

℞ Tr. nux vomica, ℥iii.
 Phosphoric acid dil., ℥iv.
 Fl. ext. coca, ℥i.
 Fl. ext. celery, q. s. ad ℥iv.

M- Sig: Teaspoonful in water after meals.

M. D., Va.

Neurasthenia:

R Ignatia amora., ʒi.

Aquae, ʒiv.

M- Sig: Teaspoonful every two hours.

M. D., Pa.

Neurasthenia:

Kali phos. 6th tituration 4 grains every four hours.

M. D., Alaska.

Neurasthenia:

Having failed to find anything in your collection of valuable notes that could be considered a specific for this condition, I am sending you Dr. Albert Prevost's prescription for same. Doctor Prevost is a noted specialist of Montreal. He told me that this practically always gave good results and that in France it was very popular.

R Sulphate de strychnin, 0.07

Glycerophosphate de sod., 10.00

Extract fluide de quinquina, 20.00

Cognac, 30.00

Glycerine, ad 150.00

M- Sig: A teaspoonful at the principal meal which should be taken at noon.

N. B. The quantity of strychnin sulphate can be increased to 0.08 or 0.09 grams in

order to correspond to the dose of $1/20$ or $1/15$ grain to the teaspoonful. But as written it equals $1/30$ grain which is about right dose to begin with.

The dose can be increased. Be sure to dose enough. It may be necessary to give it t. i. d. in some cases. Doctor Prevost insists that the ordinary dose as given by the average physician is too small.

He is often consulted by run down physicians and he at once recommends strychnin in large doses. They often protest, but generally accept when he shows or tells them of the wonderful results he is getting. He calls strychnin the neurasthenia specific and always for that "run down, tired feeling."

It is very important that the above prescription is prepared correctly and best by those accustomed to preparing it. Quenneville, Guerin & Belanger, 1364 Ste. Catherine Est., Montreal, Que., or most any pharmacist in that city are familiar with its preparation. Might also mention Lymons, Ltd., St. Paul St., Montreal. Fougere of New York City deals in French drugs and could perhaps get good service there.

RAWDON, QUE., C. S. V.

Neurasthenia:

℞ Tr. nux vomica, ℥ii-iii.

Natri bromid, ℥i.

Elix. glycerphos., ad ℥iv.

M- Sig: One or two teaspoonfuls in water
three or four times daily.

DR. D. J. YONKERS, N. Y.

Neuresthenia:

℞ Tr. gelsemii, ℥iii.

Tr. hyoscamii, ℥iv.

Tr. gentian comp., ℥i.

Tr. valerian ammon., q. s. ℥iii.

M- Sig: Teaspoonful in half glass water
q. three hours.

M. D., Ala.

Neurasthenia:

℞ Comp. phos. tonic (Dowd), ℥ii.

Fl. ext. valerian, ℥i.

M- Sig: Half teaspoonful in milk an hour
after meals. If constipation is present
add res. podoph., gr. iiiss, to the above.

M. D., N. Y.

Nervousness of Feet; Can't Keep Still:

A few grains zincum metallicum sixth
tituration, given at half hour intervals, acts
like a charm.

M. D., Alaska.

NETTLERASH

See *Urticaria*.

NOSE-BLEEDING

See *Epistaxis*.

NIPPLES, SORE

Nipples; Sore:

Paint with specific medicine calendula. Let remain until baby is ready to nurse, then wash the medicine off. It should then be re-applied. Relieves pain almost instantly. A little glycerine applied will remove the soreness.

M. D., Okla.

Nipples; Sore:

℞ Bis. subnit.
Olive oil, aa.
M- Sig: Apply often.

M. D., Miss.

Nipples; Sore:

℞ Olei ricini.
Bis. subnit., aa.
M- Sig: Apply freely.

M. D., Colo.

Nipples; Cracked:

R Bis. subnit., ʒss.

Castor oil, q. s. to make a paste.

Sig: Apply after nursing. Wash off before nursing.

M. D., N. Y.

Nipples; Cracked:

R Thymol iodide, ʒi.

Olive oil, ʒi.

M- Sig: Apply after each nursing. Wash off before. I give thanks to the Critic & Guide for this excellent treatment.

DR. A. R. BAYNE,
LaTuque, Que., Canada.

Nipples; Sore:

Dilate cervix uteri.

M. D., Iowa.

OBESITY

R A saturated solution magnesium sulphate (Epsom salts).

Sig: Tablespoonful upon arising will reduce weight rapidly without harm.

M. D., Pa.

OEDEMA

See *Dropsy*.

OESOPHAGUS-STENOSIS

Oesophagus-Stenosis:

In infants where the milk fails to reach the stomach and dilatation by mechanical means is impractical, give atropin sulphate 1/200 grain every four hours. This usually relaxes the circular muscles and gives relief.

DR. F. F. DEMUTH,
Cecil, Ohio.

OHPHTHALMIA-PURULENT

Ophthalmia-Purulent:

Give three doses an hour apart of argen-tum nitricum 30x. It will do a miracle if depended upon exclusively. The more pus the more certain the cure. Beware of local treatments.

M. D., Wash., D. C.

OTITIS MEDIA

Otitis Media:

Formalin is the remedy. Just cured a case of forty years standing, another of eleven years.

Cleanse the ear with lysol sol. 15 to 30 drops in half glass water. Then have patient lay on opposite side and drop 5 to 10 minims of a 1 per cent sol. formalin (5 drops to

the ounce water) into the canal. Keep in this position at least five minutes to allow the solution to penetrate well. In acute cases 1 to 3 drops sufficient. Or may use the following:

R Formalin, m. v.

Alcohol, 3ii.

Aquae, 3i.

M- Sig: Use as explained above.

Out of forty cases treated thirty-five cured in three to fifteen days, average one week. Improvement in all others. It can't be beat.

DR. C. H. WOODRUFF,
Box 418, Vallejo, Cal.

Otitis Media:

R Alcohol, 3iii.

Glycerine, 3ii.

Carbolic acid, m. iv-v.

M- Sig: Drop into ear as much and as often as needed.

M. D., Va.

Otitis Media; Chronic:

Fill ear with dry powdered borax every night held in by pledget of cotton. Syringe ear with warm water every morning. Continue until discharge ceases, then every

second or third night until gradually discontinued.

This was Doctor Chisholm's treatment (Baltimore) and I have used it thirty years without a failure. Have cured cases of fourteen years' standing and after specialist had failed to benefit.

DR. H. Q. ALEXANDER,
Mathews, N. C.

N. B. The compiler has cured some desperate cases with foul odors and discharges with the above since receiving it from Doctor Alexander.

Otitis Media:

R Acetanilid, gr. xxxii.

Resorcin, ʒi.

Boric acid, ʒii.

Formalin, m. xx.

Alcohol absolute, ʒii vel iii.

Aquae, q. s. ad ʒxvi.

M- Sig: Cleanse and dry ear and saturate a loose tampon and insert in ear once or twice daily. Unequaled.

DR. J. H. HUNT,
Glendive, Mont.

ORCHITIS

Orchitis:

To relieve the pain, paint scrotum on affected side with equal parts guaiacol and glycerine.

DR. CHAS. W. CARTER,
Clinton, Ill.

Orchitis:

Calendula in boric acid solution the best dressing for orchitis I know of. Also good for lots of other dressings. Pus will not form about it.

M. D., Okla.

Orchitis:

Apply sat. sol. mag. sulph. on gauze.

M. D., Conn.

Orchitis:

A paste made of bismuth subnitrate and water and an ice bag over it is an excellent treatment for those cases following mumps. Have used starch when bismuth not at hand.

M. D., Tenn.

PAIN

Pain:

An excellent substitute for morphin is allonal (Hoffman-LaRoche).

M. D., Tenn.

Pain; Pelvic, Headache, etc.:

℞ Codeine, gr. iii.
Aspirin, ℥i.
Potassii brom., ℥i.
Viburnum comp. (Hayden's), q. s. ad ℥ii.
M- Sig: Teaspoonful in water every hour
until relieved.

M. D., S. C.

Pain; Abdominal, Labor, etc.:

℞ Assafetida, ℥ii.
Spts. lavender comp., ℥ii.
Spts. ether comp., ℥ss.
Syr. aurantii, ℥iii.
M- Sig: Teaspoonful repeated as needed.

℞ Spts. lavender comp.
Spts. camphor.
Tr. ginger, aa ℥ii.
Spts. ether comp.
Tr. capsicum.
Fl. ext. cramp bark, aa ℥i.
M- Sig: As needed.

I have used the above very successfully and know to my personal knowledge of these two prescriptions having been sold for \$400.

M. D., Cal.

Pain; Gastric:

R Hoffman's anodyne, ʒi.

Oil cavi (caraway), ʒi.

M- Sig: Half teaspoonful in water every twenty minutes till better. Two or three doses usually suffice. Better than morphin or discorrea.

M. D., Wis.

Pain; Gastric:

R Tr. opii.

Spts. camphor.

Oil cinnamon.

Oil cloves.

Oil mentha pip.

Oil wintergreen.

Oil sassafras.

Oil capsicum.

Oil anise, aa ʒi.

Spts. rect., ʒi.

M- Sig: Fifteen drops in cup hot water as needed.

M. D., Kan.

Pain; Gastric:

Comes on after eating, concuss the fifth Thoracic spine same as Heart, Dilated.

M. D., Mo.

Pain; Labor, Feeble or Absent:

To produce without danger, small doses (3 to 5 gtts.) pituitrin hypodermically every 15 to 20 minutes.

M. D., Ill.

Pain; Following Tooth Extraction:

Sedavol tablets internally (Dental Phar. Co., Holton, Kan.).

DR. SETH IRWIN,
Summitville, Ind.

Pain; Abdominal, Female:

For that bearing down pelvic pain running down the inside of thighs. Give specific or normal helonias gtts. xx every three hours in water and see your patient get well.

M. D., Okla.

Pain; Local, General, Itching, Inflammation, etc.:

R Mag. sulph., ʒi .

Phenol, c. p. m. xx.

Aquae, q. s. ʒxvi .

M- Sig: For external applications, hot or cold.

Has been my sheet anchor for forty years. If pain and itching absent leave out the carbolic acid. Use in place of alcohol to reduce temperature and for local inflammations.

DR. A. R. CARMAN,
27 W. 127th St. New York City.

Pain; Of Renal Calculus:

Applications of the Violet Ray for thirty minutes often relieves without medication.

M. D., Tenn.

Pain:

The best all around tablet for pain, fever, etc., is the following (Rittenhouse, Chicago):

R Acetanilid, gr. 7/10.

Caffein cit., gr. 1/10.

Sod. bicarb., gr. 1/5.

Sacharin, gr. 1/100.

Oil wintergreen, gr. 1/50.

Sig: One such tablet as needed.

M. D., Tenn.

Pain:

I can not understand why the profession does not use H. M. C. generally instead of morphin and atropin. The former will relieve pain equal to the latter in double the morphin strength and is safe. Abbott introduced this and the profession criticized the cactin so I had Massengill Co., Bristol, Tenn., prepare this for me, substituting digitalin for the cactin. However, I am now using the H. M. C. again.

DR. THOS. B. CRITTENDEN,

Dodson, Md.

Pain; After:

Break an ampoule of amyl nitrite in a 3 ounce bottle and have patient take a light sniff at beginning of each after pain. Too heavy a smell will cause flushing of face and headache.

M. D., Mich.

Pain:

℞ Powd. bayberry, ℥i.
Powd. ginger, ℥ii.
Powd. cypripedium, ℥iv.
Powd. capsicum, ℥i.
Powd. geranium, ℥i.
Oil cloves.
Oil cinnamon.
Oil cajeput.
Oil lavender, aa ℥i.
Alcohol.
Glycerine, aa ℥xvi.
Aquae dest., ℥xxxii.
Mix and let macerate one month, then pour off and filter.
Sig: Give half teaspoonful in a little hot water every half to three or four hours for aches, pains, cramps, neuralgia, etc.

DR. JNO. H. JAMES,
Anderson, Ind.

Pain:

Made worse by motion, better by heat,
here bryonia is a specific.

℞ Spec. med. bryonia, m. v-x.

Aquae, ℥iv.

M- Sig: Teaspoonful one to three hours.

M. D., Mo.

PAROTITIS (Mumps)

Parotitis:

Turpentine is a specific. Does not say
internally, externally, eternally or how.

M. D., Iowa.

PEDICULI-PUBIS (Crab-Louse)

℞ Calomel, gr. xxi.

Vinegar, ℥iv.

M- Sig: Apply after cleansing with hot
water; no soap.

M. D., Miss.

PELLAGRA

Pellagra:

Give a dose of magnesium sulph at 6 a. m.
or a purgative the night before and when
bowels are well cleaned out give the follow-
ing:

℞ Thymol crystals, gr. xx.

Milk sugar, gr. xx.

M-et pone in caps. No. vi.

Sig: Two capsules every two hours until the six are taken. Follow in two hours with mag. sulph. to move out the medicine (no oil). Repeat this every two weeks, sometimes best every ten days, as long as needed. This checks the diarrhoea and heals the inflamed mouth, bowels and stomach, stops the burning, which is a characteristic symptom and the patient improves in every way. Do not hesitate to give this (I find some physicians afraid to give this much thymol) for it will do your patient more good than all other medicines combined. Give it and rely on it curing pellagra.

Thymol given this way does wonders in intestinal indigestion. Try it and see for yourself.

As a tonic give the following:

℞ Fowler's sol., ʒiii.

Sat. sol. iod. pot., ʒv.

M- Sig: Six drops after meals increasing one drop each day until physiological effect, which will be about twelve drops, then drop back and increase again. Also give sod. cacodylate 5 gr. every other day,

alternating with iron arsenite 1 gr. hypodermically. Diet: Milk, eggs, beef, vegetables; no cornbread or pork.

DR. W. W. COOPER,
Josephine, Tex.

Pellagra:

R Thymol, 3i.

Ft. caps. No. vi.

Sig: One capsule each night or every other night on retiring, taken with the least amount of water possible. Next morning take big dose mag. sulph. This together with other indicated treatment has done wonders for me in this disease.

DR. W. E. BAILEY,
120 $\frac{1}{2}$ Main St.,
Little Rock, Ark.

Pellagra:

See that patient drinks hard limestone water, the hardness of which is due to carbonate of calcium.

Give one cc. (mil.) of a 10 per cent sol. sod. citrate hypodermically daily for fifteen to thirty days, according to the case, then alternate days for a like period. Specific for all curable cases.

DRS. PERDUE AND PERDUE,
Kansas City, Mo.

Pellagra:

Best known treatment. Solution 1 per cent picric acid applied locally and internally 30 drops t. i. d. of a $\frac{1}{2}$ per cent solution of the same drug. Start with 10 drops and gradually increase. Give in a little water. Vegetable diet.

DR. L. E. PARR,
Beeville, Tex.

Pellagra:

Natrum sulphate and ferrum phosphate every two hours in alteration except one day each week substitute calcium sulphate for the ferrum. Then proceed as before. Has proven entirely satisfactory in my hands.

DR. J. A. MOURFIELD,
Lenoir City, Tenn.

Pellagra:

Cacodylate of sodium 2 grain ampoule given hypodermically every fifth day.

M. D., Miss.

PERTUSSIS

See *Whooping Cough*.

PILES

See *Hemorrhoids*.

PERINEUM, RIGID

Perineum, Rigid:

℞ Chloroform, ʒii.

Ether sulphuricum.

Cologne spts., aa ʒi.

M- Sig: Apply locally. Acts quickly and well.

M. D., Baltimore.

Perineum, Rigid:

Give specific medicine jaborandi 15 drops in hot water often repeated and get results.

M. D., Ark.

Note: This looks like large dosage but did not notice it in time to write for more particulars.

THE COMPILER.

PHARYNGITIS, LARYNGITIS

Pharyngitis:

℞ Acid benzoicii, gr. ss.

Terpin hydrate, gr. v.

Heroin hyd., q. s.

M- d. t. d. caps. No. xxiv.

Sig: One capsule q. i. d. I have had better success with this than anything I have ever found.

M. D., L. I.

Pharyngitis:

℞ Spec. med. collinsonia, ℥iv.

Tr. lobelia, ℥ii.

Sur. Tolu, q. s. ad ℥ii.

M- Sig: Teaspoonful every hour in pharyngitis or hoarseness.

M. D., Cal.

Pharyngitis; Hoarseness:

Three drops dilute nitric acid on sugar placed well back on tongue and allowed to dissolve slowly while head is inclined backward. Also give 10 drops of this in sweetened water t. i. d.

M. D., Miss.

Pharyngitis; Laryngitis and Tonsilitis:

℞ Tannic acid, ℥ii.

Alcohol.

Glycerine, aa ℥i.

M-ft. emulsion.

Sig: Use with probang or swab. Relief within hour.

M. D., Wis.

Pharyngitis; Laryngitis:

See *Tonsilitis Treatments*.

PHLEBITIS

Phlebitis:

R Oil cajeput, 30.00

Oil gaultheria, 30.00

Lin. belladonna, 60.00

M- Sig: Apply over the inflamed veins once
daily. M. D., Ill.

Phlebitis:

Rub in well Iodex Ointment (Menley & James, Ltd., N. Y.) or I. G. Ointment (Iod. Prod. Co., Caney, Kan.). Touch open sores with a 50 per cent silver nit. sol., which heals while you wait. Elevate parts affected. This gives prompt and effective results.

M. D., Tenn.

PNEUMONIA

Pneumonia:

The main treatment of pneumonia is to begin early with feri. phos. 6x, 8 gr. every half to one or two hours while have fever. Also give the following at the same time:

R Kali mur. 3x. 3ss.

Spec. med. asclepia, 3ii.

Aquae, q. s. ad 3iv.

M- Sig: Teaspoonful every two hours.

Other remedies as special symptoms indicate. M. D., Tex.

Pneumonia:

Pneumonia Phylacogen (P. D.) saves practically all my cases and never have a crisis when used early.

M. D., Colo.

Pneumonia:

For twenty-five years I have given iodine straight or in the form of iodides in lobar pneumonia and instead of water a drink made of salts 10 grains, pot. bicarb 5 grains, and lemon juice 1 or 2 drams in 8 ounces of water and my percentage of deaths is less than 4 per cent, including the influenza epidemics.

DR. LEON THURSTON,
604-5-6 Empire Bldg.,
Pittsburgh, Pa.

Pneumonia:

The average case in adults we find a strong, heavy pulse, showing the heart to be pumping too much blood into the lungs. Here we want nothing that will increase the congestion. I prescribe the following:

℞ Iron citrate, gr. xv.
Spec. med. veratrum viride, ℥i.
Spec. med. bryonia, m. x.
Aquae, q. s. ad ℥iv.

M- Sig: Teaspoonful every hour until the fever comes down, then less often. In thirty-eight years of family practice I have lost but one case of pneumonia and that was an old drunken man who came into my hands on the fifth day of the disease and was dead in five hours.

DR. E. R. WATERHOUSE,
1015 Dillion St.,
St. Louis, Mo.

Pneumonia; Croupous or Catarrhal:

Suppositories containing 1 grain of Dover's powder and 1 grain of quinin sulph. (not bi-sulphate) for each year of age, for a patient over two years. Adults receive 20 grains of each at each dose.

One suppository night and morning for three days. Stop if somnolence develops. Bowels must be kept moderately free.

M. D., Philadelphia, Pa.

*Pneumonia; Secondary to Influenza, Septic
Pneumonia:*

Chest envelopes of mustard stupes of such strength that they may be kept on about one-half or one-third of the time and the use of the Murphy Drip (salt solution) about half the time will bring many an unfavorable case to a happy termination. See *Influenza*.
M. D., Cal.

Pneumonia; Bronchial (Capillary Bronchitis):

℞ Calcium iodized.
Ammon. chlor., aa.

M- Sig: Three grain doses every three hours will clear up these cases quicker than anything else.
M. D., Wis.

Pneumonia; Bronchitic and Suppuration:

Take a dram of the sputum or small amount of pus. Dilute with ounce of water. Filter through a Bakerfield filter. Give 1 cc. of the filtrate hypodermically.
M. D., Mo.

Pneumonia; Pleurisy Pain of:

℞ Tr. bryonia (Lloyd's).
Tr. lobelia, aa m. xx.
Elix. simplex, q. s. ad ℥iii.

M- Sig: Teaspoonful every hour or two while suffering.
M. D., Mo.

Pneumonia and Bronchitis:

R Spec. med. lobelia, ʒi.

Aquae, q. s. ad ʒiv.

M- Sig: Teaspoonful every two hours.

M. D., Ill.

Pneumonia:

Daily hypodermics of vaccine (pneumonia bacterin) min. v Sherman's No. 36 or P. D. No. 615, until temperature is below 100 F.

For the alimentary tract and to support the suprarenal glands and through them the heart; take a 12 ounce bottle, put into it 30 grains of powdered chlorate of potassium, and 60 minims of strong hydrochloric acid, shake well, add a little water and shake again, continue until the bottle is filled, then add 24 to 30 grains of quinin sulphate.

Give one ounce every two hours until sufficient progress, then reduce frequency to three and later to four hours until recovery is complete. A little syrup of orange peel added will improve the taste. Too sudden withdrawal of this may sometimes be followed by an extension of the consolidation, if done early in the program.

You can count on a reduction of temperature of one to two degrees daily and rapid recovery by lysis if the case is seen early.

DR. T. J. HUTTON, Foster City, Mich.

Pneumonia:

℞ Tr. veratrum viridi (Norwood's), ℥i.
Asclepidoid gran., gr. 1/12, No. xxxii.
Elix. arom., ℥iv.

M- Sig: Teaspoonful every hour till fever drops to 100 F., then according to fever. If fever is stubborn give it every half hour till it starts down, then regulate to keep it declining.

There is no danger in this dosage.

DR. J. L. WILLIAMSON,
Goldthwaite, Texas.

Pneumonia:

Before the Harrison Narcotic Law pneumonia could often be aborted by giving early two doses of quinin sulphate and 1/4 grain morphin sulph.

Have cured several cases after they were given up by others with creosote. I use "Valesco," a remedy put up by The Alhosen Chem. Co., St. Louis. Adult dose 1 ounce suitably diluted every fifteen minutes, gradually lengthening interval as improvement is noticed. Children under one year old give teaspoonful doses same way.

M. D., Mo.

Pneumonia:

See *Bronchitis*.

POISONING

Poisoning; Mercury Bichloride:

Here is a good one, Doctor Carter's Antidote.

℞ Sod. phosphite, gr. vi.

Sod. acetate, gr. iv.

M-ft. pulv. No. 1.

Sig: One powder every two hours with plenty of water frequently.

M. D., Md.

POISON OAK AND IVY

See *Rhus Poisoning*.

POLYPUS

Polypus; Nasal:

℞ Powd. bloodroot, gr. iv.

Vaseline, ʒi.

M- Sig: Place some on applicator and press it against the tumor or snuff up nostril. Will cure every case.

DR. A. SMITH,
Mermann, Mo.

POLYURIA

See *Diabetes, Insipidus*.

PREGNANCY

Pregnancy Trap:

In Oklahoma there now lives a voter whose coming to town at all was due to the fact that his mother came for advice as how to become pregnant. This was Ind. Ty. then. The following prescription my old preceptor gave to me long ago and I gave it to her and it worked:

℞ Fl. ext. ergot, ℥ii.

Sig: Fifteen drops t. i. d. after each meal in water, continuing until normal time period should appear, then cease until menstruation is about over, then begin again and take until time is nearing for another period, then stop again. The chances are that no period will appear and in due time an heir will be apparent. Should this fail in a single case someone must be to blame. It is working now in a case in this town.

DR. L. H. HENLEY,

Claremore, Okla.

Note: Aloin small doses together with powd. cubebs added to the ergot or given along with it adds to the value as a pregnancy trap.

M. D., Wis.

PREVENTCEPTIVES

Prevenceptives:

I received a number of formulas for preventing conception, some with and some without the names and addresses of the contributors. These, of course, I could not publish, it being strictly a violation of the law to do so. I do not have much, if any, inclination to print them. Having read quite a lot both pro and con on this subject, I have never quite made up my mind as to the right and the wrong of the procedure. There seems to be good argument on both sides, and doubtless there are cases wherein it would be just, but to make it common knowledge I must say "I DO NOT KNOW." It's a great big subject. Just how these men can get by with this matter through the mails and otherwise over their name and address is more than I can understand. Should I try it I know where my future address would be and it would not be the same as it is now.

THE COMPILER.

PRIAPISM

Priapism:

R Camphor monobromate, gr. xxx.

Lupulin, gr. L.

M- et div. in powd., No. x.

Sig: One at 6 P. M. and one at bedtime.

In stubborn cases an extra powder during the night.

M. D., Wis.

PRICKLY HEAT

Prickly Heat:

Apply a 2 per cent sol. copper sulphate with a sponge two or three times daily.

M. D.

PROLAPSUS ANI

Prolapsus Ani:

R Ext. hamamelis.

Glycerite tannic acid, aa ʒi.

M- Sig: Apply to rectum twice daily.

Also give enemas of slippery elm water a quart lukewarm three times a week to assist in the cure.

M. D., Wis.

PROLAPSUS UTERI

Prolapsus Uteri:

Most cases will respond readily to equal parts Lloyd's specific helonias and fraxinus, 15 drop doses four times daily with proper care of the patient otherwise.

M. D., Ala.

PROSTATE, ENLARGED (Hypertrophied)

Prostate; Enlarged:

R Prostate Comp. (Harrower), tabs. or caps.
No. C.

Sig: One t. i. d. a. c. continued several months with omissions one week out of each month.

M. D., Mass.

Prostate; Enlarged:

R Ammon. chlor., ʒss .
Simp. elix., ʒiv .

M- Sig: A teaspoonful in glass water t. i. d. continued for months will not disappoint. This could be combined or alternated with Sanmetto to advantage.

M. D., Iowa.

Prostate; Enlarged:

For the urinary symptoms give two 4 grain chromium sulphate tablets after meals.

M. D., Conn.

Prostate; Enlarged:

R Sanmetto.

Fl. ext. galega, aa ʒii.

M- Sig: Teaspoonful four times daily with a glass water.

This will generally fix up the water-works all right.

DR. H. A. McLAUGHLIN,
174 So. Main St.,
Memphis, Tenn.

Prostate; Bleeding:

Silver nitrate sat. sol. Four drops of this added to the ounce of soft water and introduced through a soft rubber catheter.

M. D., Okla.

Prostate; Enlarged:

See *Fibroids*.

PRURITUS

Pruritus; Ani:

Apply Lloyd's thuja full strength, turn over, repeat "The Volstead Act" and drop off to sleep.

This may be old "stuff," yet probably may help some old "democrat."

M. D., Ohio.

Pruritus; Ani:

R Salicylic acid.

Balsam Peru.

Antipyrine, aa ʒi.

Menthol, gr. x.

Vaseline, ʒii.

M- Sig: Use locally after a hot bath.

M. D., Cal.

Pruritus:

R Chloreton.

Boracic acid.

Zinc stearate, aa ʒii.

M- Sig: Use as dusting powder.

M. D., Conn.

Pruritus:

When comp. tr. benzoin fails apply a mixture of equal parts of spts. camphor and tr. iodine for results.

M. D., Wis.

Pruritus:

Apply a 1 to 5000 solution bichloride mercury after a soap and water bath. B. Robison says "The fact that the above is a positive remedy shows the disease to be a bacterial infection."

M. D., Ind.

Pruritus; Ani:

The only way to positively cure those stubborn cases is to search for, find and open up the overfilled crypts of Morgagni as instructed by Jamison of New York and Ireland of Columbus. These crypts become filled and sag, with no downward outlet, and sometimes burrow an inch or more under the skin around the anus and in these cases it is futile to expect relief from local measures.

M. D., Kan.

PSORIASIS

Psoriasis:

Have had excellent results from Lithiol (Chlorine Products Co., New York) two teaspoonfuls in water four times daily for few days, then increased to four teaspoonfuls after meals and at bedtime.

M. D., Mexico City, Mex.

Psoriasis:

Give intramuscularly once a week a 1 mil. ampoule of colossal manganese (Angelo-French Drug Co., New York). It takes from six to sixteen doses and no other medicine and you get a permanent cure.

M. D., Canada.

Psoriasis:

Give calcium lactate grains 10 or 20 t. i. d.
M. D., Pa.

PUERPERIUM

Puerperium:

In rapid pulse after confinement, with a contracted and empty uterus, give atropin up to 1/40 grain dosage.

M. D., Canada.

PUERPERAL FEVER (Child Bed Fever)

See *Septicaemia; Puerperal.*

PURGATIVES

See *Laxatives.*

PURPURA

Purpura:

Give strychnin in dosage enough, 1/60 to 1/10 or even 1/5 grain if required.

M. D., Md.

PYAEMIA

See *Septicaemia.*

PYORRHEA (Riggs' Disease)

Pyorrhea Alveolaris:

Inject in gums around teeth 1/2 to 2/3 grains emetine hydrochloride.

DR. O. M. JOHNSON,
Kokomo, Ind.

RED NOSE

Red Nose:

Give $\frac{3}{4}$ gr. ichthyol q. s. Apply a lotion of same in water at night.

℞ Zinc ointment, 20 parts
Rice powder, 5 parts
Sulphur, 2 parts
Puncture vesicles if prominent.

DR. S. A. BRUNNER,
Krumsville, Pa.

RENAL CALCULUS

Renal Calculus:

Give sal prunnella. It comes in shape of marbles.

Sig: One dissolved in teaspoonful hot water three or four times daily.

M. D., Pa.

Renal Calculus:

℞ Spec. med. hydrangea, ʒiv.
Spec. med. dioscorea, ʒi.
Aquae, q. s. ad ʒiv.

M- Sig: Teaspoonful in warm water every 15 minutes for few doses, then lengthen to two, three or four hours.

M. D., Okla.

Renal Calculus:

Give full doses spts. ether nitrosi every three or four hours.

M. D., Conn.

Renal Calculus; Pain of:

See under *Pain*.

RICKETS

See *Marasmus and Rickets*.

RHINITIS

Rhinitis; and Other Nasal Inflammations:

℞ Iodine crystals, gr. ss.
 Camphor, gum.
 Menthol, aa gr. v.
 Oil tar (rectified), m. vi.
 Alboline, ʒi.

M- Sig: Two or three drops in each nostril every half hour in acute and twice daily in chronic cases.

DR. W. C. SWANN,
 Huntington, W. Va.

Rhinitis; Acute or Chronic:

R Rhinol (The Rhinol Co., New York).

Sig: For insufflation into nose and throat night and morning. Best treatment for all affections of nose and throat and makes operations the more unnecessary. Ideal dusting powder for chronic ulcers, weeping eczema, etc.

M. D., N. Y.

RHEUMATISM

Rheumatism:

R Pot. nit.

Mag. sulph., aa ʒii .

Aquae, q. s. ad ʒxvi .

M- Sig: One or two teaspoonfuls four times daily. If desired can add small amount tr. wintergreen. Fine for chronic cases.

M. D., Iowa.

Rheumatism:

By adding some stomachic like gentian or cascara to salicylate mixtures large doses can be given without the unpleasant effects on stomach, one of the great drawbacks to salicylate treatment of rheumatism.

M. D., Idaho.

Rheumatism:

℞ Fl. ext. poke root.
Fl. ext. black cohosh, aa ʒi.
Fl. ext. colcichum, ʒss.

M- Sig: Twenty drops in water before meals.

It must be good when people call for the same medicine their father or neighbor got for rheumatix. The best thing I know of. My father before me used it.

DR. FRANK P. RAMSEY,
East Jordan, Mich.

Rheumatism:

℞ Salicylic acid, ʒss.
Sod. bicarb., ʒvi.
Carb. ammon., gr. L.
Aquae gaultheria, q. s. ad ʒiii.

M- Sig: Teaspoonful in water t. i. d. A simple prescription that gives results. I do not know if it is the drugs that give the results or the fresh mixing giving fresh sodium salicylate that makes the results sure, but the results are like magic. The carb. amm. is for heart stimulation.

M. D., N. Y.

Rheumatism:

℞ Sod. salicy., ℥i.
Fl. ext. cascara, ℥i.
Glycerine, ℥i.
Aquae, q. s. ad ℥viii.
M- Sig: Teaspoonful every three or four hours.

M. D., N. C.

℞ Sodii salicy. (Squibb).
Tr. colchici.
Glicerini, aa ℥iv.
Elix. lact. pepsini, ℥ii.
Aquae dest., q. s. ad ℥viii.
M- Sig: Tablespoonful in water every hour until improvement, then less often.

DR. J. B. SMITH,
McKinney, Ky.

Rheumatism:

℞ Sod. salicy.
Sod. bicarb., aa ℥iii.

Add specific medicine to above according to the following indications; if two or more indications present add them.

Puffiness and swellings, apocynum.

Pain, increased by movements, bryonia.

Stiffness, made better by movements, rhus tox.

Sore as if beaten, macrotys (cimicifuga).

Aching, gelsemium. A dram or two of the indicated remedy to the above.

Sig: Teaspoonful repeated as needed.

M. D., Mass.

Rheumatism:

R Sodii iodidi.

Phenol salicylate (salol).

Calcium sulphide.

Echinacea, aa 3iv.

M- ft. caps. (4 grain size).

Sig: One capsule one hour and a half after meals and at bedtime.

Good for gonorrheal rheumatism (arthritis), pus tubes and rheumatoid arthritis. I have restored hundreds of cases with these capsules.

DR. G. P. GEHRING,

5728 Camerford Ave.,

Los Angeles, Cal.

Rheumatism; Chronic:

Essential oil turpentine, plain, colored or scented, rubbed well into parts affected is a sure cure. Must be well rubbed in. Try It And Then Say.

M. D., Cal.

Rheumatism:

℞ Tr. aconite.

Tr. belladonna.

Oil gaultheria.

Chloroform liniment, aa ℥i.

M- Sig: Shake well, apply two or three times daily, rubbing in well.

DR. ROBT. G. KOGER,
Cheney, Kan.

Rheumatism:

If you want to make a reputation in treating rheumatism, wrap the swollen joints with towels wrung out of ice water.

M. D., Iowa.

Rheumatism:

Give salicylates in large dosage. I frequently give 200 to 300 grains per day. There must be no nephritis present when giving this large dosage. The gastric disturbances never bother me, probably on account the following combination, which seems the best way to give it.

℞ Sodium salicylate true (Merrell's), ℥i.

Tonga salicyl (Wampole), q. s. ℥iv.

M-Sig: Teaspoonful in plenty hot water
q. four hours.

M. D., W. Va.

Rheumatism:

℞ Sodii salicy.
Sodii bicarb., aa ℥iv.
Tr. capsici, ℥i.
Aquae menth. pip., q. s. ad ℥iv.
M- Sig: Teaspoonful every three or four
hours. M. D., Mo.

Rheumatism; Chronic:

Put them on potassium iodide sat. sol.
5 drops three times daily, gradually increas-
ing to 10 drops, then reduce again back to
the original. M. D., Wis.

Rheumatism; Chronic:

Water soluble iodine given to effect will
relieve a large per cent of chronic and sub-
acute cases of muscular and arthritic rheu-
matism. M. D., Tenn.

Rheumatism; Chronic:

Give one tablet atophan every three hours.
M. D., Conn.

Rheumatism; Chronic:

℞ Chloroxol 5 grain tablet (Lilly) No. xxiv.
Sig: Two or three tablets every three or
four hours is the best treatment for rheu-
matism and backache.

Rheumatism; Chronic:

℞ Fl. ext. cascara sag., ℥viii.
Fl. ext. sarsaparilla, ℥iv.
Fl. ext. dandelion (taraxicum), ℥iv.
Pot. bromid.
Pot. iodid, aa ℥ii.
Salicylic acid, ℥vi.
Pot. bicarb., ℥viii.
Syr. or aquae, q. s. ad 1 gallon.

M: Add the salicylic acid last and in an open vessel. Has given results for forty years, twenty years for myself and twenty years for a physician who gave me the formula. This is worth \$100 to any physician in the treatment of chronic rheumatism.

M. D., Ohio.

Rheumatism; and Gouty Conditions:

℞ Fl. ext. nux vomica.
Fl. ext. belladonna, aa ℥iss.
Fl. ext. colcichum seed, ℥iiss.
Fl. ext. phytolacca, ℥vi.
Aquae, q. s. ad ℥viii.

M- Sig: Teaspoonful after meals. Not pleasant to take but effective in many diseases.

M. D., W. Va.

Rheumatism; Muscular:

Macrotys (Lloyd's) is the best thing I ever have found for muscular rheumatism, lumbago, etc.

DR. RAYFOR HODGES,
Scottsboro, Ala.

Rheumatism; Muscular:

℞ Manakali (Tilden), ℥iii.

Sig: Teaspoonful every three hours.

M. D., Mo.

Rheumatism; Sciatic:

See *Sciatica*; also *Myalgia*.

RHUS POISONING, IVY POISONING

Rhus Poisoning:

℞ Chlorid ammon., ℥viii.

Aquae, ℥vi.

M- Sig: Apply every two or three hours.

℞ Pot. perman., ℥i.

Aquae, ℥vi.

M- Sig: Apply every hour or two.

Do not wash with water before applying.
Lemon juice will remove the stains caused by the above.

M. D., Ind.

Rhus Poisoning:

- ℞ Bis. subcarb., ℥iv.
Spts. nitrous ether, q. s. ℥viii.
M- Sig: Apply locally. Will stop itching,
burning and spreading.
- ℞ Bis. subcarb., vel zinc sterate, ℥iv.
Hydrogen peroxide (P. D.), q. s. ℥viii.
M- Sig: Apply locally freely. Same use
as above.
- ℞ Carbolic acid, m. x.
Ichthyol, ℥i.
Ungt. zinc oxide, q. s. ℥ii.
M- Sig: To be applied following one of the
above to heal excoriations, etc.
M. D., Ark.

Rhus Poisoning:

- ℞ Ammon chlor., ℥i.
Aquae, ℥xvi.
M- Sig: Apply frequently.
M. D., Md.

Rhus Poisoning:

- ℞ Powd. ipecac, ℥i.
Aquae, ℥xvi.
M- Sig: Apply every two to four hours.
Or Lloyd's Cit-cel-Ce, ℥ii; water, ℥iv.
M. D., Ark.

Rhus Poisoning:

Apply hychlorite pure every two hours to the affected parts. Never fails.

M. D., N. Dak.

Rhus Poisoning:

℞ Thymol, 1 part.

Salicylic acid.

Boric acid, aa 1 part.

Oint. zinc oxide, 2 parts.

Sig: Apply. It will stop itching and inflammation right now, at least in most cases. I have utterly failed with sweet spirit niter after faithful trial.

M. D., Cal.

Rhus Poisoning:

℞ Phenolis, m. xx.

Glycerine, ℥i.

Zinc oxide.

Calamine, aa ℥i.

Liq. plumbi subacetate, ℥i.

Aquae rosae, q. s. ad ℥vi.

M- Sig: Apply three or four times daily on gauze.

M. D., Tenn.

Rhus Poisoning:

When the parts are raw and medicines can not be applied and do but little good when are used, a mixture of quinin in water can be applied painlessly and will cure in a short time if applied frequently.

M. D., Ala.

Rhus Poisoning:

Our Favorite Prescription is:

℞ Fl. ext. grindelia robusta, ʒi.
Aquae, ʒxvi.

M- Sig: Apply to parts, also on cloths saturated with the above and covered so as to exclude the air. Also hot Epsom salts sol. used the same way is good.

M. D., Miss.

Rhus Poisoning:

Apply nitrous ether freely and cover with gauze saturated with same.

M. D., Iowa.

Rhus Poisoning:

I cure all my cases with applications of sat. sol. hyposulphite soda.

M. D., Kan., and M. D., Pa.

Rhus Poisoning:

R Acid phenici, 1.00

Ichthyol, 10.00

Mucilage trag., 60.00

M- Sig: Paint parts affected twice daily
for three or four days, then wash off and
re-apply to any raw spots.

M. D., N. Dak.

RUPTURE

See *Hernia*.

RINGWORM

Ringworm:

R Mercury bichlor., gr. viii.

Tr. benzoin, q. s. ℥ii.

M- Sig: Apply once daily for three days,
then skip three days and repeat. This has
given me great satisfaction.

DR. J. Fox, Century Bldg.,
Jackson, Miss.

Ringworm:

R Verdigris, gr. xx.

Aquae dest., ℥iv.

M- Sig: Apply as needed.

DR. J. H. STEVENS,
Cash, Ark.

Ringworm:

Pyrogallic acid 15 grains in one ounce vaseline or collodion will cure it wherever located.

M. D., Iowa.

Ringworm:

Apply a 25 per cent sol: carbolic acid.

M. D., Wyo.

Ringworm:

Use your local remedies if you must but give internally bacillum 30x not oftener than once a week.

M. D., Tenn.

Ringworm:

One dram nitrate silver in one ounce soft water. One application cures many cases.
(Not original; author unknown.)

M. D., Okla.

RIGGS' DISEASE

See *Pyorrhoea Alveolaris*.

SALPINGITIS

Salpingitis:

My non-surgical treatment is to give as heavy doses sodium salicylate as patient can stand, 5 to 15 grains given in tablespoonful Sanmetto (Od. Chem. Co., New York).

Keep confined to bed, use hot vaginal douches and pack vagina with antiphlogistine each day. This can be warmed and wrapped in plain sterile gauze and the vagina well packed with same.

DR. J. SIDNEY EASON,
Coldwater, Miss.

SCABIES (Itch)

Scabies:

R Oil sassafras, ζ iv.
Olive oil, ζ ii.

M- Sig: Apply locally on cloth five or six inches square all over the body, except where there is hair, after having taken a bath. Change underwear and bed clothing. Skip three days and repeat on fourth night.

Do not pass this up for it is a sure shot and worth the price of any book.

M. D., Tex.

Scabies:

R Balsam Peru, 20.
Sulphur sublimed, 12.
Sodii carbo., 06.
Tr. camph., 02.
Petrolat. vel lanae, 60.
M-ft. ungt.

Sig: Take a hot bath with green soap and scrub well for about 15 minutes, wash this off with hot water, then apply the ointment, rubbing in well. The next morning wash this off with hot sulphur water.

DR. F. E. BRAUCHT, Fremont, Neb.

Scabies:

R Balsam Peru, ℥i.
Vaseline, ℥vii.
M-ft. ungt.

Sig: Take a thorough bath with hot water and soap, then apply ointment over entire body, rubbing in well and re-apply once or more daily over itching surfaces. Change all underclothing and bed linen and do not use again until boiled or baked. Then wear the same underclothes until cured.

Occasionally it is necessary to use a little more Balsam Peru than above calls for, but the combination will cure scabies.

M. D., S. C.

Scabies:

The following will never fail:

R Balsam Peru, ℥ii.

Glycerine, ℥i.

M- Sig: Scrub well and apply once daily
for four days.

M. D., Ark.

Scabies and Chiggers:

Rub in freely a 3 per cent mercury bichloride solution in water every hour or two.

M. D., Iowa.

SCIATICA

Sciatica:

For rapid relief of pain rub about one ounce carbon bisulphide along the affected part, repeat in three or four hours if necessary.

DR. EDW. T. HOSFORD,

1502 Park St.

Alameda, Cal.

Sciatica:

Inject Dionol into rectum and have patient take mineral oil flavored with creosote and ginger. A dandy treatment after you have exhausted your routine.

M. D., Wis.

Sciatica; and Neuritis Generally:

Tr. avena sativa (Keith's). Teaspoonful in a little water before meals and at bedtime. For feeble patients begin with a little smaller dose, say a scant teaspoonful. If bowels are not acting freely give cascara sagrada in dosage for full effect and reduce few drops each day.

M. D., N. C.

Sciatic Rheumatism:

Give apium virus 3x four tablets every two hours.

M. D., Md.

Sciatica:

Reduce the sacro-iliac subluxation on the affected side.

M. D., Mo.

Sciatica; Sciatic Rheumatism:

To cure in forty-eight hours, often in less time, give 10 to 20 grains ammonium chloride in tablet form every two hours day and night. Do not falter in dosage and note results next day. Give large doses oil, no calomel.

M. D., Tenn.

Sciatica:

See *Neuritis and Rheumatism*.

SEA SICKNESS

Sea Sickness

Give chloretone 5 to 10 grains with a half glass water. (This should also be effective for car sickness.)

M. D., Ind.

SEPTICAEMIA AND PYAEMIA

Septicaemia:

Give mixed infection phylacogen (P. D.) 15 to 20 minims hypodermically every other day.

M. D., Va.

Septicaemia; Puerperal:

℞ Fl. ext. echinacea, ʒi.

Elix. lact. pepsin, q. s. ad ʒiv.

M- Sig: Teaspoonful every three hours with a 2 grain calcium sulphide tablet. If given first ten days after childbirth will never have temperature or at least I have not for fifteen years, without exception.

DR. E. G. RHODIUS,
Swiss, Mo.

Septicaemia and Pyaemia:

Antistreptococcic Serum given hypodermically freely will always save these patients if given early or has for me for twenty-three years.

DR. WARREN C. DAVIDSON,
Sedgwick, Colo.

Septicaemia:

Give large doses echinacea and quinin often repeated and the following:

℞ Tr. iron chlor.

Syr. Tolu, aa ʒi.

Lig. pot. citrate, q. s. ad ʒvi.

M- Sig: Two teaspoonfuls every four hours in water and inject under skin normal salt solution (salt teaspoonful to the pint water) ; inject as much as one or two pints at a time. This may also be given as an enema.

M. D., Ark.

Septicaemia; Puerperal:

Mervinol 5 to 7 cc. (mil.) given intravenously daily will cure puerperal sepsis. (Hille Lab., Chicago.)

DR. F. A. BENJAMIN,

63 Main St.,
Silver Creek, N. Y.

Septicaemia; Puerperal and Septic Conditions:

Pytogen 200x. Small powder every three or four hours.

M. D., Tex.

Septicaemia; Puerperal:

Take one dram of discharge. Dilute with one ounce water. Filter through Bakerfield filter. (See First Collection Notes.) Give one cc. (mil.) hypodermically.

M. D., Kan.

Septicaemia; Puerperal:

After confinement give tincture china and echinacea, good dosage, for three days and you need not fear infection.

M. D., Minn.

Septicaemia:

See *Blood Poisoning*.

SEXUAL NEUROSIS

See *Neurosis; Sexual*.

SHINGLES

See *Herpes Zoster*.

SINGULTUS

See *Hiccough*.

SNAKE BITE

Snake Bite:

When a person has been bitten by a snake the first thing to do is apply a ligature above the wound to prevent the absorption of the venom into the general circulation, then make an incision over the bite and rub in well a few grains of permanganate of potash.

This method will prove 100 per cent effective in cases reached early. I have used it many times within the past twenty years of practice and with satisfaction in every instance.

DR. N. L. CORNWELL,
Bluejacket, Okla.

SORE EYES

See *Eye Diseases, Conjunctivitis, etc.*

SPASMS AND SPASMOPHILIA

See *Convulsions.*

SPRAINS AND CONTUSIONS

Sprains and Contusions:

R Oil calendula.

Oil anise, aa ʒi.

M- Sig: Apply with massage and strap bandage.

M. D., Tenn.

Sprains and Soreness:

R Volatile oil mustard.

Oil croton, aa ℥ii.

Menthol crystals, ℥i.

Oil gaultheria, ℥v.

Oleoresin capsicum, ℥iii.

Petrolatum, lb. i.

M- Sig: Rub in well twice or three times daily.

M. D., N. Y.

SPLENOMAGALY

Spleen; Enlarged:

Concuss the first three Lumbar spines.

Repeat once or twice daily until cured. If malaria is present follow with quinin.

M. D., Mo.

STAMMERING—STUTTERING

Stammering:

To cure have patient get some quiet place and read aloud from some interesting and easily read book for two hours every two or three days to once a week, keeping teeth together while reading, taking care to read slowly and distinctly, moving the lips but not the teeth.

M. D., Iowa.

STENOSIS OF OESOPHAGUS

See *Oesophagus Stenosis*.

ST. VITUS DANCE

See *Chorea*.

STOMATITIS (Sore Mouth)

Stomatitis; Ulcerative:

R Chlorate potash, grains 1 to 5 according to age, internally every four hours. Cures while you wait.

M. D., Tenn.

Stomatitis:

In typhoid, influenza and other diseases, give a small dose of pilocarpine nitrate 1/10 or 1/20 grain along with other treatment and note the improvement.

M. D., Mont.

STYE

Stye:

Give a small powder of pulsatilla 200x every night for about four nights. Chronic cases may require staphisagria same way.

M. D., Tex.

SUBINVOLUTION

Subinvolution of Uterus:

℞ Harrower's Placento-Mammary Compound
caps. or tab. No. C.

Sig: One or two three times daily with food
for a fortnight then one q. i. d.

M. D., Cal.

Subinvolution of Uterus:

℞ Ergotine, gr. i.

Ext. nux vomica, gr. $\frac{1}{4}$.

Hydrastine hyd., gr. $\frac{1}{2}$.

M-ft. one cap.

Sig: One capsule every three hours till
much improved, then four times daily. A
little expensive but does the work.

M. D., New Mex.

Subinvolution; Hemorrhage from:

See *Hemorrhage*; also *Menorrhagia* and
Metrorrhagia.

SUB-NORMAL TEMPERATURE

Sub-normal Temperature:

Atropin full dosage will bring it to normal
quickly, but in chronic cases they should be
placed on Harmotone Tablets (G. W. C.
Co., New York), one or two three times
daily for permanent results. Never saw it
fail.

M. D., Tenn.

SUNBURN

See *Burns, Sun.*

SUPERFLUOUS HAIR

Superfluous Hair:

R Quicklime, 1 part
Sod. carb., 2 parts
Adeps, 8 parts

M- Sig: Apply and allow to remain on for 3 to 5 minutes, scrape off and if necessary re-apply.

M. D., Ark.

Superfluous Hair:

R Barii sulph., 3ii.
Zinci oxidi pulv.
Amyli pulv., aa 3iii.

Make into a paste with a little water and spread on hairy region for 10 to 15 minutes, until a sense of burning is experienced. Remove and apply a bland ointment. Repeat in about two days.

M. D., Okla.

Superfluous Hair:

Where only a few hairs, place a new steel pen in a seasoned stick, place the point by the root of each hair and flush with the ful-juration current. Then let the hair alone, it will soon shed.

M. D., Okla.

SUSPENDED ANIMATION

Suspended Animation:

In all cases such as fainting, results of blows on the head, exsanguination, great shock, drowning and anesthesia (profound), dilate the rectum with speculum or with thumb and fingers.

M. D., Ind., and M. D., Mo.

SYNOVITIS

Synovitis:

STEP I: Aspirate the joint under aseptic precautions.

STEP II: Inject a lesser amount of fluid than that withdrawn, consisting of a mixture of one part fluid boro glyceride, three parts of glycerine and four parts normal salt solution.

Instead of keeping patient in bed after

this treatment, we allow him to be up and about, except, of course, the exceptional case.

Not a prescription, but the best thing I know of.

DR. ROBT. T. MORRIS,
114 E. 54th St.,
New York City.

Synovitis:

See under *Goitre; Colloid.*

SYPHILIS

Syphilis:

Neo-Salvarsan dissolved in 10 cc. (mil.) distilled water and given intravenously and salicylate of mercury (A. H. Metz) given intramuscularly alternated once a week will cure syphilis.

M. D., Miss.

Syphilis:

R Gray powd.

Mercury sulphate yellow, aa gr. i.

M-ft. one pilulae.

Sig: One such pill at night for two weeks, skip two nights and repeat, plus pot. iod. if chronic.

M. D., Ky.

Syphilis:

Merrell's Protogen No. 10 gives good account of itself when injected for this disease. M. D., Tenn.

Syphilis:

Neo-Arsphenamine intravenously just as reliable as Arsphenamine (Salvarsas-606) and easier given. Simply use a Luher all glass syringe, giving 0.75 grammes in 10 or 20 cc. (mil.) freshly distilled water. Constrict arm above elbow, have patient shut and grip hand tightly until veins stand out prominently, then pass needle into the vein. When you see blood enter syringe, inject same as any other intravenous treatment and just as easy to give. The solution should be warmed to about the temperature of the body. If blood does not enter the syringe you are probably not in the vein. Withdraw and re-insert until it does, then inject gradually. The Neo-Arsphenine should be dissolved in the distilled water and passed through sterile gauze to strain out any undissolved particles. Always prepare when needed and do not use old solutions. Repeat once weekly and give mercury and potash internally. M. D., Ga.

SYPHILIS

Three Simple Tests—Selected
As Good or Better Than Wassermann.
Easily carried out in short time.

First, Mercurial Test:

If syphilis is present, large doses of mercurials is withstood; if syphilis not present the physiological symptoms of mercurialism soon appear. Give $\frac{1}{8}$ grain mercury bichloride hypodermically and in twenty-four hours if no mercurial symptoms appear give $\frac{1}{4}$ grain; if no symptoms occur in forty-eight hours more the case must be syphilitic. If get salivation, soreness of teeth, cramps and diarrhoea no syphilis present.

℞ Mercury bichloride, gr. v.
Aquae, ℥i.

M: 12 drops or minims equals $\frac{1}{8}$ grain.
24 drops equals $\frac{1}{4}$ grain.

When syphilis present no physiological symptoms. When syphilis absent symptoms always appear.

DR. J. HENRY DOWD,
(Med. Record, Jan. 21, 1922.)

Second, Formaldehyde Test:

Blood is drawn as for a Wassermann test. At the expiration of twenty-four hours the serum is decanted from the test tube into another one, clean but not sterilized. A drop of ordinary commercial liquor formaldehyde is added to the serum and the tube plugged with cottonwool and allowed to remain at ordinary room temperature for twenty-four hours.

Coagulated serum is positive.

Fluid or clear serum is negative.

Suffen endorses this test.

(J. A. M. A., from *Lancet*, Nov. 26, 1921.)

Third, Urinary Test:

Requirements, early morning urine, voided before breakfast or any fluids have been taken. Should be boiled and filtered to remove phosphates and albumin if present. If alkaline acidulate with acetic or hydrochloric acid.

Solutions for Test:

(a) One grain resublimed iodine dissolved in 100 grammes carbon tetrachloride, or instead dichlorethylene, trichlorethylene or pentachlorethylene may be used. If chloroform is used should be fresh.

(b) One-tenth normal iodine solution made according to U. S. Pharmacopeia, page 540.

(c) A solution of phosphoric acid diluted to one-tenth the strength of the stronger acid.

(d) Several test tubes and a small graduate.

Technic:

To 6 mils. of the prepared urine add 1 mil. of the solution of iodine in carbon tetrachloride and shake well both horizontally and sidewise. A sample of normal urine should be used as a control test. If syphilis active or an obscure lesion in body the iodine solution (lower layer) remains a beautiful pinkish or purplish red color, while normal urine no color remains.

Precautions:

It is best to make three different tests for accurate diagnosis.

(1) Make the comparative as above.

(2) To the comparative test is added 3 or 4 mils. of the normal iodine solution, and well shaken. If lower layer of carbon

tetrachloride remains clear in both specimens, no leutic lesions present.

(3) To the first comparative test to which you have added the 1 mil. iodine in tetrachloride solution is now added $\frac{1}{2}$ or 1 mil. of phosphoric acid solution (1 to 10) and well shaken. If both specimens become discolored, no syphilis present. The second and third test only necessary when arsenic, mercury or 606 have been taken.

DR. F. L. JACKSON,
(Medical World.)

TAPEWORM

℞ Oil tiglii, m. ii.
Fl. ext. kamalae.
Oleresin aspidii, aa ʒii.
Glycerini, q. s. ad ʒi.
M-ft. liquid.

Sig: Take half the bottle at 7 a. m. and the balance at 8 a. m. Dose salts hour before and hour after taking. No food until two hours after the salts have acted or the worm passed. Light supper night before.

M. D., Tex.

TESTICLES, UNDESCENDED

See *Cryptorchid*.

TETANUS

Tetanus:

One gallon very warm but not hot water containing 30 drops tr. lobelia (or 20 drops of the fl. ext.) used as enema slowly with patient in knee-chest position; once generally enough to control convulsions but may be repeated.

The above is for adult. Patient may vomit which will be alright. Lobelia is not a poison.

This gives relief from convulsions other than tetanus; also excellent to expel impacted feces.

DR. MARY G. COLE,
Timber, Ore.

Tetanus:

Sometimes curable by heavy doses H. M. C. (Hyocine, Morphin and Cactin) to quiet and relieve the pain. Intraspinous injection of 1 to 3 ounces of a 10 per cent sterile solution of magnesium sulphate. This with free elimination, for which calomel is the best.

M. D., Miss.

TETANY

Tetany; Following Removal of Thyroid Gland:

℞ Parathyroid substance, gr. 1/10.

Thyroid extract, gr. 1/4.

M-ft. one dose.

Sig: One such dose several times daily.

M. D., Wis.

TEETH

Teeth; To Protect during Pregnancy:

Eat a half orange twice daily and a half lemon once daily during the last three months of pregnancy.

M. D., Ill.

Teeth; Decay Early and Turn Black:

Kreosotum 3x, two or three tablets several times daily.

M. D., Tenn.

TEETHING

See *Dentation*.

TIENA VERSICOLOR

Tiena Versicolor:

℞ Sulph. precip., ʒi.

Salicylic acid, gr. xx.

Adeps benzo., ʒi.

M- Sig: Apply and rub in twice daily.

M. D., Okla.

Tiena Versicolor:

No need for polypharmacy when a 25 per cent solution sod. hyposulphite will cure every case.

Have had extensive experience with this and never knew it to fail.

M. D., Iowa.

TINNITUS AURIUM

Tinnitus Arium:

Just tie a string or rubber band around first joint of little finger (Zone Therapy) on affected side. Let remain 3 to 5 minutes. Repeat at frequent intervals.

TONSILLITIS

Tonsillitis; Abortive Treatment:

R Tr. benzoin comp., 3i.

Tr. guaiac, 3ii.

Glycerine c. p., q. s. ad ʒiii.

M- Sig: Teaspoonful without water every three hours until relieved.

I have used the above with almost universal success for twenty-five years.

DR. J. W. KETCHERSID,

206½ Mesa Ave.,

El Paso, Tex.

Tonsillitis; Gargle:

℞ Pot. chlorate, ℥i.
Carbolic acid, m. iv.
Aquae, ℥vi.

M- Sig: Gargle about a teaspoonful as often as needed.

M. D., N. Y.

Tonsillitis; Membranous:

℞ Pot. chlorate powd., gr. x.
Tr. iron chloride, ℥ii.
Glycerine, ℥ii.
Syr. simple, ad ℥iii.

M- Sig: Teaspoonful through a straw. Shake bottle well at time of mixing, but do not shake any more. The potassium chlorate settles to bottom of bottle and generates chlorine gas. Give no liquids immediately after taking; repeat every hour for twenty-four hours, then every two hours.

If diphtheretic give heroic doses anti-toxin.

DR. M. W. PHILLIPS,
Chapman Quarries, Pa.

Tonsillitis:

℞ Pot. chlorate, gr. xl.
Simple syrup, ℥ii.
Aquae, q. s. ad ℥vi.
M- Sig: Teaspoonful every two hours.
M. D., Miss.

Tonsillitis:

℞ Zinc sulphate, gr. xiv.
Pot. permanganate, gr. x.
Aquae, q. s. ad ℥iv.
M- Sig: Swab every one, two, three or four
hours.
This is my regular standby and it will
not disappoint you.

DR. R. H. LASATER,
Mesquite, Tex.

Tonsillitis:

℞ Tr. aconite, ℥ii.
Pot. chlorate, ℥ss.
Spec. med. hydrastis, ℥iii.
Aquae pura, q. s. ad ℥iii.
M- Sig: Use as gargle every one to three
hours. Swallow a little every time. Also
for pharyngitis, laryngitis, etc.
M. D., Ill.

Tonsillitis:

R Tannin, ℥i-ii.

Carbolic, ℥i.

Listerin, q. s. ad ℥iv.

M- Sig: Tablespoonful in third of a glass water and gargle every three hours. Never known it to fail.

M. D., Fla.

Tonsillitis; for the Fever:

R Tr. aconite, m. v-xx.

Spts. etheris nitrosi, ℥i-ii.

Elix. aromatic, ℥i.

Aquae, q. s. ad ℥ii.

M- Sig: Half teaspoonful every two hours.

M. D., Oregon.

Tonsillitis:

R Pot. chlorate, ℥ii.

Carbolic acid, ℥i.

Tr. iodine, ℥ii.

Borol, ℥ii.

Dobell's sol., ad ℥viii.

M- Sig: Tablespoonful in fourth of a cup of hot water as a gargle often.

M. D., Canada.

Tonsillitis:

℞ Tr. guaiaci.

Glycerine, aa ʒi.

M- Sig: Teaspoonful in half glass water every two hours. Acts nicely in acute cases and if given early will prevent peritonsillar abscess. DR. S. P. BURT,
Louisburg, N. C.

Tonsillitis:

℞ Tr. aconite, ʒii.

Tr. guaiac, ʒviiss.

Glycerine, ʒvss.

M- Sig: Adults 20 drops every hour till relieved, then t. i. d. Children in proportion.

DR. J. WM. TRABERT,
827 N. 9th St.,
Lebanon, Pa.

Tonsillitis; Follicular:

℞ Spec. med. aconite, m. xii.

Spec. med. phytolacca, ʒii.

Spec. med. sulphurous acid, ʒiv.

Sulphur, ʒiv.

Syrup Tolu, q. s. ad ʒiv.

M- Sig: Shake well and take teaspoonful every hour. No water for 30 minutes.

DR. KELLY SMYTHE,
Bemis, Tenn.

Tonsillitis:

Dozens of other prescriptions containing chlorate pot., tr. iron, guaiac, aconite, hydrastis, glycothymoline, etc., in varying combinations too many and too similar to print all.

Tonsillitis:

R Hydrogen peroxide.

Ext. hamamelis.

Aquae cinnamoni.

Aquae mentha pip., aa ʒi.

M- Sig: Use in atomizer and spray every one to four hours. M. D., Tex.

Tonsillitis:

R Tr. myrrh.

Guiacol, aa ʒiii.

Glycerine, ʒiv.

Aquae, q. s. ʒiii.

M- Sig: Dilute with equal amount of water and use as gargle every three hours.

M. D., Kan.

Tonsils; Enlarged (Hypertrophied)

Baryta iodide 3x every three hours if honeycombed rough; calcarea iodide 3x every three hours if smooth.

DR. E. P. CUTHBERT,

Titusville, Pa.

Tonsillitis:

I have never found anything to beat the prescription given in Hughes' Practice, viz.:

℞ Tr. chloride iron, ℥i.

Glycerine, ℥vii.

M-Sig: A teaspoonful every two hours; no food or drinks to be taken for half an hour afterwards. Calomel purgative to begin with and cold compresses about the throat and changed often.

M. D., Mo.

Tonsillitis:

℞ Ferrum phos 3x tituration, ℥ii.

Kali muriate 3x tituration, ℥iss.

Aquae, q. s. ad ℥iv.

M-Sig: Teaspoonful every hour until better, then every two hours.

DR. J. W. UNGER,
West Point, Miss.

Tonsillitis:

To abort, paint the tonsils thoroughly with fl. ext. hemlock (*Pinus Canadensis*), repeating as desired. Never fails if used early.

DR. G. W. ROSS,
Onsted, Mich.

Tonsillitis; Muscle Soreness from:

R Salol, 15 grains, often repeated until relief,
then three or four times daily.

M. D., Ill.

Tonsillitis:

Swab with tr. chloride iron once or twice
daily.

M. D., Tenn.

Tonsillitis:

Paint with Monsel's Solution.

M. D., Ala.

Tonsillitis:

Aromatic chlorazene (Abbott) is the
finest thing for gargle yet.

M. A., Alaska.

Tonsillitis:

Just swab with equal parts oil pepper-
mint and alcohol once or twice and the sore
throat is gone.

M. D., Mich.

Tonsillitis:

R Acetanilid.

Sod. salicylate, aa.

M- Sig: With powder blower cover tonsils
well and repeat every hour or two. Ace-
tanilid heals galls or anything healable.

M. D., Del.

Tonsillitis:

Ordinary sore throat frequently marvelously relieved by placing a small pinch of common table salt well back on the extended tongue. Thanks to The Med. Sum. for this.

M. D., Del.

Tonsillitis; Follicular:

℞ Compound tincture guaiac. Teaspoonful in milk q. three hours. "Acts Like A Charm."

M. D., Ind.

TOOTHACHE

Toothache:

Guiacol on gums and in cavity. This is 40 horsepower.

M. D., Ill.

Toothache:

Pack cavity with cotton soaked in a mixture of equal parts of benzyl alcohol and chloroform.

M. D., Cal.

Toothache:

Saturate cotton with pure phenol and insert into previously cleaned cavity.

M. D., Ill.

Toothache:

Place a crystal of chloral hydrate in cavity and pack with cotton.

M. D., Pa.

Toothache:

R Codeine, gr. $\frac{1}{4}$.

Oil cloves, 3ss.

Chloroform, 3iss.

M- Sig: Saturate cotton and pack cavity.
Instant relief.

M. D., Mo.

Toothache:

Readily relieved by placing a 5 grain acetanilid tablet beside the aching tooth and letting it dissolve.

M. D., Oregon.

Toothache:

R Tr. iodine.

Chloroform, aa 3ii.

Morphea sulph., gr. iv.

M- Sig: Apply on cotton often repeated until relieved. Will act like magic within two to four applications every three to five minutes.

M. D., Iowa.

Toothache; To Kill the Nerve:

℞ Creosote, ʒi.
Arsenic, gr. i.
Alcohol, ʒiv.

M- Sig: With toothpick or applicator and cotton dipped into solution down to and barely touching the arsenic, which settles to the bottom of the bottle, push the cotton into cavity until it strikes the nerve. Do not let touch gums or tongue. This kills the nerve and stops decay.

M. D., Wash.

Toothache; Zone Therapy:

Beginning at the thumb for incisors on the affected side, select finger or fingers corresponding to the aching tooth. Tie a string or rubber band tight on first joint of fingers selected, or clip them with clothes pins. Let remain three to five minutes.

M. D., Mo.

Tooth; Extraction:

A No. 1 H. M. C. Tablet (Abbott) given in a teaspoonful of Hoffman's Anodyne and water, fifteen minutes beforehand, will greatly relieve the pain of extraction and in some cases render it entirely painless.

M. D., Miss.

Tooth; Extraction, Anesthesia:

See *Anesthesia*.

Tooth Extraction, Pain of.

See *Pain from Tooth Extraction*.

TRACHOMA (Granulated Lids)

Trachoma:

The following is all that is necessary in the ordinary cases:

R Yellow oxide mercury, ʒii.

Vaseline alba, ʒii.

M- Sig: Apply night and morning and keep up regularly for some time.

M. D., Miss.

TRENCH FEET

Trench Feet; a Specific:

Paint with 10 per cent nitrate silver solution daily or bathe daily with 40 per cent formalin solution.

M. D., Ind.

TUBERCULOSIS

Tuberculosis:

Berry's Solution of Etosoerc given intravenously 10 cc. the first week, 20 cc. the second week, 30 cc. the third week and weekly thereafter will do tuberculosis more good than anything yet discovered.

DR. LEON B. AUSTIN, Rosedale, Miss.

Tuberculosis:

Von Rook's Vaccine 1/10 mil. gradually increased once a week to once a month, according to the reaction (which you want to come just short of), and liquid calcreose (Maltbie), 1 to 4 drams or more daily as needed to control the cough, increase appetite and weight, together with proper hygiene, diet and sunbath exposures will do about all for tuberculosis that any sanatorium can do and that's a lot.

M. D., Tenn.

Tuberculosis:

Ampoules of sodium iodide 30 grains and guaiacol 1/2 grain (Intra. Prod. Co., Denver), given intravenously is one grand remedy for tuberculosis, as well as numerous other conditions, as asthma, syphilis, arteriosclerosis, etc. This with other treatments I am sending you herewith if I could have purchased for \$100 years ago would have been cheap at the price. M. D., N. M.

Tuberculosis; Apparent:

Those cases bearing a striking similarity to tuberculosis, yet no loss of weight and other characteristic symptoms, bear in mind, *Bronchial Spirochetosis*. See Bulletin No. 1, Henry Phipp's Institute, Philadelphia, Pa.

TUMORS

Tumors:

Most any kind can be reduced or vanished under Photo Therapy and Morton Wave Current and thus avoid operations; also fibrous ankylosis can be overcome and function restored. Try this.

DR. J. W. BOLTON,
Warrensburg, Mo.

TYPHLITIS

Typhlitis; Acute:

Iris tenax 6x six pellets every hour in the young. Every two hours in the old (this is right).
M. D., Wash.

TYPHOID DELIRIUM

See *Delirium*.

TYPHOID FEVER

Typhoid:

R Quin. bisulph., gr. $\frac{1}{2}$ to 1.
Leptandrin, gr. ii.
Cupri arsenitis, gr. $\frac{1}{400}$.
M-ft. caps. one.

Sig: One such dose given every four hours throughout the course of fever, hemorrhage and diarrhoea will be the exception and the disease shortened.

M. D., Cal.

Typhoid:

I have used the Woodbridge treatment for twenty-five years and have aborted at least 75 per cent of my cases. If used early can abort practically a 100 per cent in a week; if patient has been sick a week or more it will take about ten days.

Tablet No. 1 contains podophyllin 1/960 grain, mercurous chloride 1/6 gr., guaiacol carbonate 1/16 gr., menthol 1/16 gr. and eucalyptus 8 drops.

Sig: One every 15 minutes for three days.

Then give Tablet No. 2, containing podophyllin 1/960 gr., mercurous chloride 1/16 gr., guaiacol carbonate 1/4 gr., thymol 1/16 gr. and eucalyptus 8 drops. One every hour, continuing until the temperature drops to normal. There is a No. 3 to be given every hour about the fourth or fifth day, but I have never found them necessary. These are put up by Park Davis Co., Detroit.

Use pot. chloride solution as a mouth wash to prevent ptysm and if the bowels do not move as much as three times daily give a laxative.

DR. J. PROUDFOOT,
Monkton, Ont., Can.

Typhoid:

Give oil once daily and 5 grain sulphocarbolate tablets (Abbott's) every two to four hours and give typhoid bacterin starting with 3/10 mil. and increasing to effect. Some authorities to the contrary notwithstanding.

M. D., Tenn.

ULCERS

Ulcer; Gastric:

Give fluid extract eucalyptus, teaspoonful in milk before meals.

M. D., Mo.

Ulcers; and Sores That Won't Heal:

Take a package of common gelatine or Jello and add to it a half pint hot water, then stir in an ounce of Peru Balsam, then enough zinc oxide to make a stiff paste, to this enough glycerine to keep it from getting hard. Now with this paint the sore once daily for a few days, not washing much if any, then paint and bandage, paint the bandage, then another bandage over this and let remain for a week or more when the sore or ulcer will be well.

PETERSIOUX.

Ulcers; and Sores That Won't Heal:

℞ Silver nitrate, gr. xl.

Aquae dest., ℥i.

M- Sig: Apply daily. This will heal rapidly. Worth a million.

DR. D. W. EVANS,
157 S. Main St.,
Scranton, Pa.

Ulcers; Chronic:

℞ Rosin.

Beeswax.

Lard.

Beef tallow, aa.

Mix and melt, keep stirring till all is dissolved; when cool it makes a hard salve.

Sig: Apply to ulcer two or three times daily on gauze. This is also fine for chapped and cracked hands.

M. D., Iowa.

Ulcers:

℞ Aristol, gr. xv.

Balsam Peru, ℥i.

Unguentine, q. s. ad ℥i.

M- Sig: Apply locally to the ulcer. Used with great success.

DR. T. CRUIKSHANK,
Vermillion, S. Dak.

Ulcers; Chronic:

℞ Oil thuja, ℥i.
 Vaseline alba, ℥xvi.
 Melt vaseline and add the oil, stirring frequently while cooling.
 Sig: Use on any old sore needing vitalizing.
 M. D., Wis.

Ulcers; Which Fail to Heal:

℞ Alum.
 Sugar, aa ℥i.
 Glycerine, ℥iii.
 M- Sig: Apply twice daily.
 M. D., Cal.

Ulcers; Irritable:

Apply powdered baptisia (wild indigo)
 and note the change it will work.
 M. D., Wis.

Ulcers; Irritable:

℞ Tr. iodine, ℥ss.
 Oil calendula, ℥iii.
 Balsam Peru, ℥i.
 M- Sig: Apply and bandage.
 M. D., Tex.

Ulcers; Corneal:

Yellow oxide mercury 10 per cent strength of U. S. P. Carried in tubes by many firms. Apply every four hours. If ulcers of the recurring type, touch with a 1 to 300 bi-chloride of mercury solution.

M. D., N. Y.

Ulcers; Leg:

First cleanse with hydrogen peroxide or any good antiseptic. Dry well and paint ulcer and surroundings with a 40 per cent nitrate silver solution, over ulcer place aseptic gauze, then bandage from ankle to four or five inches above the ulcer. Redress every third day until cleared up well and have healthy granulations, then touch only the unhealthy granulations and use Bassilican Ointment on gauze and dress every eight or ten days until well. (A large majority will be well before this time.)

DR. U. S. CORDELL,
Macomb, Okla.

Ulcers; Leg:

Dionol is the thing, I know, I have tried it.
M. D., Okla.

Ulcers; Varicose:

The bane of the medical profession; can be cured while patient is up and about with the following treatment, which has won me many patients and made me money:

- ℞ Glycerine, ℥xviii.
Water, ℥xl.
Zinc oxide, lb. i.
Gelatin, lb. i.

Mix first three and place on stove, bring to a boil and slowly add the gelatin with constant stirring, then remove from stove and let cool. When desired to use place on stove again to heat and place two 3-inch bandages loosely rolled into it so as to absorb as much of it as possible.

Apply these to the leg; begin at toes and wrap firmly up to well past the ulcer. Apply one over the other and as warm as patient will stand, let remain eight or ten days, then remove and re-apply. First dressing may have to be removed soon, due to the moisture from the ulcer. Should it be discharging freely, cut a window over ulcer and clean and re-apply over this window. Patient should be kept in bed about a half day, with leg elevated before applying the first time. Have treated numbers and find

it best treatment. The great advantage is patient can be up and at work while taking treatment. After ulcer is well use an elastic bandage well wrapped from toes up and may be well to continue wearing it. My article showing pictures can be seen in Missouri State Journal, August, 1921. Try this, doctors, it will make you friends, patients and money.

DR. W. L. BRANDON,
Poplar Bluff, Mo.

Ulcers; Varicose:

℞ Argylol, ʒii.

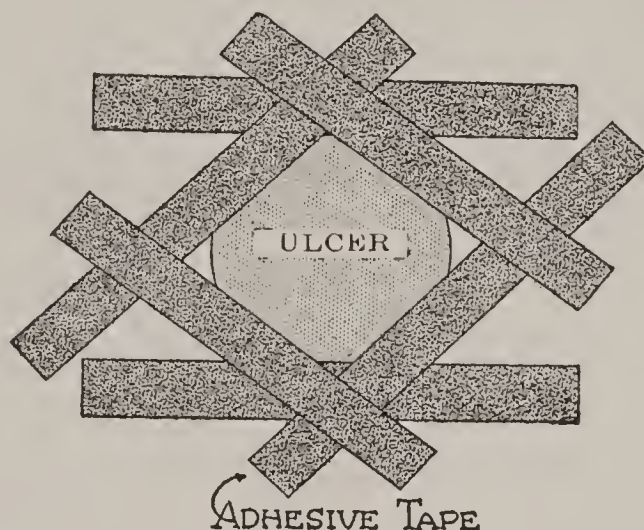
Glycerine.

Aquae, aa q. s. ʒi.

M- Sig: Apply and cover ulcer with zinc oxide adhesive plaster $\frac{1}{2}$ inch wide, arranged in gridiron fashion and cover all with a snug fitting bandage. Change once daily, the adhesive will be loosened by the discharge from the ulcer, daub on more of the above mixture and re-apply the plasters and bandage. Patient need not be kept in bed. In summer time I have patient expose ulcer to the direct sunlight one hour daily. This light is of no value if filtered through a window glass.

This treatment is so simple I have often been laughed at for recommending it, but try it out and see for yourself.

M. D., Queens, L. I., N. Y.



A Kansas physician also sends the same treatment and about the same drawing to show how the strips of adhesive are applied, and says he uses most any kind of simple ointment and seems to get about the same results. Regards the tight strapping as the important part of treatment and states that the ulcer fills in at bottom and closes in the circumference very rapidly.

M. D., Kan.

URINE

Urine; Incontinence:

See *Enuresis*.

Urine; Passed, Involuntarily:

As when coughing and otherwise, causticum 6x three tablets every two or three hours.

Passed unconsciously, argentum nitricum 6x, three tablets every two or three hours.

M. D., Tenn.

Urine; Phosphate in:

When urine is cloudy or milky looking and is loaded with phosphates a mixture of hydrochloric acid, nux vomica and essence pepsin in good dosage after meals will cure.

M. D., Ala.

Urine; Suppression of; Uremic Convulsions:

Apply over the kidney region a flaxseed or bread poultice containing 2 ounces of turpentine. This was used by a physician in famous Muhlenberg family and I have seen uremic convulsions in nephritis stopped by its use and not recur.

M. D., N. J.

URTICARIA (Hives; Nettle-rash)

Urticaria:

℞ Ichthyol, ʒii.
 Calcium phos., ʒii.
 M-ft. pil. No. xlviii.
 Sig: One pill t. i. d.

M. D., Miss.

Urticaria:

Milk of magnesia, large dose every hour until bowels act freely, then small dose every two or three hours.

M. D., Ind.

Urticaria; Quinin Idiosyncrasy:

Give quinin same as no idiosyncrasy but always add a half quantity by weight of mercury with chalk.

℞ Quin. sulph., ʒi.
 Mercury with chalk, ʒss.
 M-ft. caps. No. xxi.
 Sig: One capsule every two hours. Has never failed me.

DR. M. B. COPE,
 Port Royal, S. C.

UTERINE FIBROIDS

See *Fibroids and Tumors*.

VACCINATION

Vaccination; Bad Takes:

Nothing beats Dionol Ointment applied and covered with cloth. Will check the inflammation as well as the drawing, painful sensations at once and in few hours it will look and be quite improved.

M. D., Tenn.

Vaccination; Bad Takes:

Use plain white vaseline with a bit of paraffin melted with it and get excellent results. (This is about the same thing as Dionol, or at least gives the same results.)

M. D., N. Y. C.

VARICOSE VEINS

Varicose Veins:

Intravenous injections of a 10 to 20 per cent solution of chemically pure sodium carbonate every day or every two or three days according to the case.

Five to twenty injections required for a case of moderate intensity. No pain, no danger, no accidents in forty cases. Does not interfere with the professional or social life of patient as can be up and about while taking treatment.

M. D., France.

Varicose Veins:

Learn the Osteopathic method of loosening up the tissues in the groin and especially at the saphenous opening. I have cured many cases without medication and one case had a large ulcer on shin which healed in short time by this treatment.

M. D., Iowa.

Varicose Veins:

R̄ Carduus Marianus, ʒii.

Sim. elix., ʒvi.

M- Sig: Teaspoonful four times daily.

M. D., Md.

VENEREAL PROPHYLACTIC

Venereal Prophylactic:

First, wash parts thoroughly with 1/1000 bichloride mercury solution.

Second, inject into urethra 4 cc. (mil.) of a 20 per cent sol. argyrol and retain five minutes.

Third, smear entire penis with a 20 per cent calomel ointment and allow to remain. A half dram should be enough.

M. D., Mo.

Venereal Prophylactic:

A very good thing seems to be synol soap, washing well and putting a drop in the meatus.

M. D., Mich.

Venereal Prophylactic:

The tube antiseptics sold for this purpose seem to be very reliable. There are a number of different makes on the market.

Venereal Prophylactic (French Secret, So Called):

℞ Boric acid powd., ℥vii.

Burnt alum powd., ℥iv.

Tanic acid powd., ℥i.

Quinin hydrochloride, ℥ii.

M- Sig: Dissolve 1 dram in pint warm water, wash and inject, immediately after coition.

M. D., Wis.

VERTIGO

Vertigo:

For functional cases and worth a trial in all cases.

℞ Arom. spt. ammon., ℥i.

In water, q. s. to make one dose. Repeat as needed. Saline cathartics also indicated.

M. D.

VINCENT'S ANGINA

Vincent's Angina:

I do not believe it is well known that an emulsion of one tube Neo-Salvarsan in one ounce glycerine, applied locally every four hours, will clear it up in twenty-four hours in most cases. No good in diphtheria.

DR. ALVIN T. LIPHARD,
209 Hollywood Ave.,
Elizabeth, N. J.

Vincent's Angina:

In a recent case many things were tried but with no benefit until a 10 per cent Neo-Salvarsan solution in boro-glycerine was used locally. This gave best relief and patient carried a bottle of it and where there was pain would place a pledget of cotton wet with the solution on the painful point with great relief.

DR. WM. H. CHAPMAN,
Blythe, Cal.

Vincent's Angina:

For the induration apply I. G. O. or Iodex Ointment and the Violet Rays for 10 to 20 minutes every day or so. It will soften and run freely.

M. D., Tenn.

Note: Doctor Chewning's New Violet Ray Tube fits any light socket and is excellent for treating numerous diseases, as enlarged glands, goiters, local pains and inflammations, rheumatism, ankylosis, neuritis and tubercular conditions. If you do not have electricity get you a Delco or other lighting plant and have the doctor, whose address is Fredericksburg, Va., 410 George St., treat some globes for you. It will pay for itself.

VOMITING

Vomiting:

℞ Epsom salts, ʒi.
Sulphuric acid arom., ʒii.
Tr. opii deod., ʒi.
Spts. lavender comp., ʒii.
Glycerine, ʒss.
Aquae mentha pip., q. s. ad ʒiii.
M- Sig: Teaspoonful in water every two
hours. M. D., Tenn.

Vomiting:

℞ Tr. iodine, m. xii.
Phenol, m. ii.
Bis. subnit., gr. x.
Sig: One such dose q. one to two hours.
M. D., N. Y.

Vomiting and Purging; Children:

℞ Calomel, gr. i.

Lime water, ℥i.

Aquae, ℥xvi.

M- Sig: Shake and give tablespoonful
every fifteen minutes.

M. D., Miss.

Vomiting:

℞ Ferrum phos. 3x.

Natrium phos. 3x.

Kali murate 3x, aa ℥ii.

Aquae, q. s. ad ℥iv.

M- Sig: Teaspoonful until vomiting is con-
trolled.

M. D., Miss.

Vomiting; Nervous and Hysterical:

This is hard to control, but 1 drop carbolic
acid in 5 drops chloroform in a quarter of
a glass water repeated every hour or two
for a few doses will do it.

M. D., Mo.

Vomiting; Malarial:

See *Malaria, Vomiting of*.

Vomiting of Influenza:

See under *Hiccough*.

VOMITING OF PREGNANCY

(Hyper-Emesis-Gravidarum)

Vomiting of Pregnancy:

R̄ Dessicated pituitary, 0.03
Dessicated placenta, 0.12
Dessicated corpora lutea, 0.12
M-ft. in caps. gelat. t. d. No. xxx.
Sig: One capsule t. i. d. a. c.

M. D., N. Y. C.

Vomiting of Pregnancy:

Ampoules corpora lutea 3 grains hypodermically once daily as long as necessary. One to four doses usually all needed to control. This has never failed me in reflex vomiting of pregnancy or other causes. Worth the price of any book.

M. D., Tex.

Vomiting of Pregnancy:

R̄ Tabloid thyroid gland, gr. ss.
Ft. pil. d. t. d. No. xviv.
Sig: One, two, three or more q. three hours.

Also

R̄ Cerii exalate, gr. x.
Bis. subsalicylate, gr. v-xv.
M-ft. pulv. d. t. d. No. L.
Sig: One q. three hours when necessary.

M. D., N. Y. C.

Vomiting of Pregnancy:

R Placenta comp. (Harrower), caps. No. L.
Sig: Two with ice or charged water q. i. d.
M. D., Ct.

Vomiting of Pregnancy:

Give $\frac{1}{2}$ to 1 dram sod. bromid in half glass water per rectum, three times daily. Use infant syringe. No food or drinks by mouth, but give by rectum. By the fifth day patient should be fed a little by stomach and the next day three meals and water.

M. D., Ohio.

Vomiting of Pregnancy:

Sodium bromid 5 to 10 grains in plenty of water three or four times daily.

M. D., Iowa.

Vomiting of Pregnancy:

Large doses of sodium or potassium bromid is the best single remedy. If stomach will not retain give in dram doses per rectum.

M. D., Kan.

Vomiting of Pregnancy:

Stop all food and water and give dram doses sodium bromid per rectum. In extreme cases nourishment by rectum, but this rarely necessary. The third day spoonful of buttermilk frequently repeated and slowly increased in amount. Fourth day brown toast may be given. Increase carefully and you will save your patients. This has been my experience.

M. D., Okla.

Vomiting of Pregnancy:

Campho-Phenique Powder, 2 grain capsules as needed.

M. D., Ill.

Vomiting of Pregnancy:

Adrenalin chlorid 1/1000 solution, 20 drops every three or four hours.

M. D., Cal.

Vomiting of Pregnancy:

℞ Spec. med. nux vomica, m. x.

Elix. lact. pepsin, q. s. ℥iv.

M- Sig: Teaspoonful every hour as needed.

M. D., Kan.

Vomiting of Pregnancy:

R̄ Cacain, gr. iii.

Bis. sub nit., ʒii.

M-ft. charts No. xii.

Sig: One every three hours.

M. D., S. C.

Vomiting of Pregnancy and Nausea:

This is frequently due to an unhealed lacerated (or inflamed) cervix uteri and I have frequently gotten complete relief with no return by carefully painting the cervical canal with tr. iodine.

M. D., Mich.

Vomiting of Pregnancy:

Relieved by 10 drop doses of a 20 per cent menthol in olive oil on sugar.

M. D., Iowa.

Vomiting of Pregnancy:

Give phosphate of lime 20 grains q. three hours.

M. D., N. Y.

WARTS

Warts:

Apply a drop fuming nitric acid and cover with cotton and cloth. Next day pick the thing off.

M. D., Iowa.

Warts:

Can be removed in twenty minutes. Take caustic potash, place in saucer in open air until it slackens, then thicken with gum arabic to prevent spreading and apply to the wart, being careful to protect surrounding tissues.

The following will also remove but requires a longer length of time:

R Sulphur, 3ii.

Glycerine, 3v.

Acetic acid, 3i.

M- Sig: Apply t. i. d.

M. D., Ark.

Warts:

Apply once daily a saturated solution of ammonium chlorid in water.

Or Fowler's solution applied t. i. d.

M. D., Iowa.

Warts and Moles:

Use sat. sol. silver nitrate in nitrate mercury. Apply as indicated.

Or nitric acid, glacial acetic acid and rain-water equal parts. Mix the acetic acid with the water, then add the nitric acid slowly. Mix in the open air.

M. D., Iowa.

Warts and Moles; Near Cancers, etc.:

The daily or twice daily application of Platt's Chlorides will cure a surprisingly large number of apparently malignant chronic sores, warts, moles, etc. Occasionally it will so inflame as to require a few days' rest. Excellent for those cases who will not or can not take Radium or X-Ray treatment.

The above has been worth quite a lot to me.

M. D., S. C.

Warts; Seed:

Give thuja 200x small powder every night for three nights, then wait for three or four weeks and repeat if should need to.

M. D., Tex.

Warts:

Apply thuja occidentalis locally two or three times daily and take the third decimal dilution (3x) in drop doses every hour.

DR. ED. M. SPALDING,
Anchorage, Alaska.

Warts and Moles:

See *Fuljuration Treatment for Superfluous Hair*.

Warts:

See *Milkweed Treatment for Corns*.

WHITLOW

See *Felons*.

WHOOPING COUGH (Pertussis)

Whooping Cough:

Push to the physiological effect, castanea, phenacetin and belladonna.

R Phenacetin, ʒiv .

Tr. belladonna (Squibb's), ʒi .

Fl. ext. castanae (chestnut leaves), ʒiv .

Syr. white pine comp., ʒiv . (Shake well.)

M- Sig: Give a quarter to a teaspoonful every two hours until flushing of face, then every four hours to effect. Some families will stand more belladonna than others. This will positively ameliorate.

DR. R. A. LANCASTER,

1325 Lady St.,

Columbia, S. C.

Whooping Cough:

Give alum 1 grain and tr. belladonna $\frac{1}{2}$ drop in Syrup Tolu every three hours, with external applications of caraway oil. It gives me entire relief in many cases.

M. D., India.

Whooping Cough:

R Heroin, gr. i.

Aquae, ℥i.

Quin. sulph., gr. xv.

Heavy chocolate syrup, q. s. ℥iv.

M- Sig: Teaspoonful every four hours. If this is well prepared it will almost entirely control the cough.

M. D., Iowa.

Whooping Cough:

R Antipyrine, ℥i.

Sodii bromid, ℥ss.

Tr. digitalis, m. xxx.

Spts. ammon. arom., ℥iii.

Syr. Tolu, q. s. ad ℥iii.

M- Sig: Teaspoonful every two or three hours.

R Thymol, gr. xxv.

Ether sulph., ℥iss.

Oil sassafras.

Oil eucalyptus.

Oil turpentine.

Liquid tar, aa ℥ii.

Carbolic acid, ℥iii.

Alcohol, q. s. ad ℥iii.

M- Sig: Apply locally over throat three or four times daily.

M. D., Ill.

Whooping Cough:

R Menthol, gr.i.

Liq. alboline, ℥i.

M- Sig: One drop in each nostril as needed.

An accidentally discovered specific.

M. D., Texas.

Whooping Cough:

Bromoform 5 drops on a teaspoonful of sugar prevents the spasms when everything else fails.

M. D., Colo.

Whooping Cough:

Calcidin and calcium sulphide (Abbott's), q. s. every two hours in alteration to effect will cure recent cases and greatly benefit those of longer duration.

M. D., Tenn.

Whooping Cough:

R Quinin sulph., ℥i.

Syr. yerba santa, ℥iv.

M- Sig: Teaspoonful every three hours.

M. D., S. C.

WORMS

Worms; Round (Nematodes; Ascaris Lumbricoides)

R Castor oil arom., 30 mil.
Chenopodium oil, m. x.
Glycerine, 15 mil.
Syr. rhamnus cathartica, 30 mil.

M- Sig: Shake well and take the first thing in the morning, followed with tepid water or weak tea. Above is adult dose; children according to age, about 1 drop of oil chenopodium to each two years of age and use rhubarb compound syrup instead of the above for children.

DR. P. R. PANLILIO,
Angeles, Pampanga, P. I.

Worms; Pin:

Give injection (enema) of a weak solution of molasses, the worms feast on this and become dormant. In one hour give large dose castor oil, cover jar with black gauze, allow stools to collect on the cloth, then count the worms by the hundreds.

M. D., Mich.

Worms; Pin (Oxyuris Vermicularis):

Feed patient for several days on soaked herring, or give an excessive amount of salt in capsules. It is the salt in the herring that kills the worms.

M. D.

Worms:

See *Tapeworms*; also see *Gattis' Worm Oil Formula* in Second Collection of Notes.

WOUNDS

Wounds:

“English BIP.”

R Bis. sub nit.

Iodoform, aa.

Liquid petrolat., q. s. to make a thin paste.

Sig: Apply to depth of wound, swab most of it away with sterile cotton or gauze and dress ordinarily. “A sure shot.”

Have used this in my mining practice for years and seldom have an infection, though the wounds are punctured, lacerated, greasy and dirty. I use chlorazene solution to cleanse.

DR. A. J. WILLIS,
Embreeville, Tenn.

Wounds:

Iodoform in tr. iodine, or the following:

R Tr. iodine.

Castor oil, aa.

DR. WM. L. DAVIS,
Bartlett, Tenn.

Wounds:

R Echinacea, ℥i.

Calandula, ℥ii.

Aquae, ℥ii.

M- Sig: Apply direct to wound which will
heal without forming one drop of pus.

M. D., Okla.

Wounds:

Apply spts. recti to keep moist and there
will be no pus.

M. D., Texas.

Wounds:

The following prescriptions originated by
Dr. Douglas H. Stewart, N. Y. C., and
which several of his friends have been using
with much more than just passing success
both in phlegmons and fresh and infected
wounds and are preferred to the chlorine
compounds.

Paint the site and inside as well as the
surrounding skin for an inch or more from
point of infection with:

℞ Tr. iodine, ʒi.
Calomel, gr. ss.
Glycerine.
Alcohol, aa ʒi.

Then dust with:

℞ Sublamin.
Methyl Blue, aa gr. xx.
Scarlet Red, q. s. ad ʒii.
M- and dilute to 1:20 or 1:25 with Squibb's
boric acid, powdered fine.

Then dress with gauze saturated with:

℞ Iodine crystals.
Potass. iodide, aa gr. L.
Ether, q. s. to solution, worked up in mortar
and before ether volatilizes add
Calomel, gr. xii.
Liquid alboline, q. s. ad ʒiii.

These combinations may be used for almost every sort of infected wound and will also overcome any tendency to infection of fresh wounds.

Those of us who have used these formulas believe they should be standard equipment for the dressing table of every physician.

D. H. S., M. D., N. Y. C.

G. L. S., M. D., Nevada.

Note: Also recommended for boils before and after opening; in fact, was so

headed but received too late to be classified" and had to place under Wounds.

Wounds; Punctured, Nail in Foot:

Cleanse with echinacea and bandage soaked in same, or use turpentine, iodine or some other good antiseptic. Should it be from a rusty nail the wound should be opened promptly and antiseptics applied, and tetanus antitoxin administered.

Should the foot become swollen and painful, try this for results: Get a small box, put two or three layers of old woolen socks or pieces of woolen cloth in the bottom of it, on this empty a few live coals of fire, and hold foot over it so the smoke can enter the wound.

M. D., Ark.

Wounds; Punctured:

Apply thick poultice of scraped raw potato and change as often as it becomes dry. All pain will disappear and no inflammation will develop if applied at once after the accident.

M. D., Mo.

Wounds; Ulcers, Sores, etc., Which Fail to Heal:

See alum, sugar and glycerine combination
under *Ulcers*, by a California M. D.

Wounds:

See *Circumcision Antiseptic*.

MISCELLANEOUS

Antiseptic Solution:

℞ Listerine, ℥ii.
Glycerine, ℥i.
Weak, uncolored Japan tea, q. s. ℥iv.
M-et let stand till "cotton" forms.

It is then ready to use. Leave the "cotton" in it as it benefits it as "mother" does vinegar. This is original.

DR. F. W. McCANON,
852 W. 4th St.,
Des Moines, Iowa.

Antiseptic Oil, for Nose and Throat Work:

℞ Iodine, gr. iv.
Gum camphor, gr. xii.
Phenol, gr. xii.
Menthol, gr. viii.
White oil, q. s. ad ℥i.
M- Sig: Use as desired.

Antiseptic Vaginal Globules:

℞ Hydrarg. chlorid corrosive, 0.006
Acid salicylic, 0.12
Quinin alkaloid, 0.18
Cocoa butter, 4.00
M-ft. supposit. vaginal, talis doses No. xx.
Sig: Use as directed.

DR. I. H. ABRAHAM,
800 W. 178th St.,
New York City.

Antiseptic; Intestinal:

℞ Chlorazene (Abbott), gr. $\frac{1}{2}$ to $\frac{3}{4}$.
Pot. sulphocarbolate, gr. v.
Zinc sulphocarbolate, gr. iii.
Bismuth subsalicylate, gr. ii.
M-ft. pil. d. t. d. No. L.
Sig: One such pill with water every two
hours.

M. D., N. Y. C.

Antiphlogestic:

℞ Menthol, 3ss.
Oil gualtheria, m. xxv.
Kaolin (or good clay), lb. i.
Glycerine et water, q. s. to make a paste.
Sig: Local application for inflammations.

M. D., Iowa.

APHRODISIAC

Aphrodisiac:

Yohimbin 5 to 10 drops of a 1 per cent solution t. i. d. produces marked congestion of the sexual organs without renal irritation.

Cavendish Chem. Corp., N. Y. C., are sole agents for yohimbin (Henning). G. A. Breon Co., Kansas City, Mo., puts out a compound tablet containing 1/12 grain yohombin hydrochloride that gives good results.

M. D., Iowa.

BOOKS

Those interested in Homeopathy should obtain "Elements of Homoeopathy" (Bericke & Tafel, Philadelphia), Clarke's Prescriber or Nash's Leaders from the same source. The latter is interesting reading from cover to cover. These books can also be had from Luyties' Phar., St. Louis.

Auto-Hemic Therapy Improved: Those interested in this very popular method of treatment should obtain "Improved Auto-Hemic Therapy" from Dr. Chas. B. Graf (320 W. 87th St., N. Y. C.). His improved technic eliminates the 24-hour incubation and allows the patient to be treated at same time blood is taken. **Potency At Any Age:**

In All Diseases Always Inject the Last Frothless Atenuated-Potenized Solution, Generally the 6x or 7x.

Woman: Her Sex and Love Life (Critic & Guide, N. Y. C.) is a great book.

Life Shortening Habits and Rejuvenation, by Arnold Lorand, M. D., Carlsbad, Czecho-Slovakia. (F. A. Davis Co., Philadelphia.)

The Proteomorphic Theory and the New Medicine (Dr. Henry Smith Williams, N. Y. C.). This author furnishes free ampoules for experimental purposes and for charity cases and only makes a nominal charge for same for pay patients, direct from his laboratories.

Modern Treatment and Medical Formulary, Campbell (F. A. Davis Co., Philadelphia), is a good book worth owning.

Bromo-chloral Compound:

This generally costs about \$15 per gallon. Can be made as follows at about \$7 per gallon:

℞ Pot. bromid, ʒxxxii.

(Or combined bromides as you like.)

Chloral hydrate, ʒxxxii.

Elix. lact. pepsin.

Aquae dest., aa ʒlxiv.

Mix.

M. D., Mo.

Calcium, Iodized; To Make:

℞ Air slacked lime (pure white), ʒi.

Iodine resublimed, gr. lxiv.

Mix thoroughly in glass mortar with pestle.

Place in colored glass stoppered bottles.

In three days it becomes dark brown and is ready for use. There are other formulas but the above is simplest and best. I have used it for twelve years.

M. D., Wis.

Dionol Formula or Substitute:

What seems to be it for burns, inflammations, hemorrhoids, sore nose, snuffles, etc.

Melt one pound of snow white vaseline and one ounce of paraffin together and you have this great article. THIS IS WORTH \$25.00 TO ANY PHYSICIAN.

M. D., Wis.

Note: Ordinary white vaseline probably as good as any, but to make it look right the "snow white" must be used.

*ELECTRONIC THEORY (Abrams)**A Pointer:*

Do not knock the Electronic Theory of Abrams. Investigation and time will prove it a great aid to us.

M. D., Cal.

A Pointer:

Abrams has them all beat. I have his oscilloclast; it's great. M. D., New Mex.

Emergency Remedy:

℞ Spts. lavender comp.

Spts. ammon. arom.

Tr. valerian.

Spts. camphor, aa.

M- Sig: Teaspoonful in half glass water every 10 or 15 minutes to one hour.

Just the thing for weak, fainty feeling or smothering where a quick stimulant is needed, like that following post partum hemorrhage, weak heart, etc.

I never leave town without some of it.

DR. J. D. McCANN,
Monticello, Ill.

Fly Poison:

Place castor oil with sugar sprinkled around the edge where the flies can get to it.

M. D., Pa.

Ink Formula; Violet:

℞ Violet analine, ℥i.

Dissolved in warm alcohol, ℥iv.

Add boiling water $\frac{1}{2}$ to 1 gallon as desired.

Cost about 50¢ per gallon and is as good as can be bought. M. D., Cal.

Note: When alcohol can not be had wood alcohol answers very well and analine gentian violet will answer for the analine violet.

Labor; Slow:

Non-productive pains, patient's bowels may or may not have moved recently, just inject high into bowel water as hot as can be borne and see business pick up. The second injection rarely necessary.

DR. A. L. ARMSTRONG,
Speegleville, Tex.

Labor; To Make Easy:

Starve last three or four months (?) of pregnancy. Lard rub once or twice a day before a fire. Cheaper than "Mother's Friend."
M. D., Ill.

Lactopeptin; Imitation:

Rx Pepsin pure.

Pancreatin pure, aa ʒi.

Hydrochloric acid, ʒii.

Milk sugar, ʒxvi.

Mix first two with the milk sugar, then add the acid. Spread on white paper and allow to dry for twenty-four hours or longer, then pulverize and bottle.

M. D., Iowa.

Lime in Eye:

Drop into eye freely a mixture of simple elixir and water equal parts.

M. D., Ill.

Liniment; A \$1000 Prescription:

℞ Oil sassafras.
Oil anise.
Oil murr.
Aquae ammonii, aa ℥i.
Chloroform, ℥vi.
Alcohol (190), ℥xxxii.
M-ft. liniment.

This is the finest ever made and all that use it will say so.

DR. LEWIS J. WORTHEN,
Hawthorne, Cal.

Liniment; A Favorite:

℞ Tr. aconite.
Tr. belladonna, aa ℥ss.
Tr. opii, ℥ii.
Chloroform, ℥ss.
Oil sassafras, ℥ss (or oil wintergreen).
Aquae ammonii, ℥vi.
Liniment sapo., q. s. ad ℥vi.
M- Sig: Apply locally three to five times daily, rubbing in well.

DR. C. W. TALBOT,
Lake Villa, Ill.

Liniment; A Natural Green:

℞ Two copper pennies.
Nitric acid, C. P. to dissolve.
Then add quart best apple vinegar.
DR. A. J. JEDLICKA,
Francis Creek, Wis.

Liniment; Liquid Electricity:

℞ Powd. mint leaves, lb. i.
Oil peppermint, ℥i.
Mix well and wrap in tinfoil to prevent evaporation.
Take one ounce of this and add half pint soft warm water and small quantity ground cloves.
For external use, first rub parts well to increase circulation, then apply the liquid.
For internal use, a teaspoonful in half glass hot water. Used satisfactorily for twenty-five years.

M. D., Wash.

Liniment; Red Hot:

℞ Oil mustard ethereal.
Tr. capsicum, aa ℥ii.
Alcohol, q. s. ad ℥xvi.
M- Sig: For external use only. Apply with finger to only a small spot at a time.
M. D., Wyo.

Liniment; Excellent and Cheap:

℞ Tr. iodine, ℥iv.

Gum camphor, ℥i.

Gasoline, q. s. ad ℥xvi.

M- Sig: Apply locally after rubbing well.
M. D., Ark.

Lubricant and Lotion:

℞ Gum arabic, ℥i.

Hot water, ℥xvi.

Glycerine.

Alcohol, aa ℥i.

Mix, let stand a day. In case can not get alcohol use boric acid to prevent fermenting.

M. D., Okla.

Mosquitoes:

℞ Oil spearmint.

Oil wormwood.

Oil olive, aa.

M- Sig: Sprayed about room will clear it of mosquitoes, fleas and other insects.

Applied to hands and face it keeps them away.

M. D., Mich.

Mucilage; Powder Form:

R Powd. gum tragacanth, lb. 3.

Powd. borax, lb. 1.

M- Run through a sieve. Dissolve half ounce in pint cold water and let set over night.

M. D., Wash.

Mucilage:

Sodium silicate solution used for preserving eggs, costing about 85¢ per gallon, makes an excellent, quick drying mucilage; if too thick add just a little water. This is sold as a mucilage by some firms at 25¢ the ounce.

M. D., Tenn.

Needles; To Keep Bright:

Keep them in a saturated solution of washing soda.

M. D., Iowa.

Needles; To Keep Bright:

Keep them in a bottle with some prepared chalk and they will keep nicely.

M. D., Tenn. (Deceased).

Needles; Hypodermic, To Keep from Blocking:

Wash with alcohol and insert wire that has been dipped in mineral oil. One physician recommends placing needle in spoon and drying well over flame before replacing in case.

M. D., Tenn.

New York Ten Thousand Dollar Disinfectant:

℞ Permanganate potash, ℥ii.
Water, 1 gallon.
Mix.

M. D., N. Y. C.

OINTMENTS

Ointment; For "What Nots" (Anything)

℞ Calomel.
Boric acid pwd.
Resorcin.
Blue oint.
Quin. sulph.
Beta naphthol, aa.
Zinc oint. base, q. s.

M. D., Ill.

Ointment; For Old Sores, Skin Diseases, etc.:

Here is the idea: carbolic acid in ointments in sufficient strength causes too much softening, soggy conditions of tissues. Sulphur is very drying but invaluable. Therefore combine the two, say 3 per cent carbolized vaseline, add sulphur to make a stiff ointment. Have had patients tell me this was better than ointments costing me \$5 per pound. Add a little menthol dissolved in oil eucalyptus for a nicer salve and you can't improve on it. Add, say, 20 drops turpentine to each ounce, for piles, and you have an ointment that will satisfy.

M. D., Ill.

Ointment:

℞ Resorcinol powd., gr. xx.
Ichthyol, ℥iv.
Lanolin, ℥i.
Petrolatum, q. s. ℥iv.
M- Sig: A Good Ointment.

M. D., Tenn.

Radio:

Country doctors, get you a radio outfit and enjoy yourself. S. R. & Co. units are good. Can add to as you see fit. I have one that is giving service.

M. D., Ill.

TOBACCO CURE

- ℞ Powd. gentian.
Sod. chloride.
Wild cherry bark powd.
Licorice, aa ℥ii.
Sod. bicarb., ℥viii.
Gold oxide, gr. xx.
Powd. nux vomica.
Powd. aloes, aa ℥ss.
M- Sig: Use a piece about the size of a pea
when tobacco is desired.

M. D., Iowa.

Tobacco Cure:

- ℞ Silver nitrate, ℥ss.
Hydrogen peroxide, ℥iii.
Aquae dest., q. s. ad ℥viii.
Col. rub, q. s.
M- Let stand twelve hours in dark bottle,
filter.
Sig: Rinse mouth before using tobacco.

M. D., Mont.

TONICS

Tonic; "Without An Equal":

- ℞ Tr. iron chloride, ℥i.
Clear sat. sol. sod. bicarb., ℥vi.
Aquae, q. s. ad ℥viii.

Mix as follows: Into the bottle put the chloride of iron and add 4 ounces water, shake thoroughly, then add slowly the soda solution, shaken gently, until no agitation, then add water to fill the bottle. If the iron is up to standard, seven or eight drams of soda solution may be used to an advantage.

Sig: Teaspoonful in water after meals.

M. D., Ark.

Tonic; For the Blood:

℞ Fl. ext. echinacea, ℥iss.

Fl. ext. cimicifuga, ℥i.

Fl. ext. mandrake, ℥i.

Pot. iod. sat. sol., ℥iv.

Sucus alterans, q. s. ad ℥xvi.

M- Sig: Two teaspoonfuls in water after each meal.

M. D., N. M.

Tonic; For Children:

℞ Syr. ferrous iodide, ℥i.

Syr. ferri phos. comp., ℥iv.

Ext. ol. morrhuae, ad ℥viii.

M- Sig: Two teaspoonfuls t. i. d. for a child 8 to 12 years old.

DR. JAMES W. CAIRNS,
Pipestone, Man., Canada.

Tonic; Female:

R Aletris cordial.

Sig: Teaspoonful four times daily.

Or the following combination:

R Aletris cordial, ℥viii.

Fl. ext. cimicifuga, ℥i.

Fl. ext. podophyllum, ℥i.

Spec. med. echinacea, ℥iv.

Urotropin, ℥iv.

Elix. saw palmetto comp., q. s. ad ℥xvi.

M- Sig: One or two teaspoonfuls in glass water at 9 a. m., 3 p. m. and at bedtime.

M. D., Ark.

Tonic; General Endocrine Exhaustion:

Tabloid thyroid gland.

Tabloid suprarenal gland, aa ℥ss.

Tabloid pituitary body, gr. iss.

Ferri reducti, gr. i.

Quinin sulph., gr. ii.

Ext. nux vomica, gr. 1/6.

M-ft. caps. d. t. d. No. C.

Sig: One capsule t. i. d. a. c.

M. D., N. Y. C.

Tonic; Alterative:

℞ Kali iodidi, ℥iv.
 Corrosive sublimate, gr. iv.
 Syr. sarsap. comp., q. s. ad ℥iv.
 M- Sig: Teaspoonful t. i. d.

DR. J. N. DUNN,
 1102½ Gar. Ave.,
 Fort Smith, Ark.

Tonic; Alterative:

℞ Fl. ext. cascara sag.
 Fl. ext. sarsaparilla.
 Fl. ext. stillingia.
 Pot. iodidi, aa ℥iv.
 Simple syrup, q. s. ad ℥viii.
 M- Sig: Teaspoonful t. i. d.

M. D., Tex.

Tonic; A Good One:

℞ Strychnin sulph., gr. i.
 Phosphoric acid dil.
 Elix. calisya, aa ℥iss.
 Ess. pepsin (Fairchild's), q. s. ℥vi.
 M- Sig: Teaspoonful in water before meals.

M. D., Tenn.

To Make Iodized Mineral Oil:

To make iodized mineral oil, just simply rub up 1 grain resublimed iodine, in mortar with pestle, to each tablespoonful of oil. A drug salesman selling iodized oil advised me that would not work. His next trip I showed him the same thing he was selling at quite a bit less cost. M. D., Tenn.

To Clean Windshield and Eyeglasses:

To keep windshield and eyeglasses clean, apply soap and wipe dry to polish. (See *Shield, Clear Vision*, First Collection of Notes). M. D., Iowa.

To Make "Eye Murine":

To make "EYE MURINE" simply add sodium borate 6 grains and boric acid 30 grains to the ounce of sterile water. M. D., Iowa.

To Boil Urine:

A Urotropin 5 grain tablet lighted will burn and give off enough heat to boil a spoonful of water for giving a hypodermic injection, or boil urine to test for albumin and avoids the necessity of an alcohol lamp.

Dry mustard rubbed over the hands will remove bad odors. DR. A. A. SOULE,
Klamath Falls, Ore.

To remove loose particles from the eye, take a small bead of ointment, butter or lard on the end of a probe, and touch the object with it and it will pick it up.

DR. H. P. CHESMORE,
Pyrolite, Colo.

To painlessly remove objects from the eye, insert plain probe in nostril on affected side and exert pressure on juncture of cartilage and vomer for three to five minutes. Then remove the object. M. D., Mo.

After removing foreign objects from eye, wash eye with a 10 per cent solution of antipyrine. It acts as an anesthetic and keeps the patient from rubbing the eye.

To keep gum labels from sticking, keep them in a glass fruit jar, rubber not required. DR. W. NELSON GILES,
Wataga, Ill.

To give calomel to patients that can not take without being made sick, combine as follows.

R Hydrargyri c. m., gr. vi.
Salol, gr. xv.
Sodii bicarb.
Lactopeptine, aa gr. xxx.
M-ft. caps. No. vi.

Sig: Begin after noon meal and take one capsule every two hours till bowels move well, or all are taken. Follow with salts or oil next morning. M. D., Tex.

To take Epsom salts (magnesium sulphate) without tasting, place the dose intended to be taken well back on the tongue and drink a full glass of water at once, washing the salts down. You will scarcely taste it. Small doses often repeated give better results than large doses all at one time.

M. D., Okla.

To remove ear cereum, the best solvent is sodium bicarbonate 20 grains to the ounce of warm water gently flowed in.

M. D., Cal.

To make liquor ammonii acetatis it may not be well known (or easily forgotten) that this is produced by adding the ammonium carbonate to pure vinegar. M. D., Iowa.

To make tincture iron chloride simply add 5 ounces and $4\frac{3}{4}$ drams of the solution of iron chloride to the pint of alcohol. Tr. iron chloride should stand at least three months before using to permit the formation of ethyl chlorine and other ethereal compounds.

M. D., Iowa.

To remove bandages that have stuck, simply pour on hydrogen peroxide and it becomes an easy matter. Plaster paris bandage removed by soaking a strip down it with the peroxide, then can easily cut with scissors. Adhesive plaster bandages removed easily by applying gasoline.

M. D., Iowa.

To rid country of patent medicines, learn what Sulphotoxin is and use it where necessary. Equals all patent medicines combined.

DR. ASA G. FLETCHER,
Omaha, Nebr.

To loosen a hypodermic syringe plunger that has stuck, first place on ice for ten or fifteen minutes, then take off and pass through a flame or put in hot water. Do this rapidly and pull on plunger at same time. This will generally loosen.

M. D.

Vehicle for Medicines:

Put 1 or 2 drams chloroform in a gallon bottle, add half gallon water and shake well until all the chloroform is dissolved. Then finish filling the bottle with water. This gives a sweetish tasting menstrum and medi-

cines put up in it will keep for months if kept corked. This is excellent for specific medicines as well as others, and Doctor Bloyer, who first suggested it, should have credit and thanks for this.

DR. W. R. COTHERN,
Mason City, Iowa.

Note: Now add a pint of strawberry, raspberry or orange flavoring and a pint or so of glycerine (to lower the freezing point and help sweeten) and color to suit and you have an excellent simple elixir. This note alone, if used, will pay the cost of this book over and over. THE COMPILER.

WOMEN

Women; To Give Them "Pep" Around Forty:

Tired out mothers and corpulent women.

R Aloes, gr. ii.

Soap, gr. ii.

M-ft. one tab.

Sig: One or two such doses at night.

Woman; Her Sex and Love Life:

See *Books* under *Miscellaneous*.

Woman; Definition:

A Beautiful Constipated Creature With
A Pain In Her Side.

Man; Three Distinct Stages:

If his mind and talk is on sex matters he is a Young Man.

If on a square meal, he is a Middle Aged Man.

If on a through and through bowel action, he is an Old Man.

Warm borax water applied to scalp removes dandruff.

Consumptive night sweats may be arrested by sponging body before retiring with salt and water.

Hot Fomentation: Soak sponge in hot water and apply hot water bottle over it; retains heat longer.

A fever patient can be made cool and comfortable by frequent sponging with water to which a little soda (sodium bicarbonate) has been added.

Blood stains removed by applying tartaric acid.

Iodine stains removed by moistening with ammonia or hyposulphite of soda.

Silver nitrate stains removed with cyanide or a solution of potassium iodide. The yellow stains resulting disappears completely with hyposulphite of soda application.

ADDENDA

THE CRYSTAL THEORY OF DISEASE

The following diseases, lumbago, myositis (muscular rheumatism), non-rheumatic (non-infectious) arthritis, idiopathic neuralgia, angina pectoris, arteriosclerosis, some cases of aneurism, piles, varicose veins, bronchial asthma, probably some forms of constipation, akroparaesthesias, intermittent claudication, Raynaud's disease and some other forms of the so-called vasomotortrophic neurosis are one and the same thing, i. e., different manifestations of one and the same cause, and the cause is the formation of alkaline phosphate crystals in the muscles.

This theory was developed in an article published in the Medical Critic and Guide, New York, May, 1920. The logical remedy was the administration of acids, and I have found the most suitable to be sulphuric acid dilute and of this let the patient take 60 to 200 drops, well diluted three times daily after meals.

In my second article on the same subject, published in the same journal October, 1922, I gave the results I have obtained with the above mentioned treatment during the last three and one-half years. These results deserve to be called excellent.

Then I added some new observations I had made in the meantime; that many cases of chronic bronchitis are curable only by the acid treatment; that the bed wetting of children is often caused by the alkalinity of the urine and consequently curable by the acid treatment; that hysterical convulsions cease after the administration of acid; that all the migraine cases I have seen were cured and that possibly even epilepsy may be amenable to same.

As my enthusiasm over these wonderful results naturally runs high, I urged and continue to urge the medical profession strongly to give this treatment a thorough trial and either to verify my claims or to disprove them, if they can.

DR. H. C. BARKMAN,
Raymond, Wash.

INTRAVENOUS THERAPY

At certain times intravenous injections produce nervous rigors, while at other times they do not. This trouble as a rule is due to the water used. If perfectly distilled water is used while fresh there is no trouble and triple distilled water is safest by far. It should always be used when fresh.

Have found that in cases of migraine, chronic headache, that $\frac{1}{2}$ to 1 gramme sodium iodid in 20 mil. triple distilled water, intravenously every 8 to 12 hours is excellent practice—gratifying. Would also recommend this for all cases of high blood pressure.

Pneumonia is relieved by 2 grammes in 20 mil. triple distilled water every 8 to 12 hours. And in chronic rheumatism, the same dose given in the same way, every three days, until signs of iodism appear. This is especially effective in chronic arthritis, Berger's Disease, indolent ulcer, asthma, chronic headache, etc.

For most types of anemia sod. cacodylate 1 gramme in 10 mil. triple distilled water seems excellent.

Sodium citrate 2 per cent, 8 ounces given intravenously every third or fourth day, is practically a specific for endarteritis obliterans.

DR. PETER HENLEY,
Claremore, Okla.

THE MENACE OF ULTRA-SPECIALIZATION IN MEDICINE

Edward H. Ochsner (The American Medical Press, June, 1922), while admitting that ultra-specialization in the practice of medicine sometimes has its value, draws illustrations from medical history which conclusively show that the men with general information and a broad outlook on life have discovered the most worth-while things and that the ultra-specialists have not made their fair share of contributions along these lines. In addition, the ultra-specialists have been responsible for most of the fads and follies in medicine and have sometimes discredited useful procedures by pushing them to the extreme and making them ridiculous. While the microscope and the test tube have their proper places, let those who overestimate them remember that all test tube conclusions are based on tests of dead material and must be taken with a grain of salt; and too, that all the five well trained, unaided senses are usually indispensable in reaching a correct diagnosis. Only recently Doctor Ochsner had a patient with a large hydronephretic kidney, containing at least a quart of fluid and twenty good-sized kidney stones, who had been examined a short time previously by one of the

most prominent neurologists, who overlooked the mass in the abdomen which was later discovered by a general practitioner and sent by him to an X-ray specialist who failed to find the kidney stones. Later he was referred to Doctor Ochsner who was able by a simple examination with his fingers to outline the tumor and to find the stones, which the roentgenologist had overlooked, after Ochsner had removed the kidney and opened the sac. The writer emphasizes the limitations of the ultra-specialist and his diagnostic measures. The percentage of error, in conclusions based upon a careful examination of a patient by the unaided senses, is much smaller than the percentage of error in conclusions based upon almost any one of the more modern ultra-scientific diagnostic methods, and the best results can only be obtained if the ultra-scientific methods are only employed as aids to the simpler methods. Therefore, the ultra-specialist and the laboratory worker should always be subservient to the clinician with wide clinical experience.

We are now almost in a frenzy of ultra-specialization. The medical colleges have all but ceased to train general practitioners and are practically training only specialists and research workers with the result that a number of evils are rapidly developing. The public are in real danger of soon not getting the kind of medical service they ought to have because the colleges are not turning out a suffi-

cient number of general practitioners. Especially in cities, the public are being over-specialized upon and are sometimes treated for conditions that exist only in the fertile brains of specialists. Furthermore, the specialists are being so overcrowded that many of the younger men will find it impossible to make a decent living in their specialty and usually find themselves poorly prepared for the general practice of medicine.

For remedying this deplorable state of affairs, the writer suggests a fundamental change in medical education which would consist in a deliberate attempt to educate medical students to become proficient as general practitioners. The course in the college should be made intensely practical. The teachers must be men who have had extensive practical experience in the practice of medicine. May we soon see the day when every medical student will receive the necessary practical training which will put him in position to become a properly trained general practitioner.—Critic and Guide, November, 1922.

AILING HUMANITY

Will Payne, writing for the Saturday Evening Post, declares that many people, whether they are conscious of it or not, derive satisfaction from being ill.

We are inclined to amend his statement by saying that most persons derive not only satisfaction, but genuine pleasure from their ailments, some of which are real, but most of which are imaginary.

The suggestion made by Mr. Payne revives the memory of the things that formerly constituted a normal diet as compared with the attention that persons nowadays give to the subject. When one goes into a restaurant and examines the bill of fare, unless it includes a schedule of calories, it is well-nigh useless to the average person.

We have developed peculiarities with respect to food. Almost any person will explain that a given fruit or vegetable is injurious to his peculiarly constituted digestion. In the old days there were not so many complaints, and the champion plain and fancy eater was usually the healthiest individual in the community.

The doctors have had a lot to do with exciting the imagination of people respecting foods that are injurious, foods that are good for them, the

balanced ration and other things that are uppermost in the public mind.

One may admire his candor, but certainly will not patronize the doctor who tells you that the trouble is under your hat and not under your belt. People want to be sympathized with. They go to the doctor protesting illness and they do not want to be insulted by being told that there is nothing the matter with them. They want to be flattered by being told that they are really considerably worse off than they even suspected.

The doctor being a sensible person, and as a rule knowing his patient, is not averse to prescribing any ailment that best fits the imagination of his customer.

It is the doctor who is candid, and who, when he can find nothing worse than an aggravated case of laziness, so informs his patient, that usually has a practice limited exclusively to those who are really ill, which makes it exceedingly small.

It seems to be natural for people to patronize one class of doctors when they want sympathy and another when they need medical attention. The person who claims to be sound is a most uninteresting member of any group. Some who can conjure up no other ailment will dilate at length upon a troublesome tooth, not infrequently endeavoring to exhibit a cavity that requires attention or a shining piece of work recently erected.

The disposition among people generally is to impress their neighbors with the thought that they are chronically and organically unsound. Occasionally it is gathered that it is the mind and not the body that is unsound, the chief trouble being the lack of something worth while to think about.—The News Scimitar, Memphis, Tenn.

TOILET PREPARATIONS

Bath Powder:

- ℞ Wheat or cornstarch, 25 lbs.
Powd. borax, 75 lbs.
Bath powder oil No. 5, 8 oz.
M- Rub the oil in the starch, then mix the borax; perfume to suit.

Bay Rum (Green or Yellow):

- ℞ Alcohol (tax free), 1 pt.
Oil of Bay soluable, 4 dr.
Water, 7 gals.
Colors, q. s. evergreen Y or R and F yellow.

Brilliantines:

- ℞ Refined petrolatum oil yellow, 1 oz.
Perfume extract, 1 oz.
- ℞ Glycerine, $1\frac{1}{2}$ oz.
Perfume ext., $\frac{1}{2}$ oz.
- ℞ Honey strained, 1 oz.
Glycerine, 4 oz.
Perfume ext., 1 oz.

Why pay exorbitant prices when you can make the above?

Cold Cream:

R Mineral oil, 1 gal.

Paraffin, 1 lb.

White wax, 3 lbs.

Borax powdered, 3 oz.

Water, lukewarm, 1 gal.

M- Melt the wax and paraffin in mineral oil, dissolve the borax in the water, then pour both together, stir briskly less than a minute, then perfume with Rose oil E 7 oz.

Cold Cream; Witch Hazel:

Same as above, using witch hazel instead of the water and leave out the perfume.

Nail Enamel:

R Oxide of tin, 100 oz.

P. P. chalk, 40 oz.

Fine powd. orris root, 10 oz.

M-et perfume to suit.

PERFUMES (Without Cologne Spirits)

Parma Violet:

R Violet washing 5 pts.

Rose washing, 1 pt.

Cassie washing, 3 $\frac{1}{4}$ oz.

Mix.

White Rose:

R	Rose washing,	1 pt.
	Jasmin washing	$\frac{1}{2}$ pt.
	Violet washing,	1 pt.
	Benzyl alcohol,	$1\frac{1}{4}$ pts.
	Synthetic otto rose,	3 dr.
	Oil patchouli,	30 drops.
	Mix:	A strong perfume.

Orange Blossom:

R	Orange flower washing,	4 pts.
	Rose washing	1 pt.
	Tincture civet,	5 oz.
	Mix.	

Carnation Pink:

R	Cassie washing,	$1\frac{1}{4}$ pts.
	Orange flower washing,	$1\frac{1}{4}$ pts.
	Rose washing,	$2\frac{1}{2}$ pts.
	Benzyl alcohol,	10 oz.
	Vanillin	40 gr.
	Oil cloves,	37 drops
	(More or less as desired.)	
	Mix.	

Yellow Jasmin:

R	Jasmin washing,	4 pts.
	Rose washing,	1 pt.
	Tr. civet,	5 oz.
	Mix.	

Lilac de France:

R	Benzaldehyde,	8 drops
	Orange flower washing,	2 pts.
	Tuberose washing,	3 pts.
	Tr. civet,	2 oz.
	Mix.	

Imperial Bouquet:

R	Cassie washing.
	Jasmin washing.
	Rose washing.
	Violet washing.
	Tr. civet, aa (equal parts).
	Mix.

Note: The above make finished perfumes at cost of about \$3.00 per pint, which retail at \$1.00 to \$2.00 the ounce bottle.

All perfumes improve with age and should stand at least one month.

Benzol Alcohol is a synthetic chemical and must not be confused with grain alcohol.

Materials can be had from J. Manheimer, N. Y. C., or W. J. Bush & Co., N. Y. C.

Special oils and colors mentioned in these toilet preparations can be obtained from Evergreen Chemical Co., N. Y. C.

Eyebrow Pencils:

R Mutton suet, 4 oz.

Curd soap, 4 oz.

Ivory black, $\frac{1}{4}$ oz.

M- Melt suet and soap and stir in the ivory black. Allow to set firm and roll into pencils and wrap. The Best Made.

M. D., N. Y. C.

Face Bleach:

R Mercury bichloride, 10 gr.

Glycerine, $\frac{1}{2}$ oz.

Distilled water, 1 pt.

M- Sig: Apply occasionally with small sponge. If has a tendency to blister or irritate, dilute.

Mark—Poisonous If Taken Internally.

M. D., Iowa.

Face Cream; Greaseless, Vanishing:

Fill wooden bucket of an ice cream freezer with scalding water; in the tin bucket place 4 ounces stearic acid, $\frac{1}{2}$ ounce paraffin and 12 ounces glycerine; melt all together by placing the tin bucket in the hot water. When dissolved add $\frac{1}{2}$ ounce strong ammonia (26 deg.) and turn the crank for about 10 minutes or until you have perfect saponification, then 15 grains powdered borax dissolved in pint warm distilled water,

add this to the mixture in the freezer and mix all together well. Allow to stand about 24 hours so it will drop, then add about 100 drops Lilac Oil No. 100 and mix again. It is now ready to box and can be guaranteed not to dry out. In hot weather may need to increase the paraffin to make it stiffer. An excellent article.

Mud Pack Complexion Beautifier:

Take a quantity of Dark Fuller's Earth, rub with a little water and glycerine to a paste, then mix with equal parts (more or less) of the Greaseless Cream made according to the above formula, until you have the desired consistency. Perfume with Locust Buds Oil.

Face Cream the Ladies Like:

No. 1:

R Alcohol,	6 oz.
Bay rum,	2 oz.
Glycerine,	2 oz.
Oil sweet almond,	2 oz.
Oil cocoanut,	2 oz.
Oil bergamont,	2 oz.
Mix.	

No. 2:

R Bay rum, 5 oz.
Glycerine, 5 oz.
Mix.

Now take No. 1 and mix with it 41 ounces of true prepared chalk (English); no other will do.

To this add enough of No. 2 to make a stiff dough, then add juice of two lemons and when it quits foaming put into glass jars.

Sig: Apply to face lightly with sponge and rub down well. It will not rub off on clothing. Do not use anything except glass or wooden dishes or tools in making.

M. D., Iowa.

Massage Cream:

Stearine or stearic acid, 1 oz.; glycerine, 1 oz.; carbonate potash, 45 grains; boric acid, 5 grains; water, 5 ounces; bulk perfume, preferably violet, from $\frac{1}{4}$ to $\frac{1}{2}$ oz.

Dissolve the boric acid and carbonate potash in the water and add the glycerine and place in an enameled basin over a fire and add the stearine broken into small pieces and cook thoroughly (but not too much. Experience will soon show). Pour into a

bowl and with a fork or egg beater beat to a nice cream. Makes up white—can be tinted.

Directions: Apply freely and rub in gently with the tips of the fingers until dry, occasionally pressing the skin gently between fingers wherever wrinkles or eruptions appear. Always bathe and dry the skin before applying.

Face Lotion; Non-alcoholic:

R Toilet water any odor, 3 pints.

Glycerine, 1 quart.

Boric acid, $\frac{1}{2}$ oz.

Plain tr. benzoin, 2 oz.

M- Dissolve the boric acid in the glycerine, add the toilet water and mix well, then add the tr. benzoin very slowly. This gives it a milky appearance. Color with Cousine Rose to a beautiful, creamy pink. If desired clear and transparent leave out the benzoin.

Non-alcoholic toilet water to be used in the above can be made for about 40¢ per gallon.

Proceed as follows: Rub up $\frac{1}{2}$ ounce Evergreen water soluble oil of desired odor (violet, rose, lilac, lily or bouquet) in a little

precipitated chalk, mix with 1 gallon warm distilled water, let stand a short time, then filter out the chalk. If distilled water not at hand, use soft water that has been boiled and filtered.

The regular imported floral waters can be used but increases the cost considerably.

Face Powder:

R	Kaolin,	8½ lbs.
	Talcum powder (finest),	8½ lbs.
	Carbonate magnesia,	1½ lbs.
	Oxide zinc,	1½ lbs.
	Perfume to suit.	

For pink, color with Pink E; Brunette with Brunette Red. If a lighter, fluffy powder is desired, use rice starch instead of kaolin.

Hair Dye; Harmless:

R	Ground black walnut hulls,	4 oz.
	Claret,	8 oz.

M- Pound hulls in mortar and express juice in fruit press, then mix with the wine or rectified spirits to the desired shade, let stand a week, shaking frequently. It stains the scalp also.

Hand Cleaner; Oxygenated:

- ℞ Powd. castile soap, 10 oz.
Powd. kaolin, 8 oz.
Powd. borax, 2 oz.
Finest pumice stone, 1 oz.
Sodium perborate, 1 oz.
Mix well. Thousands of this has been sold.

Hand Lotion:

- ℞ Mercury bichloride, 3 gr.
Spts. lavender comp., 2 dr.
Glycerine, 2 oz.
Aquae rose, 6 oz.
M- Sig: Pour on and rub in well at bed-time. Makes the hands smooth and soft, yet not tender.

M. D., Pa.

Quinin Hair Tonic (Like the Imported):

- ℞ Quinin sulphate, 1 dr.
Tr. cantharides, 2 oz.
Glycerine, 1 oz.
Quin. F. oil, $\frac{3}{4}$ oz.
Alcohol (tax free No. 39 or 39A), 4 pints.
Water, 4 pints.
Eau de Quinin Red Color, 80 drops or q. s.
M- Dissolve quinin and oil in the alcohol and the borax in the water, mix these together

and add other ingredients. Shake and allow to stand three or four days, then filter through double paper (no magnesia).

Note: Tax free alcohol cost about \$1.00 per gallon, approved by the Prohibition Commissioner for use in making toilet articles. Particulars from any alcohol dealer. Oils, colors, etc., from Evergreen Chem. Co., N. Y. C.

Skin Food and Bust Developer:

℞ Lanolin, 2 oz.
Cold cream, 14 oz.
Mix and perfume to suit.

Tooth Powder; Bleaching; Cleansing:

An English preparation for removing discolorations and restoring the natural, pearly white color of teeth.

℞ Calcium carbonate, 90 per cent, or parts.
Powd. soap. 3 per cent, or parts.
Calcium peroxide, 7 per cent, or parts.
Flavor with oil cloves, peppermint and star anise in about equal proportions.

(Analysis by Chemist, Chicago.)

Note: An American firm with plenty of money has contracted with the English to push this in America, hence should soon be highly advertised.

Rouge; Liquid:

No. 1, Blonde:

R No. 93 F. I. D. Red Color, 3 oz.

Glycerine, 4 oz.

Boracic acid, 1 oz.

Distilled water, q. s. ad 1 gallon.

Perfume to suit.

No. 2, Brunette:

Same formula except use No. 05 Red Raspberry color.

Rouge; Regular:

Mix vermilion with powdered gum tragacanth in a little water to make a thin paste; add few drops almond oil.

Place in rouge pots and dry by very gentle heat.

Witch Hazel, Violet Toilet Water; Cost About 50c a Gallon:

R Glycerine, violet water and alcohol (tax free), aa 8 oz.

Boric acid, $\frac{1}{2}$ oz.

Distilled extract witch hazel, 1 oz.

Water, q. s. to make 1 gallon.

Color with Evergreen Y.

Tooth Cream:

R Prec. chalk No. 1, 40 oz.

Powd. castile soap, 20 oz.

Powd. flor. orris root, 10 oz.

Mix the above thoroughly and add tooth powder oil, 4 dr.

Add glycerine, q. s. to make a cream consistency.

Color with Cousine Rose to suit.

AN OBLIGATION

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they are strong,
Wise, foolish—so am I.
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Or hurl the cynic's ban?
Let me live in my house by the side of the road,
And be a friend to man.

—*Foss.*

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